As part of the selection process, the Upward Bound Program at Portland State University asks each student to tell us in writing about yourself and your interests, what you know about the Upward Bound Program, why you want to participate in it, and what reasons you have for attending college or another post-secondary training program after high school. Be specific and tell us as much about yourself as possible. Not only will this writing sample be used for selection, it will also be used to determine how we can help you develop your writing skills. (Please continue on back.)