

## Articulation/Transfer Agreement

PSU Contract # 369705

THIS ARTICULATION AGREEMENT ("Agreement") is entered into and by and between Portland State University ("PSU") and Portland Community College ("PCC").

### Background

Whereas, PSU is a comprehensive research university that serves its students and the people of Oregon, the nation, and the world through the creation and transfer of knowledge in the liberal arts, the natural and social sciences, and the professions; and

Portland Community College (PCC).

Whereas, PCC and PSU are accredited by the Northwest Commission on Colleges and Universities (NWCCU) an institutional accrediting body recognized by US Department of Education.

It is in the interest of both PCC and PSU to facilitate the transfer of qualified students from PCC to PSU.

NOW THEREFORE, the Parties, for good and sufficient consideration, agree as follows:

PSU agrees to accept credits for students transferring from PCC to PSU, as outlined in Exhibit A, Articulation and Transfer Criteria, and Table A, Credit Transfer guide, which are hereby incorporated and made a part of this Agreement. In the event of a discrepancy between Exhibit A and this Agreement, the language of the Agreement shall take precedence.

### Terms and Conditions

- A. Term; Termination. This Agreement shall commence on Fall 2015 or on the date of the last signature below, whichever is later, and shall terminate on Summer Term 2022 unless terminated earlier as provided herein. This Agreement shall be effective for students who apply to transfer from PCC to PSU beginning with PSU's Fall, 2015 term. This Agreement may be renewed for additional terms of any length by the mutual written agreement of the parties. Either party may terminate or suspend this Agreement for convenience upon sixty (60) days written notice; provided, however, that the parties shall discuss and reasonably attempt to resolve the issues that led to the notice of termination or suspension during the sixty (60) day period. Notwithstanding the termination of this Agreement, any students who have applied for transfer from PCC to PSU prior to or during the sixty (60) day period shall be treated as if this Agreement continues to be in effect. This Agreement may also be terminated as provided elsewhere in this Agreement.
- B. Admission to PSU Is Not Guaranteed. Students shall apply for admission to PSU in accordance with the then-existing rules, policies, and procedures of PSU. This Agreement

does not guarantee admission to PSU. Admission to PSU does not guarantee admission into any specific program or major at PSU. Admission to PSU under this Agreement and to any specific program or major is at the sole discretion of PSU.

C. Oregon Residency Status. Students must meet the requirements of the residency rules of the Oregon State Board of Higher Education in order to be classified as Oregon residents for purposes of tuition and fees.

D. General Provisions.

1. Contract Administration. The representatives for purposes of administering this Agreement are:

**For Portland State University:**

Carlos Crespo  
Director, School of Community Health  
School of Community Health  
Portland State University  
506 SW Mill St.  
Portland, OR 97201

Phone: 503-725-4401

E-mail: [ccrespo@pdx.edu](mailto:ccrespo@pdx.edu)

**For Portland Community College:**

Tanya Littrell  
Faculty Chair of Fitness Technology  
12000 SW 49th Ave.  
Portland Community College  
Portland, OR 97219  
Physical Education SY HT 215

Phone: 971-722-4043

E-mail: [tanya.littrell@pcc.edu](mailto:tanya.littrell@pcc.edu)

2. No Agency Relationship. In carrying out the responsibilities and obligations of this Agreement, neither party shall be acting as the agent or principal of the other with regard to dealings with third parties, including students. Neither party shall have the authority to make any statements, representations, or commitments of any kind or to take any action binding on the other except as provided for herein or authorized in writing by the party to be bound.

3. Termination Due to Non-Appropriation of Funds. If sufficient funds are not provided in future state legislature approved budgets for Portland State University (PSU), and these funds are not available from any applicable Federal, State of Oregon, or private sources to permit PSU, in the exercise of its reasonable administrative discretion, to continue this Agreement, and/or if any program for which this Agreement was established is abolished, cancelled, or otherwise terminated, this Agreement may be terminated without further liability to PSU by providing not less than thirty (30) days' of written notice to PSU Contract Officer, [contract@pdx.edu](mailto:contract@pdx.edu). At a minimum, PSU agrees to provide compensation for materials and services up to the date of the written notice effectivity.

4. No Third Party Beneficiaries. PSU and PCC are the only parties to this Agreement and are the only parties entitled to enforce its terms. Nothing in this Agreement gives, is intended to give, or shall be construed to give or provide, any benefit or right, whether directly, indirectly, or otherwise, to third persons unless such third persons are individually identified

by name herein and expressly described as intended beneficiaries of the terms of this Agreement.

5. Force Majeure. Any prevention, delay or stoppage due to strikes, lockouts, labor disputes, acts of God, inability to obtain labor or materials or reasonable substitutes therefore, governmental restrictions, governmental regulations, governmental controls, enemy or hostile governmental action, terrorism, civil commotion, fire or other casualty, and other causes beyond the reasonable control of the party obligated to perform, shall excuse the performance by such party for a period equal to any such prevention, delay or stoppage.

6. Execution and Counterparts. This Agreement may be executed in several counterparts, each of which shall be an original, all of which shall constitute but one and the same instrument.

7. MERGER. THIS AGREEMENT CONSTITUTES THE ENTIRE AGREEMENT BETWEEN THE PARTIES. NO WAIVER, CONSENT, MODIFICATION, OR CHANGE OF TERMS OF THIS AGREEMENT SHALL BIND EITHER PARTY UNLESS IN WRITING AND SIGNED BY BOTH PARTIES. SUCH WAIVER, CONSENT, MODIFICATION, OR CHANGE, IF MADE, SHALL BE EFFECTIVE ONLY IN THE SPECIFIC INSTANCE AND FOR THE SPECIFIC PURPOSE GIVEN. THERE ARE NO UNDERSTANDINGS, AGREEMENTS, OR REPRESENTATIONS, ORAL OR WRITTEN, NOT SPECIFIED HEREIN REGARDING THIS AGREEMENT.

IN WITNESS WHEREOF, the parties hereto have executed this Agreement on the day and year of the last date accompanying the signatures.

(Signatures Appear on Next Page)

**Portland State University:**

By: Sona Andrews  
Sona Andrews  
Provost and Vice President for Academic  
Affairs

Date: 7/15/16

**Portland State University:**

By: Ahrea Summers  
Ahrea Summers  
Contract Officer

Date: 06/01/2016

**Portland Community College:**

By: Christine Chairsell  
Christine Chairsell  
Vice President of Academic Affairs &  
Student Development

Date: 6/21/16

**Portland Community College:**

By: Kendra Cawley  
Kendra Cawley  
Dean of Academic Affairs

Date: 6/20/16

**Portland Community College:**

By: Tanya Littrell  
Tanya Littrell  
Faculty Chair of Fitness Technology

Date: 6-16-16

## Exhibit A

### AAS Program-to-Program Articulation and Transfer Criteria

Portland State University

and

Portland Community College

Associate of Applied Science in Fitness Technology


Portland State University (PSU) and Portland Community College (PCC) agree that students earning an Associate of Applied Science (AAS) degree in Fitness Technology from PCC may transfer to Portland State University with the following understandings:

1. This Agreement applies to students majoring in B.A./B.S. Applied Health and Fitness at PSU. (If the Agreement is program-to-program, and the student chooses a different major the courses from the AAS may or may not transfer to PSU.)
2. The intent of this Agreement is to facilitate baccalaureate attainment for students in the Fitness Technology AAS program at PCC. The combination of courses required in this AAS have been identified as providing the student with sufficient rigor and content to facilitate their success at PSU.
3. All courses numbered 100-level or above used to complete the AAS in Fitness Technology are eligible for transfer to PSU and may be applied as lower division credits toward the minimum 180 credits required to earn a baccalaureate degree. A minimum of 90 eligible credit hours of 100-level or above coursework is required in order to grant the student junior standing at PSU for the purposes of registration only. A grade of C or higher must be earned in courses that would ordinarily transfer as vocational/technical for those courses to be eligible for transfer to PSU. (See Table A Credit Transfer Guide).
4. The courses will transfer as identified in Table A Credit Transfer Guide.
5. As appropriate, courses transferred may fulfill lower division degree, general education, elective, and/or major requirements. See appropriate Advising Guide for requirements that are current as of Fall, 2015. (It is best for the student to work with an academic adviser to determine which catalog rules apply. Students must abide by the PSU seven year catalog eligibility rule, which holds that graduation requirements for a given catalog expire at the end of seven years.)
6. Students may have lower-division requirements to fulfill in addition to the AAS and will be responsible for completing all graduation requirements for PSU in effect at the time of graduation from PSU in order to earn a baccalaureate degree.

7. Students must meet PSU admission requirements in place at the time they apply for admission to PSU.
8. This Agreement will be in effect beginning Fall, 2015 (term/year), or upon date of last signature, whichever is later. Curriculum changes by either PSU or \_\_CC must be communicated in writing no later than June 30<sup>th</sup> of any academic year. This agreement will be reviewed every three (3) years to ensure the continued appropriateness and viability of this Agreement.

For questions, please contact the following:

**Portland State University:**

By:   
Sona Andrews  
Provost and Vice President for Academic  
Affairs


Date: 7/15/16

**Portland State University:**

By:   
Carlos Crespo  
Director, School of Community Health

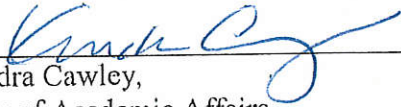
Date: 7-5-16

**Portland Community College:**

By:   
Christine Chairsell,  
Vice President of Academic Affairs & Student  
Development

Date: 6/21/16

**Portland Community College:**

By:   
Kendra Cawley,  
Dean of Academic Affairs

Date: 6/20/16

By:   
Tanya Litrell  
Faculty Chair Fitness Technology

Date: 6-16-16

**Exhibit B**  
**College Preparatory Curriculum**  
**Transfer Articulation Degree Pathway Criteria**

Portland State University  
and  
Portland Community College

Students following the transfer articulation degree map in Applied Science in Fitness Technology from Portland Community College (the “Program”) may transfer to Portland State University in accordance with the following criteria and subject to the terms and conditions of this Agreement:


1. This Agreement applies to students majoring in B.A./B.S. Applied Health and Fitness at PSU. (If the Agreement is program-to-program, and the student chooses a different major the courses may or may not transfer to PSU.)
2. The intent of the Agreement is to facilitate baccalaureate attainment for students at PCC. The combination of courses required in the Program have been identified as providing the student with sufficient rigor and content to facilitate their success at PSU.
3. All courses numbered 100-level or above used to complete the 2-year degree in the Program are eligible for transfer to PSU and may be applied as lower division credits toward the minimum 180 credits required to earn a baccalaureate degree. A minimum of 90 eligible credit hours of 100-level or above coursework is required in order to grant the student junior standing at PSU for the purposes of registration only.
4. The courses will transfer as identified in Table A Credit Transfer Guide.
5. As appropriate, courses transferred may fulfill lower division degree, general education, elective, and/or major requirements. See appropriate Advising Guide for requirements that are current as of Fall 2015. (It is best for the student to work with an academic adviser to determine which catalog rules apply. Students must abide by the PSU seven year catalog eligibility rule, which holds that graduation requirements for a given catalog expire at the end of seven years.)
6. Students may have lower-division requirements to fulfill in addition to the 2-year degree and will be responsible for completing all graduation requirements for PSU in effect at the time of graduation from PSU in order to earn a baccalaureate degree.
7. Students must meet PSU admission requirements in place at the time they apply for

admission to PSU.

8. Curriculum changes by either PSU or PCC must be communicated in writing no later than June 30<sup>th</sup> of any academic year.

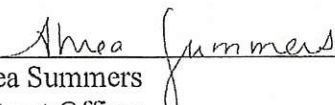
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**Portland State University:**

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Ahrea Summers  
Contract Officer


Date: 06/01/2016

**Portland Community College:**

By:   
Christine Chairsell  
Vice President of Academic Affairs and  
Student Development

Date: 6/21/16

**Portland Community College:**

By:   
Kendra Cawley  
Dean of Academic Affairs

Date: 6/20/16



# Table A

## Transfer Guide

Transfer Guide and Articulation Degree Map template for first two years leading to the Associates degree or 2+2 plan (Part 1 of 2)

Portland State University – *School of Community Health*  
Transfer Guide with *Portland Community College*

Portland Community College Fitness Technology 2015/2016	Transfer Guide for: Portland State University <b>Applied Health and Fitness</b>
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### Major Requirements:

PSU Courses	Quarter Credits	CC NAME Course Equivalent	Quarter Credits
PHE 270 Basic Biomechanics	2	FT 131 Structure Function of Human Body	4
PHE 361 Care and Prevention of Injuries	4	FT 102 Injury Prevention and Management	3
PHE 370 Kinesiology	4	FT 106 Analysis of Movement	3
PHE 474 Exercise Prescription PHE 475 Fitness Testing	4 4	FT 104 Fitness Assessment FT 105 Exercise Prescription FT 201 Advanced Fitness Assessment and Prescription	3, 3, 3
PHE 473 Exercise Physiology	4	FT 107 Exercise Physiology FT 204 Advanced Exercise Physiology	3, 3
PHE 404 Internship	4 – 8	FT 280 Fitness Technology Internship	4 - 8

<p>Additional Requirements for Major at PSU:            Bio 301, 302 if anatomy/physiology is not completed at PCC  <i>PHE 250 Our Community Our Health</i>  <i>Biology 301, 302 Anatomy/Physiology or equivalent (PCC Bio 121/122 or Bio 231/232</i>            PHE 341 Research in Fitness            PHE 325 Nutrition (PCC CH 250 is acceptable)            PHE 363 Communicable and Chronic Disease            Focus Area Requirements:            8 credits of PHE electives and 5 of the following courses:            PHE 421 Health Behavior Change, PHE 456 Health Aspects of Aging, BA elective, PHE 417 Adapted PE, PHE 350 Motor Learning, PHE Activity Classes, PHE 295 Health Promotion, COMM 218 Interpersonal Communication, PHE 466 Mind/Body Health,</p>
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In addition to the departmental requirements listed above, students must also complete coursework for university admission, general education requirements, and BA/BS requirements. Meet with Barbara Griffin (PCC) Academic Advisor to develop an effective transfer plan that will meet your individual needs.

**General Education Requirements at PSU:**

- University Studies- Generally, you will be placed in University Studies based on the number of transferable credits you complete. For more information on University Studies placement and requirements please visit: <http://www.pdx.edu/unst/transfer-students-and-university-studies>
- *Biology 121& 122 or Biology 231 and 232 with lab, math at college level, writing 121 and higher level writing*

**BA/BS Degree Requirements at PSU:**

**Bachelors of Arts**

Required Course	Completed at CC	Completed in PSU Major	Left to Complete*
Writing 121	4 credits		completed
8 credits Arts and Letters	4 credits Arts and Letters		4 credits
4 credits Fine and Performing Arts			4 credits
4 credits Science or Math	4 credits		completed
8 credits Social Science, Math, Science	4 credits		4 credits
Foreign Language at the 203 or higher or show competency at that level**			4 to 24 credits*

**Bachelors of Science**

Required Course	Completed at CC	Completed in PSU Major	Left to Complete*
8 credits Lab Science	(suggested Bio 231, 232)	8 credits Bio 301, 302 (would be fulfilled by Bio 231, 232)	completed
4 credits Lab or Non Lab Science	4 credits science		completed

4 credits Math			4 credits
12 credits Arts and Letter and/or Social Science	WR 121, Arts, Social Science		completed

\*These classes may be completed as part of your general education, prerequisites, or elective requirements for the A.A.S. Speak to an advisor to determine which classes to take to meet requirements.

\*\* Foreign Language Requirement for Bachelors or Arts: Students with no previous knowledge of foreign language will need to complete two full years of a language at the college level for a Bachelors of Arts (BA). Students who already posses competence in a foreign language may meet the BA language requirement by completing any foreign language course numbered 203 or for which 203 is a prerequisite, or otherwise demonstrate proficiency with the World Language and Literature Department at PSU.

NOTE: Students who graduated or would have graduated from High School in Oregon in 1997 or later must have two years of foreign language at the high school level or two terms at the college level to meet admission requirements, eve if they plan to pursue a BS degree. Students transferring to PSU must submit a high school transcript if they completed this requirement at their high school.

<b>Arts and Letters</b>	<b>Sciences</b>	<b>Social Sciences</b>
Applied Linguistics, Architecture*, Art*, Arts & Letters, Black Studies (221, 351, 352; 353, 421, 424-427 only), Communication Studies, Conflict Resolution, Dance, English/Writing, World Languages and Literatures, Humanities, Music*, Philosophy, Speech and hearing Sciences, Theater Arts*, *Denotes Fine and Performing Arts	Biology, Chemistry, Environmental Studies, Geology, Geography (), Physics, Science Education (SCI)	Anthropology, Black Studies (except 221), Chicano/Latino Studies, Child/Family Studies, Criminal Justice (220 and 330 only), Economics, Geography, History, Int'l Studies, Native American Studies, Political Science, Psychology, Social Science, Sociology, Urban Studies & Planning, Women's Studies

Please refer to Applied Health degree map for further information on major and degree requirements at PSU.

*\*Minimum number of credits taken at PSU (excludes credit by examination): 45 of the final 60 or 165 total*

*\*Maximum number of credits transferred from regionally accredited two-year institutions: 124*

Articulation Degree Map – Template (Part 2 of 2)  
 Portland State University – School of Community Health: Applied Health and Fitness  
 Articulation Degree Map with Portland Community College/ AAS In Fitness Technology

**Four-Year Degree Map- BA/BS Applied Health and Fitness**

**BS Requirements**

First Year		Winter		Spring		Notes & Milestones
Fall	PSU Course	Credit	PSU Course	Credit	PSU Course	
	CC Course		CC Course		CC Course	
PHE 295	HE 250/HPE 295 + PE 295	3	GEN LD FT 103	3	BI LD BI 112	5
GEN LD	FT 101	3	PHE 474/475	3	PHE 474/475	3
PHE 361	FT 102	3	PHE 370	3	PHE 473	3
PHE 270	FT 131	4	GEN LD FT 180	1	PHE 404	4
PE LD	PE 181 A, B, or C	1	PE LD PE 281	2		
WR 121	WR 121	4	PE LD PE 283	2		
<b>Total Credits:</b>		18	<b>Total Credits:</b>	14	<b>Total Credits:</b>	15

**Second Year**

Fall		Winter		Spring		Notes & Milestones
PSU Course	CC Course	Credit	PSU Course	Credit	PSU Course	
BI 301	BI 121 or BI 231	4	BI 302	4	Math LD	4/5
GEN LD	FT 203	3	PHE 474/475	3	SSC LD	4
PHE 473	FT 204	3	GEN LD FT 202	3	PHE 404	4
GEN LD	CG 280A	1	GEN LD CG 280A	1	PE LD PE 282B	2
PE LD	PE 282A	4	ARTS LD ARTS	4		
<b>Total Credits:</b>		13	<b>Total Credits:</b>	15	<b>Total Credits:</b>	14/15

**Third Year**

Fall		Winter		Spring		Notes & Milestones
PSU Course	CC Course	Credit	PSU Course	CC Course	Credit	
Cluster		4	Cluster		4	4
PHE 250		4	PHE 314		4	4
PHE elective		4	PHE elective		4	4
UD course		4	UD required writing course		4	4
<b>Total Credits:</b>		16	<b>Total Credits:</b>		16	<b>Total Credits:</b>
						14

UD could be minor Courses or toward another major.  
36 upper division credits earned.

**Fourth Year**

Fall		Winter		Spring		Notes
PSU Course	Credit	PSU Course	Credit	PSU Course	Credit	
PHE 421 or PHE 340	4	PHE 456 or PHE 275	4	BA or PHE 417 or COMM 218	4	46 upper division credits earned.
PHE Fitness course/PHE 466	4	PE Fitness course or elective	2/4	PE Fitness or elective	4	
UD elective	4	Capstone	6	UD elective	4	
UD elective	4	UD elective	4	UD course as needed	4	
<b>Total Credits:</b>		16	<b>Total Credits:</b>		16/18	<b>Total Credits:</b>
						16

**Total Credits for Degree:**  
184

## BA/BS Applied Health and Fitness

### Credit Transfer Guide for Portland Community College AAS in Fitness Technology

PCC Course	Credits	Transfers to PSU as
Writing 121	4*	WR 121
Science, Math, Gen Ed	4	GEN LD Science/Math
Arts and Letters Gen Ed	4	GEN LD
Social Sciences Gen Ed	4	GEN LD Social Science
Gen Ed (any category)	4	Gen LD
CG 280A	1, 1	Gen LD
FT 101	3	VOC TECH/GEN ED
FT 102	3	Waives PHE 361
FT 103	3	GEN LD, Waives PHE 325
FT 104, 105, 201	3, 3, 3	Waives PHE 474 & PHE 475
FT 106	3	Waives PHE 370
FT 107 & 204	3, 3	Waives PHE 473
FT 131	4	Waives PHE 270
FT 202	3	VOC TECH/GEN ED
FT 203	3	VOC TECH/GEN ED
FT 280	8	Waives PHE 404
HPE 295	3	PHE 295
PE 181 A, B, C - pick 1	1	PE 185
PE 281	2	PE LD
PE 282 A, PE 282 B, PE 283, PE 287, PE 288 - pick 3	2, 2, 2	PE LD
Electives	14	GEN LD
<b>Total Major</b>	<b>74</b>	
<b>GEN ED</b>	<b>16</b>	
<b>TOTAL CREDITS</b>	<b>90</b>	

GEN=General Credit and VOC TEC CREDIT = Credits apply to the 180 credits required to graduate but are not assigned to a specific department and do not count as upper division credits. LD=lower division. NOTE: If the AAS in Fitness Technology is not completed, only 12 credits of FT courses will transfer to PSU as general electives.

*\*Students meet the AAS writing competency by taking WR 121 or having an existing degree. WR 121 credits are not included in the Fitness Technology AAS degree total 90 credits.*

## Advising Guide

### Fitness Technology A.A.S. Articulation Agreement

Transferring to Portland State University (PSU) with the A.A.S. in Fitness Technology from Portland Community College (PCC) grants you junior status at PSU for the purposes of registration and for placement in PSU's University Studies General Education curriculum. It is important that you are also aware of other requirements needed in order to graduate from PSU. This is no substitute, however, for meeting with an academic advisor.

All credits used to toward graduation at PSU must be 100-level or above. The minimum number of credits needed to graduate from PSU is 180. Of those 180 credits, a minimum of 72 must be at the upper division (300 and 400) level. Note that PCC does not offer upper division coursework. Unless you are transferring upper division coursework from another 4-year college or university, you will need to complete at least 72 upper division credits at PSU.

To obtain a Bachelor's degree from PSU, there are three sets of requirements you need to complete:

1. Academic Major Requirements
  2. Degree Requirements (BA, BS)
  3. General Education Requirements (see below)
- Total: 180 credits with 72 upper division credits

The combination of credits from these three areas may not equal 180 credits or the 72 upper division credits, so you may have elective credits to take as well. While it is not a requirement to earn a minor, some students choose to use their elective credits toward a minor or even a second major. Talk with an academic adviser to determine your options.

### ACADEMIC MAJOR REQUIREMENTS

This articulation agreement applies only to the concentration in Physical Activity/Exercise within the Health Studies major. Refer to the PSU Bulletin or appropriate website for major requirements. If the AAS in Fitness Technology is completed, a minimum of 90 credits will transfer to PSU.

## DEGREE REQUIREMENTS

Students pursuing a Health Studies: Physical Activity/Exercise degree must also complete the requirements for a B.A. or B.S. Credits from PCC may apply to either Bachelors degree (see transfer guide).

<http://www.pdx.edu/advising/bachelor-arts-bachelor-science-bachelor-music-bachelor-fine-arts>

**Bachelor of Arts (B.A.)-28 total credits (may be more depending on foreign language placement).**

- 12 credits in Arts & Letters (4 of these credits must be in Fine & Performing Arts)
- 4 credits in Sciences/Math (excluding Math 100 or lower)
- 8 credits in Social Sciences/Sciences/Math (excluding Math 100 or lower)
- 4 credits in Foreign Language level 203 or higher (for students with no prior language training, this will require completion of 101-103 and 201-203 in same language.)

<sup>1</sup>Students who are proficient in another language and who are waived the 4 credits of Foreign Language through a non-credit exam or TOEFL score must make up these 4 credits in the Arts & Letters distribution area (i.e., will need 16 credits in Arts & Letters, of which 4 must be in Fine & Performing Arts) in order to earn the 28 total credits required.

More information about the BA Foreign Language requirement can be found on the [World Languages & Literatures](#) website.

**Bachelor of Science (B.S.)-28 total credits**

- 12 credits in Sciences (not including Math/Statistics; 8 of the 12 credits must be coursework with a lab or fieldwork)
- 12 credits in Arts & Letters/Social Sciences
- 4 credits in college-level Math/Statistics (excluding Math 100 or lower)

## GENERAL EDUCATION REQUIREMENTS

All colleges and universities have general education requirements designed to provide the breadth of knowledge and skills expected from college graduates. At Portland State University, you will be required to follow the University Studies program for general education. This program emphasizes an understanding of communication, critical thinking, social and ethical responsibility, and the diversity of human experience.



Generally, the University Studies program consists of four components: Freshman Inquiry, Sophomore Inquiry, Upper Division Cluster, and Senior Capstone. Because you will be transferring with the A.A.S. in Fitness Technology at PCC, you will enter PSU with junior status. That means you will only need to complete the Upper Division Cluster (3 classes = 12 credits) and Senior Capstone (1 six credit course) portions of the University Studies.

Descriptions of the Cluster topics and Capstone courses are available at the University Studies webpage: <http://www.pdx.edu/unst/>

### WHAT IF YOU DON'T COMPLETE THE A.A.S.?

If you do not complete the A.A.S. in Fitness Technology at PCC or complete the Health Studies: Physical Activity/Exercise major at PSU, you will be placed in University Studies based on the number of transferable credits you complete. **(Please note that if you do not complete the A.A.S., you may only transfer 12 credits of classes taken at the community level that transfer to PSU in the category of vocational/technical credits).** Students begin with the course indicated below and complete the remainder of the UNST program. Once a student has registered for courses at Portland State University as a formally admitted student, additional credits completed at another institution will not change this placement. The exception to this policy is for students participation in co-admission.

Credits Transferred	University Studies Placement
0-29 credits	Freshman Inquiry
30 - 59 credits	3 Sophomore Inquiries
60 - 74 credits	2 Sophomore Inquiries
75 - 89 credits	1 Sophomore Inquiry
90 or more credits	Upper Division Cluster + Senior Capstone

## **ACADEMIC ADVISING**

Both PSU and PCC believe that academic advising should be part of your entire academic career. Because you will be transferring through a specialized articulation agreement, academic advising becomes even more important in order to help you choose appropriate courses and complete your Associate's and Bachelor's degree in an efficient manner. In addition to working with an advisor, you should plan to attend New Student Orientation at PSU. When you apply for admission, you will receive information about Orientation dates and times.

Advising Locations:

### **Portland Community College-Sylvania Campus**

Fitness Technology Program  
Health Technology Building, (HT) Room 215  
503-977-4210

[www.pcc.deu/programs/fittech](http://www.pcc.deu/programs/fittech)

### **Portland State University**

School of Community Health  
Urban Center  
503-7254401

<http://www.pdx.edu/sch/>

### **Advising and Career Center/Portland State University**

Advising & Career Services  
402 University Services Building  
617 SW Montgomery St.

**For general questions, please email:** [askACS@pdx.edu](mailto:askACS@pdx.edu)

**Phone:** (503) 725-4005

<http://www.pdx.edu/advising-career-services/>