Statewide Behavioral Health Promotion and Prevention

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Strengthening advisory capacity

Addictions and Mental Health Planning and Advisory Council (AMHPAC) formed in January 2013, with four subcommittees:

• Behavioral Health Promotion and Prevention (BHPP)
• Treatment
• Recovery Support Services
• Olmstead and Housing

BHPP is advisory to Addictions and Mental Health (AMH) in all matters related to the promotion of mental health and the prevention of substance use disorders and mental health disorders.
Strengthening community services

Mental health promotion and prevention – $3 million
Folds mental health promotion and prevention into the existing prevention system so communities can identify early indications of problems and foster mental health

Strategy – request for grant proposal
• Existing partners
  – Community mental health programs
  – Coordinated care organizations
Summary of BHPP Investments

• 18 Total Awards

• 6 projects address training in Mental Health First Aid

• 5 projects incorporate Parenting Classes for school children

• 4 projects are culturally specific for mixed refugee, Asian, and Latino population groups: provide assistance with enculturation, navigation of mental health system and obtaining social services, ESL

• 3 projects focus on mental health stigma reduction
Summary of BHPP Investments

• 3 projects address reducing the impact of Adverse Childhood Events (ACEs) and/or strengthening trauma-informed services

• 3 projects are specific to improving/increasing efforts at Suicide Prevention/Intervention

• 2 projects address Bullying Prevention

• 2 projects incorporate training in Collaborative Problem Solving, an evidence-based practice (EBP) for children’s mental health
Summary of BHPP investments

The remaining focal areas include:

• expansion of community outreach
• building community infrastructure,
• addressing early childhood through EBPs,
• worksite behavioral health promotion and prevention,
• school based counseling services in a rural county,
• a summer program for school aged children, and
• sponsorship of a statewide conference on BHPP