Cluster: Women's Studies
Title of course: Women, Creativity and healing
Course Number: WS 410
Proposing Faculty: Linda Hummer
Cluster Coordinator: 

Cluster Course to New Cluster
Other clusters this course is assigned to:

Non 'U' course proposed to Cluster Removal

UNST Committee-- PASS: Yes ☐ No ☐
If no, reason:

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UCC Committee-- PASS: Yes ☐ No ☐
If no, reason:

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PROPOSING FACULTY: ____________________________ Linda C. Hummer

COURSE TITLE AND NUMBER: ____________________________ WS 410 Women, Creativity and Healing

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OBTAIN CHAIR AND CLUSTER COORDINATOR SIGNATURES BEFORE SUBMITTING TO UNIVERSITY STUDIES OFFICE

DEPARTMENT CHAIR(S): ____________________________ DATE: 10/30/03

__________________________________________ DATE: ____________

CLUSTER COORDINATOR: ____________________________ DATE: 10/30/03

All changes to clusters must be approved by PSU's Senate Curriculum Committee.

THE ORIGINAL + 12 COPIES OF THE PROPOSAL MUST BE RECEIVED AT UNIVERSITY STUDIES (CH 163) BY OCTOBER 31, 2003

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COURSE APPROVED FOR CLUSTER INCLUSION

CHAIR, CLUSTER COORDINATORS: ____________________________ DATE: ____________

CHAIR, UNST COMMITTEE: ____________________________ DATE: ____________
PROPOSING FACULTY
Name: Linda C. Hummer
Department: Women's Studies

signature

1. THE COURSE

A. COURSE TITLE, NUMBER, AND CATALOG DESCRIPTION

WS 410 Women, Creativity and Healing
Using feminist frameworks, this course explores the possibilities of personal empowerment and enactment of social change through creative expression. Through examining written, visual, and dramatic arts of women, past and present, students will consider the power of creative expression as a source of healing and liberation, a tool for educational and social change, and path to personal and community empowerment.

B. DEVELOPMENT
This course has been taught once and will be offered again in Winter 2004.

C. AVAILABILITY
The course will be offered once a year, possibly twice.

D. PREREQUISITES
No additional prerequisites

2. COURSE OUTLINE.
See attached
This course will be taught by Linda Hummer

3. GENERAL EDUCATION GOALS.

A. COURSE CONTENT & SUITABILITY FOR CLUSTER
The Women’s Studies Cluster seeks to engage students in an analysis of gender and issues of inequality from an interdisciplinary approach.
The exploration of women’s creativity as a social and political tool invites new voices into the classroom and expands our knowledge of the diversity of human experience and expression, fostering a greater understanding of difference and a deeper commitment to social justice and equality.
B. UNST GOALS
Diversity of Human Experience:
It is the goal of this course to facilitate authentic self-exploration around issues of race, class, gender, and sexuality and to encourage commitment to community and social justice through an exploration of women's creative work and a supportive, hands on environment where students can explore their own creative possibilities.

Ethical Issues & Social Responsibility
Class materials, discussions and lectures will address
encourage exploration of self in social and political context in order to deepen student’s understanding of how individuals' actions and choices affect their society
provide information, resources and discussions that broaden understanding of oppression and privilege and the diversity of the human experience;
provide examples and give participants opportunities to voice, reframe, and unlearn negative & limiting believes and views about self and others;
provide opportunities to practice creative techniques that promote cross-cultural communication and understanding.

Critical Thinking & Communication
written communication; weekly journals, creative writing assignments and academic research paper.
Oral and Inter-personal communication: extensive class discussion and participation, term-long group project and end of term presentation.
Creative expression: weekly, in class, hands on projects, journal making, meditation, dramatic performance, mask making, storytelling, watercolor, poetry writing, etc.

C. CLASSROOM ENVIRONMENT
This course will be structured in a consciousness-raising atmosphere where learning is enhanced through participant sharing, interactive activities, hands on creative workshops, compelling presenters and performers, as well as, lecture and written materials from a wide range of perspectives, experiences and academic fields.
WS 410: Women, Creativity & Healing
Portland State University
Winter –2004

CRN: 45256       TIME: 5:50p.m – 9:10p.m.
ROOM: Capital Center
Instructor: Linda Hummer   Email: zanhummer@msu.com
Office: PSU- NH 451F  Office Hours: M & W-10 -12

Text:
- *Imagining Medea: Rhodessa Jones and Theater for Incarcerated Women*, Rena Fraden
- *We Heal from Memory: Sexton, Lorde, Anzaldúa and the Poetry of Witness*, Cassie Premo-Steele
- *Art and Healing: Using Expressive Art to Heal Your Body, Mind, and Spirit*, Barbara Ganim

Additional Costs: $20.00 Art/Project Materials

*If you require specific instructional accommodations, please notify me early in the course.

Course Description
This course will explore creativity as both internal resource and as constructed identity situated in time and space, framed by social constructs of gender, race, class, and sexuality. Students will explore written, visual, and dramatic arts of women past and present, as evidence of the power of creative expression to be a potential source of healing and liberation; educational and social change tool; and path to personal and community empowerment.

Using feminist frameworks, this class will investigate trauma on an individual and collective basis, hearing from women from different ethnic, cultural and class backgrounds and perspectives who are combining a blend of art and activism as means to explore the possibilities of personal empowerment and enactment of social change through creative expression. NO PREVIOUS ART EXPERIENCE IS NEEDED

Attendance
Student participation is an integral part of this course. We will spend a considerate amount of class time in discussion and doing in class creative workshops. Students who come prepared and make an effort to share, be attentive, engaged and supportive of the learning process will earn 10 points per class. Students arriving late will lose 5 points.

Grading
Late assignments accepted only with instructor approval.

A) Creative Projects (4 @ 25 pts each) 100 points
B) Weekly Journal Reflection (10 @ 10 pts each) 100 points
C) Research Paper 100 points
D) Group Presentation 100 points
**) Attendance 100 points
## Women Creativity and Healing

<table>
<thead>
<tr>
<th>DATE</th>
<th>Lecture</th>
<th>WORKSHOP</th>
<th>READINGS</th>
<th>Assignments Due next class</th>
</tr>
</thead>
<tbody>
<tr>
<td>W-1</td>
<td>Welcome Women's creativity as a social and political tool</td>
<td>Group formation</td>
<td>ART: Ch 1-3 Memory: Intro &amp; Ch. 1</td>
<td>Room to Think: Creating a space to create Journal Response</td>
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<tr>
<td>W-2</td>
<td>Individual &amp; Collective Trauma</td>
<td>Journal Making</td>
<td>ART: Ch. 4 Memory: Ch. 2</td>
<td>Journal Response</td>
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<tr>
<td>W-3</td>
<td>Individual &amp; Collective Witness</td>
<td>Life Line</td>
<td>ART: Ch. 5 Memory: Ch. 3 &amp; 4</td>
<td>Journal Response Life Line</td>
</tr>
<tr>
<td>W-4</td>
<td>Art &amp; Social Location: Women healing past and present</td>
<td>Writing Workshop</td>
<td>ART: Ch. 6 Memory: Ch. 5 &amp; 6</td>
<td>Journal Response &quot;rant&quot; Or Poem</td>
</tr>
<tr>
<td>W-5</td>
<td>Healing Self Reducing stress, anxiety, fear and hopelessness</td>
<td>Meditation</td>
<td>ART: Ch. 7 Memory: Ch. 7 &amp; 8</td>
<td>Journal Response</td>
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<tr>
<td>W-6</td>
<td>Healing Others: Creative Expression and Health</td>
<td>Peer review</td>
<td>Memory: Ch. 9 &amp; Conclusion</td>
<td>Research Paper</td>
</tr>
<tr>
<td>W-7</td>
<td>Making Community: Women's Creative circles</td>
<td>Watercolor</td>
<td>Group Read Medea</td>
<td>Journal Response</td>
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<tr>
<td>W-8</td>
<td>Creating new realities: Art as Activism</td>
<td>Mask Making</td>
<td>Group Read Medea</td>
<td>Journal Response Finish Masks</td>
</tr>
<tr>
<td>W-9</td>
<td>New Faces: Women, Community and social justice</td>
<td>Apply Rant</td>
<td>Group Read Medea</td>
<td>Journal Response Complete Creative Projects</td>
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<td>W-10</td>
<td>Creative Project Sharing</td>
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<td>Journal Response</td>
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<td>W-11</td>
<td>Final Presentations</td>
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<td>Final Response evaluation</td>
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