ETS/Project PLUS
Sophomore Year Checklist

- Take challenging classes in English, Math, and Science, Social Science (History, Geography, Government, and Economics), a foreign language and the arts.

- Review your course selection; be sure you select the high school courses required for college admission. Colleges look for challenging coursework, strong GPA, involvement in school, community, and volunteer activities.

- Begin to explore your personal interests and abilities and see how they match up with various careers and educational possibilities.

- Research colleges & possible majors or careers. Your high school college/career center is a great place to start looking through college catalogs, publications, and guidebooks. The internet is also a good resource. Start narrowing the list of colleges that you would like to attend.

- Take advantage of opportunities to attend college fairs and meet with college reps that visit your school. Sign up for Project PLUS college visitations or plan to visit colleges of your choice with your parents.

- Get involved in school and community based extracurricular activities. Start volunteering if you’re not already. You’ll definitely need to show you are well rounded and your involvement outside of academics is needed when applying for scholarships.

- Consider taking the Preliminary Scholastic Aptitude Test (PSAT) to prepare you for the SAT exam. Attend Project PLUS SAT Prep classes to prepare for PSAT.

- Begin exploring financial aid and scholarship options.

- Start looking at how to fund your education; scholarships, financial aid, loans, etc.

- Create a file to begin to manage your college search, testing, scholarship and admission application information.

- Continue to focus on your study habits and seek out tutoring for subjects you need help in EARLY. Don’t wait to get help until it’s too late and you’ve received a poor grade. Focus on getting good grades which will help raise your cumulative GPA.