Viking Days: September 20-29
Viking Days (formerly known as New Student Week) is Portland State University's opportunity to welcome new students into the campus community and kick-off each academic year prior to the start of fall term. These days are designed to help new students connect with the academic, cultural, and social opportunities at PSU by meeting other students, developing friendships, and getting involved. This program also provides an opportunity to satisfy any outstanding tasks prior to the start of classes.

We hope that you will encourage your student to participate in Viking Days. With more than 150 events, there are many opportunities for your student to connect with campus. For more information and to view the full Viking Days schedule, visit www.pdx.edu/orientation/vikingdays.

Let's Go Viks!
As the school year begins, we are excited to get ready for a new football season. This year, the 2010 Vikings Football team will be playing their 4-game home season at Hillsboro Stadium. Portland State students will have access to all of the home games with a free ticket as well as free transportation to and from the stadium. As a thank you to parents and families, we would like to offer a special $6.00 general admission ticket for the home opener on Saturday, October 2, at 5:00pm vs. Idaho State. You won't want to miss the post-game fireworks that will immediately follow the game!

To order your tickets, please contact the box office at 503-725-3307.

The School of Business Administration Debuts Peer Advising Program
The School of Business Administration (SBA) is starting a new peer advising program to supplement its professional advising services and better serve its increasing number of undergraduate students. Six student advisors have been hired for the 2010-2011 academic year and training is underway. These students will be trained on all aspects of a business degree at PSU and will be able to assist fellow students with questions regarding course scheduling, SBA admission planning, and graduation requirements.

This program will offer peer advisors an opportunity to increase communication skills and leadership experience and other students will benefit by the knowledge these junior and senior students will provide about professor teaching styles, time management skills, study habits, and course load planning. Peer advisors will begin seeing students during Express Advising in December or January. Business students interested in becoming a peer advisor for the 2011-2012 year should sign up for the SBA Friday List serve and stayed tuned for an announcement.

Finding a Part-Time Job
In addition to helping students choose a major or a career path, the PSU Career Center offers a variety of services to students looking for a part-time job while they are in school. Résumé and cover letter writing workshops, interviewing workshops, and individual resume critiques will help your student get ready to search for a job. Our jobs database has lists of both on- and off-campus part time jobs. We are also hosting an On-Campus Student Employment Fair as part of Viking Days on Thursday, September 23. For more information or to register for our database, students should check out http://www.pdx.edu/careers.
Campus Recreation
Encourage your student to join Campus Rec during Viking Days for a variety of events and activities, including a Welcome Back BBQ in the Urban Plaza (featuring a Minute to Win It Challenge for students to qualify to win a $1,000 PSU Educational Stipend courtesy of Bank of America), a Dive-in Movie pizza party, and much more. For information and a full schedule of events, visit www.pdx.edu/orientation/vikingdays.

Campus Rec offers several ways to promote a healthy campus and student culture. In addition to utilizing a state-of-the-art Recreation Center, students can participate in Group X fitness classes, aquatics classes, Rec Clubs, Intramurals, and trips hosted by the Outdoor Program. Visit www.campusrec.pdx.edu for schedules, class descriptions, and program information.

In addition, please note that the Recreation Center will be closed September 4-19 for cleaning, staff training, and completion of minor construction projects. The facility, located at 1800 SW Sixth Ave., will reopen at 6:00am on September 20 and resume normal hours of operation. Should you or your student have questions, please contact the member services desk at 503-725-2931 or crecmemb@pdx.edu.

Recreation Center Fall Term Hours
Mondays - Thursdays, 6:00am-11:00pm
Fridays, 6:00am-9:00pm
Saturdays, 10:00am-6:00pm
Sundays, 12:00pm-8:00pm

Financial Aid Information Sessions for Families
On behalf of the Office of Student Financial Aid, the Bursar’s Office, and Student Success, we welcome all students and their families to PSU. We understand that transitioning to PSU is both exciting and nervous, which is why we invite families and students to attend an information session to learn more about the financial aid and billing processes. Please join us so we can help you and your student understand the financial ins and outs that tend to puzzle many PSU families.

These sessions will be held on Saturday, September 18, from 2:00pm-4:00pm and Sunday, September 19, from 1:00pm-3:00pm in Ondine room 204. For more information, visit www.pdx.edu/sites/www.pdx.edu.family/files/media_assets/Fin.Aid.pdf. If you have questions, please contact the Office of Student Financial Aid at 503-725-3461 or askfa@pdx.edu.

Seats Available in the Russian Flagship Partner Program
The Russian Flagship Partner Program (RFPP) at Portland State University is still accepting applications for the 2010-2011 academic year. A member of The Language Flagship, RFPP is one of only four Russian Flagship programs in the country. RFPP accepts both beginning and advanced students of Russian as well as students who grew up speaking Russian at home.

Students in the program may major in any department while developing the Russian skills that they will need in their future careers. RFPP students are encouraged to live in the Russian Immersion Dormitory and to anticipate spending one year at the overseas Flagship Center in St. Petersburg, Russia. For more information, visit www.pdx.edu/russian-flagship or contact Dr. Sandra Freels at freel@s.pdx.edu.
An Alternate Channel
How is the Ombuds Office different from other assistance programs? The Ombuds Office supplements but does not replace the existing resources for conflict resolution and fair practice. We give our visitors the greatest freedom in using our services, by offering confidential, impartial, independent, and informal help with finding solutions to problems that occur on campus. Does your student:
- Need a confidential sounding board to brainstorm how to deal directly with a concern?
- Simply want to discuss strategies or options for resolving a concern?
- Need help deciding with whom to speak about a problem or concern?
- Want to maintain the greatest flexibility in how to approach a concern?

If your student is not sure where to go for help at PSU, the Ombuds will help them find the information or resources they need. Students may visit our website at www.pdx.edu/ombuds or call us at 503-725-5910.

PSU Weekend is Celebrating 20 years!
Join us October 22-24 for PSU Weekend 2010 featuring keynote speaker Nicholas Kristof!

PSU Weekend is a unique community-wide event sponsored by the PSU Alumni Association that welcomes more than 1,200 friends, alumni, and neighbors to campus for an educational and entertaining weekend. Breaking from tradition on Friday, October 22, we will feature the keynote address in the newly renovated Lincoln Hall, with an exclusive VIP sponsor reception prior Mr. Kristof's lecture. Sponsorships begin at just $125 and includes the VIP Sponsor Reception and preferred seating. Individual lecture tickets are on sale at the PSU Box Office or Ticketmaster. Tickets are $25 for general public and $22 for all PSUAA members.

Celebrate life-long learning with our free Saturday Seminars! Twelve captivating speakers will focus on health & aging, unique Portland, fine and performing arts, and human advocacy on Saturday, October 23. Also, back by popular demand are the Sunday tours. We have several educating and entertaining tours with PSU connections.

Please visit www.pdx.edu/alumni or call 503-725-4948 for complete details on keynote lecture tickets, Saturday seminars, and Sunday tours.

University Housing
We are excited to welcome our new students living on campus! Fall term move-in begins on Saturday, September 18, and there are still a few spaces available if your student is interested in living at PSU. For more information about on-campus housing, visit www.pdx.edu/housing. For a list of important housing dates and deadlines, visit www.pdx.edu/sites/www.pdx.edu.family/files/media_assets/Housing.Info.pdf.
**Why would my Student need a Lawyer?**

Beginning a college career is an exciting time full of hope and optimism. It is also a time full of new experiences and responsibilities, and your student may need some help in navigating this unfamiliar territory. It is important to realize that students may need legal assistance through no fault of their own. Consumer fraud, identity theft, and bad property owners can happen to anyone. Since issues and many others can be overwhelming, on-campus legal advice and representation can help keep an academic career from being derailed.

Student Legal Services (SLS) is here to assist in preventing and resolving legal problems that disrupt student’s lives and to educate them about their rights and responsibilities as they pursue their educational goals. SLS is the students’ law office. We offer high quality advice and representation provided by experienced professionals. SLS helps students to identify and resolve legal problems that threaten to disrupt their education, allowing them to concentrate on school and make the most of their college experience.

**Your Role as a Parent/Family Member**

Your primary role is to guide your student to our services as you are not able to schedule appointments on behalf of your student. It is important for families to understand that their students have a confidential relationship with their lawyers. This means that a lawyer is absolutely prohibited from discussing what transpires between them with anyone. In fact, the lawyers cannot even disclose that a particular student is a client or has come to see us.

This confidentiality can be waived, allowing the lawyer to discuss the matter with third parties, but only after a full discussion with the student client, and obtaining such a waiver in writing. The names of students who use the office are not disclosed to Portland State University.

**Costs**

SLS is funded by student service fees. Consultation is available to students who are enrolled in at least four undergraduate or three graduate credits. In some cases, client costs (e.g. filing fees to the courts, or expert witnesses for example) are charged to the student, but only after the student has approved these costs. In cases where it is not apparent whether a particular case fits within the scope of our practice, we meet with the student to discuss their needs and if we are not able to assist, we provide referrals to other area resources and attorneys. If your student needs legal help, encourage them call us at 503-725-4556. You and your student can also find out more about us by going to our website at [www.pdx.edu/sls](http://www.pdx.edu/sls).

**Sustainability at PSU**

PSU is committed to sustainability in thought and practice and strives to engage students in sustainability, both in and outside the classroom. During Viking Days, there are many opportunities for new students to learn more about sustainability at PSU and how to get involved. Encourage your student to check out these events:

- Sustainability Tours of campus (9/20-9/25 from 12:00pm-1:00pm)
- Sustainability Open Houses (9/21 and 9/23 from 2:00pm-4:00pm)
- GreenSpace Open Houses (9/22 from 2:00pm-4:00pm and 9/23 from 10:00am-12:00pm)
- PSU Reuses! Rummage Sale Charity Event (9/20-9/22 from 9:00am-3:00pm)

Check out the [Viking Days website](http://www.pdx.edu/sls) for more information. Also, if your student is interested in getting involved in or knowing more about sustainability at PSU, encourage them to sign up for our [EcoWiki Bulletin](http://www.pdx.edu/sls) or visit us at the EcoWiki site at [ecowiki.pdx.edu](http://ecowiki.pdx.edu).
Come out to the Portland State Queer Resource Center!
The Portland State University Queer Resource Center (QRC) is the department on campus dedicated to serving the PSU lesbian, gay, bisexual, transgender, queer, question, intersex students, and their allies. Join us for National Coming Out Week, Transgender Week of Remembrance, World AIDS day, Pride Celebrations, and many other events. Check out our resource library, meet other PSU students, or just drop by to study on our comfortable couches with a cup of tea. We offer practicum, internship experiences for credit, and volunteer opportunities both on campus and in partnership with Portland’s queer community organizations like Outside/In.

Students, their families, and their friends looking for support around issues relating to sexual orientation and gender identity should access the Queer Resource Center. Coming to college can expose students and their communities of origin to new questions. The QRC is a safe environment with both student and professional staff ready to help students explore these questions and to provide resource referrals.

We are located in Smith Memorial Student Union, room 401, at 1825 SW Broadway. We can be reached via phone at 503-725 9742 or via email at qrc@pdx.edu. Visit us online at http://www.qrc.pdx.edu.

Encourage your student to learn more about the Queer Resource Center and LGBTQIA-friendly community resources during the Viking Days QRC Square Dance in the Park Blocks on September 24 from 5:00pm-7:00pm.

Student Health and Counseling Services
Student Health and Counseling (SHAC) is a wonderful resource that we hope you will encourage your student to utilize throughout their career at PSU. We offer high quality physical health, mental health, dental, and testing services right on campus. SHAC is staffed by dedicated professionals who are committed to quality care. We are open from 8:00am-7:00pm Mondays –Thursdays and 9:00am-5:00pm on Fridays. We encourage students to call ahead and schedule an appointment at 503-725-2800. For a list of available services or answers to frequently asked questions, please visit our website at www.pdx.edu/shac.

The first day of class often brings major transitions! The beginning of fall term is an exciting and anxious time for your student. New schedules, new relationships, and new routines can leave any student a bit frazzled. Extra support and encouragement from home can go a long way in helping them fortify their new role and shifting identity.

This is a really busy time for your student, they may not be as communicative with you as you would like. Try leaving them a message or an e-mail acknowledging their time crunch. If you do get a chance for an actual conversation, encourage your student to take part in Viking Days as much as they can. Not only will they learn about different services on campus (like the Student Health and Counseling Center), there are also many opportunities for them to make some new friends.
University Success
University Success is after-hours academic support, free to all PSU students. Located in the Ondine Residence Hall at 1912 SW 6th Ave., University Success offers several services to students that support their academic success at PSU. Our study lounge is open Sundays from 5:00pm-10:00pm and Mondays through Thursdays from 2:00pm-10:00pm. Students are welcome to use the space any time when we are open as a quiet and cozy location.

We also offer after-hours services every week, which include tutoring on Sunday nights from 5:00pm-10:00pm, appointments with an Undergraduate Advising and Support Center adviser on Tuesdays from 5:00pm-8:00pm, and Let's Talk, which is free and confidential drop-in counseling service on Wednesdays from 5:00pm-7:00pm. And every Tuesday night we offer a workshop, ranging from scholarship help to mid-term support to free acupuncture.

Finally, this is the first year of our new academic coaching program. Enrolled freshman students are paired with either a peer or professional staff member trained in our coaching curriculum, designed to set the freshman student up for a successful transition into PSU. We’re full for fall term, but if your student is interested in participating in the winter or spring, please encourage them to email academiccoaching@pdx.edu. For more information on all services, please email usuccess@pdx.edu, or call 503-725-9890. Our website will be live when classes start on September 27 at www.pdx.edu/usuccess.htm.

Want to meet us? Come to our Open House during Viking Days on Thursday, September 23, from 4:00pm-6:00pm. We'll have tasty treats and be available to answer all your questions.

Transportation and Parking
Buying textbooks, finding your classes, figuring out who makes the best slice of pizza on campus – there’s so much to think about in the first days of fall term at PSU. We know the urban environment of PSU has much to offer and that navigating it can be challenging for new students. That’s why we’re here to help: PSU Transportation & Parking Services is dedicated to making your travel to and from campus as easy as possible by providing you with a wealth of options to meet your specific needs. Please take a few minutes to visit our website and familiarize yourself with commuting options at www.transportation.pdx.edu.

Student FlexPasses
The Fall 2010 Student FlexPass will be available for students to purchase September 13 through October 8 at a cost of $180 (over 30% less than the equivalent standard rate fare). The FlexPass is a term-long, all-zone transit pass which is valid on all TriMet buses, MAX light rails, and Portland Streetcars. The fall term FlexPass is valid from the date of purchase until December 31. FlexPasses can only be purchased by students in person at our office and may be charged to your student’s account or paid for with cash, check, Visa, or Mastercard. Students must be registered for a minimum of three credits and have their PSU photo ID (with their picture on it!) with them at the time of purchase.

New Bicycle Garages
PSU now operates two bike garages on campus. Students and employees can purchase a permit to park their bike inside one of these covered, secure locations. The cost is $15 per term or $60 per year (fee is pro-rated based on date of purchase). Both bike garages include 24/7 access by proximity card, security cameras, and articulated two-tier bicycle parking.
Transportation and Parking (Continued)
Montgomery Street Bicycle Garage (SW 12th and Montgomery):
This facility includes a new eco-roof and can house up to 77 bikes. It is located close to Hoffman Hall and Science Building 2, as well as being convenient for anyone biking to campus from Goose Hollow or Northwest neighborhoods.

Harrison Street Bicycle Garage (SW 5th and Harrison):
Newly opened in September, this bike garage has space for up to 86 bikes and is located just inside the UCB parking garage. Additional features include space for long-tail/oversized bikes, a basic repair station for quick fixes, and a vending machine with tubes and patch kits.

Fall term bike garage permits are available beginning September 13 and are valid until December 31, 2010. A limited number of annual permits are also available at a pro-rated cost of $45 and expire June 30, 2011. Students and employees will have the option of charging a bike garage permit to their campus account at the time of purchase. Permits must be purchased in person at the Transportation and Parking Services office. Please note: PSU proximity access cards (white ID cards with access chips inside) are required to use the bike garages. If your student does not have one, please encourage her or him to visit ID Services in Neuberger Hall where one can be purchased for $15.

PSU Bike Hub
Riding a bike to campus is efficient, inexpensive, and good for your health. Sometimes, however, your student’s bike might need a little attention to keep them moving smoothly and safely. The PSU Bike Hub is the on-campus resource for do-it-yourself bicycle maintenance, professional repair, and affordable accessories and gear. Located in the new Academic and Student Recreation Center (ASRC), the PSU Bike Hub is open Monday through Friday, 9:00am-5:00pm. Your student can drop in anytime for repair assistance, bike route options, or help with commuting. The Bike Hub also hosts evening workshops and classes. Visit our website for more information at www.pdx.edu/bikehub.

Parking Permits
Does your student need or want to drive to campus? We have several permit options to help your student buy only the necessary parking. Visit our website for more information at www.transportation.pdx.edu. If your student is considering a parking permit for fall term, he or she should purchase it as soon as possible because some permit types will sell out before classes begin. Parking permits can be purchased online and in person until September 17. Beginning September 18, they may only be purchased in person at our office

Please contact us at 503-725-3442 or psupark@pdx.edu if you have questions. The Transportation and Parking Services Department is located at 1812 SW 6th Ave, in the ASRC.