PSU Family Newsletter Evaluation
The Family Newsletter is approaching the end of its first cycle and your feedback would be greatly appreciated as this method of communication is being evaluated. Please complete a short 5-minute evaluation at www.pdx.edu/family/evaluation. Thank you in advance for providing your input!

Midnight Breakfast
Encourage your student to take a break from studying for finals by attending Midnight Breakfast on Wednesday, March 10, beginning at 9:00pm. Midnight Breakfast is one of the biggest events and most celebrated traditions at PSU, drawing hundreds of students every term for an opportunity to take a break from studying for final exams. Visit the website at http://web.pdx.edu/~salp/salp_saga/midnight_breakfast.php.

Library Update
The PSU Millar Library is a “home away from home” for many students. It provides a supportive place to get away from the noise of daily life and meet with study groups or work on projects. This Spring term, the Library will open a new coffee shop featuring locally roasted coffee and a variety of snacks to help keep your student going. We will also be opening a “technology sandbox” where students can try out new collaborative learning technologies. The Dark Horse Comics collection has been moved to the second floor where there is more room to accommodate the growth of this unique and popular collection.

Working, A Musical
From the book by Studs Terkel
Adapted by Stephen Schwartz and Nina Faso
Presented by the School of Fine and Performing Arts and the Department of Theater

The hopes, dreams, joys and concerns of the average working American are the focus of this unique, extraordinary musical. That the everyday lives of “common” men and women should be so compelling and moving will surprise and inspire anyone who has ever punched a time clock. Based on Studs Terkel’s best-selling book of interviews with American workers, “Working” paints a vivid portrait of the men and women the world so often takes for granted: the school teacher, the parking lot attendant, the waitress, the millworker, the mason, the trucker, the fireman, the housewife, just to name a few. It is a highly original look at the American landscape that’s simply impossible to forget. Note: MATURE LANGUAGE

Performs Friday, March 5 - Saturday, March 13
at 7:30 p.m. on Tuesday through Saturday performances
and 2:00 p.m. on Sunday, March 7
at Artists Repertory Theatre - Morrison Stage

General admission tickets: $10.00
Student and Senior tickets: $8.00 (student RUSH tickets 15 minutes before performances at the door on Tuesday and Wednesday nights)
Tickets available at the door 1 hour before performance
Doors open 1/2 hour before performance
The NEW PSU Bike Hub
PSU students, faculty, and staff members are welcome to become members of the new Bike Hub. Located at the SW corner of the Student Recreation Center (SW 6th & Harrison), the PSU Bike Hub is a ten-fold expansion of what had been the PSU Bicycle Cooperative -- a five year program to help support and encourage bicycling as a means of transportation for PSU students and employees. After much success and a rapidly growing number of PSU community members making the switch to bicycle commuting, the PSU Bike Hub represents the next generation of sustainable and active transportation services. The mission remains the same: increase the number of bicycle commuters at PSU and empower cyclists with the ability to understand and maintain their own bicycle.

Encourage your student to mark her or his calendar for the Bike Hub Grand Opening on Thursday, April 1. Visit the Bike Hub website at www.pdx.edu/bikehub. To view more information about membership benefits and fees, visit www.pdx.edu/bikehub/membership-info.

Getting to PSU
Does your student need a Tri-Met transit pass for Spring term? Students can bring their PSU Photo ID to the Transportation & Parking office from March 15 - April 9 to purchase term-long transit passes for $175.

Does your student need a parking permit for Spring term? Students can avoid long lines at the beginning of term by purchasing permits online from March 8 – 21. Permits purchased online will be mailed. Visit www.transportation.pdx.edu for more details.

Also, encourage your student to consider biking to and from campus!

Talking with your Student about Spring Break
With Spring Break approaching on March 22-27, it may be time to speak with your students about how they are planning to use this time. Will they travel? Work? Prepare for Spring term? Communicating effectively now may avoid misunderstandings of expectations in the future.

Also, remember that upcoming finals will likely be stressful and your student might especially appreciate your support. The Center for Student Health and Counseling (SHAC) is here to support your student by offering free, confidential services. Of particular interest at this time may be the weekly support group “Overwhelmed and Procrastinating,” which helps students prioritize, reduce anxiety, and strategize how to be successful. The group is offered year-round on Fridays from 1-2:30pm. Contact SHAC at 503-725-2800 for more information.

Portland State Bookstore Offers In-store Pickup
The Portland State Bookstore is now offering a free in-store pickup option for orders placed online or by phone. When selecting the shipping method on any online order, select ‘in-store pickup.’ Your order will be ready within 24-36 hours. Please bring an id card and order number, if applicable.

Orders can be picked up on the upper-level during the first two weeks of the term and on the lower-level for the remainder of the term. Please note that orders are not processed on Saturday or Sunday; orders placed over the weekend will be ready by the following Tuesday. For more information, please visit www.psubookstore.com.
PSU Reuses, Recycles, and Composts!
When your students are moving their belongings out at the end of the school year, they do not have to throw-it-away when they can Chuck-It-For-Charity instead! For the last two weeks of classes this spring, collection bins will be located in most residence halls where students are encouraged to donate gently used clothing and household goods. The bulk of these items will be donated to a charitable non-profit. Over 1,800 pounds were donated to Friends of Seasonal & Service Workers last year! The remainder will be returned to incoming students next fall at the 2nd Annual PSU Rummage Sale, again benefitting the charity. For more information, visit www.pdx.edu/sustainability/chuck-it-charity.

During the week of April 5, the Viking Food Court in the Smith Center will be unveiling a brand new compost station! Building on the success of Victor’s Dining in the Ondine Residence Hall (which produces nearly zero-waste), the new post-consumer compost station will accept all food waste and divert it from the landfill - where it would produce greenhouse gas - into a commercial compost facility where it will become a valuable garden resource. This effort to make Portland State a little greener is a partnership between Aramark Food Services and PSU Recycles! Monitoring will be conducted by volunteers to help educate the student body about the benefits of composting. If you or your student would like to know more about composting at PSU and/or volunteer opportunities please email recycles@pdx.edu or visit www.recycle.pdx.edu.

NEW Flagship Russian Track at PSU
In 2008, Portland State University received funding from the National Security Education Program to create a Russian Flagship Partner Program (RFPP), a program whose goal is to create global professionals with superior proficiency in Russian. The original program was designed for students who enter the university with fairly good Russian skills - either from having studied Russian in high school or from having grown up in a Russian-speaking family.

Starting Fall 2010, PSU will add a new track to the program for students with little or no prior training in Russian. Students in the RFPP Introductory Track will take intensive beginning Russian during their first year in the program, and they will spend the following summer studying in Russia. The next year, they will join Advanced Track students in the new Russian Living/Learning Community in Stephen Epler Hall as they prepare for eventual study at St. Petersburg State University. For more information about the new program, please visit www.pdx.edu/russian-flagship.

Family Outdoor Activities
If you are searching for fun outdoor activities for your family this summer, consider subscribing to Metro's GreenScene calendar. You will receive quarterly e-mails with a host of events from nature activities to bike rides. Visit www.oregonmetro.gov/index.cfm/go/by.web/id=29030.

Parent Perspective February Issue
As a service to our families here at PSU, Campus Recreation and the Center for Student Health and Counseling (SHAC) are providing an online subscription to Student Health 101 for both you and your student. Student Health 101 is a monthly health and wellness magazine just for college students and their parents/families. Each issue contains valuable information that will help your student make better decisions while in college, and can help you gain a better understanding of the health and wellness challenges that face today’s students.

This issue has some great articles, including:
- How to Check on the Health of Your Relationships
- Spring Breaks That Won’t Break the Bank
- 6 Signs That Say You Should See a Doctor Now
- How to Help a Friend (or Stranger) in Need
- Understanding and Dealing with Eating Disorders

You can also read the Student Health 101 March issue at http://readsh101.com/pdx.html.

The School of Business Honors Track and Mentor Program

Honors Track
The Honors Track in the School of Business Administration (SBA) consists of approximately 50 undergraduate business students. By attending a variety of honors classes, workshops and events, these students challenge themselves and polish their professional business skills. These students are able to interact with Portland business professionals, including CEO’s and vice presidents of major companies in the Portland area.

These students spend 2-3 years in the program and receive an honors designation on their diploma. Honors students must go through an application process for admission into the program. Once in the program, they must maintain at least a 3.5 SBA and University GPA.

Applications are now being accepted for Spring Term with a deadline of Friday, April 9. Please direct any questions about the Honors Track to Haley Holmes at haleyh@sba.pdx.edu.

Mentor Program
Each year, the School of Business Administration offers graduating seniors the opportunity to participate in the Mentor Program. Students are paired with mentors who have experience in the student’s chosen field. Mentors agree to meet with each student at least once each month for the duration of the program. It is a flexible program, tailored to each student’s needs. Some students will shadow their mentors at work or attend industry meetings with their mentor, and most students will seek help with their resumes and with the job search process. Mentors can take students beyond the classroom and give them a sense of the working world.

PSU’s motto is “Let Knowledge Serve the City.” The School of Business does that very well, and the Mentor Program is one instance of the business community serving the needs of our students by increasing their knowledge of the business world. Mentors are drawn from all areas of the Portland metro business community, from large corporations such as Nike, Intel and Regence Healthcare, to smaller, local firms.

Mentors are matched based on each student’s individual needs and goals. The SBA makes every effort to find mentors that meet each student’s particular needs. Currently, there are 32 active mentor-mentee pairs who meet on a regular basis.