Campus Recreation
Encourage your student to check out the Dive-In Movie featuring *The Blind Side*. Students can enjoy free pizza, swim, and watch an award-winning movie while hanging out with friends in the ASRC Pool on Thursday, March 10, at 8:00pm.

Is your student new to climbing or looking to advance skills? She or he can check out Beginner Movement classes every Friday at 1:00pm and Intermediate classes every Tuesday at 12:00pm. We also host a Beginners Night every Thursday from 6:00-7:00pm. Certified belay instructors are on staff to help everyone interested in learning how to climb!

Weight Room Orientations are offered at the start of each term to get your student familiarized with the equipment and general workout concepts. Check the website for upcoming dates and times. No worries if your student misses them; the personal training fitness staff offer drop in hours to help answer any questions your student may have.

Campus Rec offers several ways to promote a healthy campus and student culture. In addition to utilizing a state-of-the-art Recreation Center, students can participate in Group X fitness classes, aquatics classes, Rec Clubs, Intramurals, go on trips with the Outdoor Program, learn to climb in the climbing center, rent outdoor gear, and more. Visit [www.campusrec.pdx.edu](http://www.campusrec.pdx.edu) for schedules, class descriptions, program information, and more.

College Success Courses
Offered through the Learning Center, College Success (UNST 199/399) builds on the best wisdom from innovators in psychology, education, business, sports, and personal effectiveness using the On Course Success Principles which represent eight of the essential "things" that good learners believe and do. Founded on these timeless principles, the *On Course* text and the College Success course give students a collection of practical success tools to empower students by giving them the outer behaviors and inner qualities to create greater success in college and in life. In addition, students will participate in guided journal writings, learn essential success strategies, discover critical resources, and actively engage with the PSU community.

The following 3-credit College Success courses are taught spring term 2011. These classes are appropriate for freshmen, continuing students, and transfer students.
- UNST 199/399: Wednesday 5:30-7:20pm + online, L. O'Banion ~ CRN 65165 (for freshmen & sophomores); CRN 65166 (for juniors & seniors)
- UNST 199/399: Friday 12-2:50pm, S. Zeisman ~ CRN 65163 (for freshmen & sophomores); CRN 65164 (for juniors & seniors)
- UNST 199/399: Friday 4/22 6-9:00pm & Saturday 4/23 9am-4:00pm and Friday 5/20 6-9:00pm & Saturday 5/21 9am-4:00pm (two weekends), L. O'Banion ~ CRN 65168 (for freshmen & sophomores); CRN 65167 (for juniors & seniors)

For more information, contact Liane O'Banion at 503-725-9549 or obaniol@pdx.edu.

Free Tax Preparation
Portland State University is hosting free tax preparation as part of CASH Oregon ([www.cashoregon.org/taxprep.html](http://www.cashoregon.org/taxprep.html)). Students and community members can receive tax preparation assistance on most Saturdays and Sundays through April 10 in the School of Business Administration room 360. No preregistration is allowed. To learn more, visit [www.pdx.edu/sls/tax-clinic](http://www.pdx.edu/sls/tax-clinic).
University Housing
With the dramatic growth in residential housing, Portland State University has expanded options for students looking to make strong social, academic, and community connections. These options have contributed to higher GPA’s, more credits earned, and higher retention rates for participating students. First year students have one of three choices when living in our First Year Experience (FYE) program:

1: FYE Living Learning Communities (LLCs)
The university has two living learning programs that are being offered for next year; Global Leadership and Sustainability within the larger FYE program. More information about these programs is available at www.pdx.edu/housing/fye. If you have additional questions, contact Christina Shafer (cshafer@pdx.edu) or Christopher Carey (ccarey@pdx.edu). You may also contact the Office of Residence Life at 503-725-2450.

2: Themed Housing Communities
Based on interest and availability, University Housing may create themed floors where students with similar needs or interests will be housed together within the FYE program. Some examples include Health and Wellness; Cultural Diversity and Awareness; and Quiet (for students seeking a quiet study environment. More information about these communities is available at www.pdx.edu/housing/fye (at the bottom of the page).

3: First Year Experience
All first year students wishing to live on campus will be placed in the FYE program housed in Ondine and Broadway halls. All first year residents in these communities are required to have a meal plan. The FYE program supports first year students as they acclimate to PSU, both socially and academically.

In addition, the housing contract process is live! Assignments for first year students will begin in May 2011. To fill out a University Housing contract, students can visit www.pdx.edu/housing. We offer housing tours on Mondays, Tuesdays, Wednesday, and Fridays of the Broadway and Ondine residence halls. No appointments are needed, and tours meet at 1:30pm in the Housing Office, Broadway Building room 210.

Is Your Student Looking for Spring Break Plans?
Student Leaders for Service (SLS) Alternative Spring Break is a weeklong service opportunity coordinated by students at PSU that brings together a diverse group of people with the common goals of service and education. Thirty-six PSU students are projected to participate in 2011, providing important service in communities from Bellingham, WA to northern California.

We are also excited to offer daily service opportunities for students staying in the Rose City. SLS has coordinated a series of daylong service projects at community organizations around the city from March 21 through March 26. Students can remove graffiti at LEP High School, plant trees with Friends of Trees, and organize building materials at the Rebuilding Center. Transportation and lunch will be provided. Whether your student has one day or many to serve, we are looking forward to giving back with your student during Alternative Spring Break PDX!

For more information and registration, students can visit www.pdx.edu/cae/sls-events.
PSU Dining
PSU Dining Services offers a full menu of choices. Whether your student is eating on campus every day or just a few times a week, he or she could be saving money with a meal plan. Excellent service, variety, and convenient locations make our dining very enjoyable. Check out meal plans, hours, locations and more at www.pdx.edu/dining.

Get $20 Bonus Dining Dollars Free
From February 3 to 17, students can purchase $200 Dining Dollars and get $20 bonus Dining Dollars free! It is a great time for first time customers and those looking to reload their Dining Dollars. Your student can use Dining Dollars at any PSU Dining location around campus including the Viking Court at Smith Memorial Student Union, the Victors dining hall and the C-Store at Ondine, Branford’s Bean coffee bar at the Millar Library, The Meetro Café at King Albert, and Food For Thought Café.

Papa John’s Pizza Delivery to PSU Residents
If your student lives in PSU Housing, she or he can use Dining Dollars for Papa John’s Pizza delivery or pick-up. Students can call 503-246-7272 and provide name, residence location, and room number with their pizza order. Students must have declining balance cards ready to verify payment and identity. The participating Papa John’s is located at 6302 SW Capitol Highway.

University Success’s Coaching Program
Now gearing up for its third term, the Academic Coaching program offers academic and emotional support to students. The program consists of 14 professional staff members and five Learning Community Assistants that serve as coaches. Any student who is struggling or experiencing some academic anxiety could benefit from participating in this program. Each student is paired with a coach and will meet five times throughout the term. The coaching sessions cover the following topics:
- Self management/time management
- Academic goal setting
- Motivation
- Test preparation, note taking, and other study skills
- Life-school balance

There are many resources on campus to help students, but it can be overwhelming to know what is available when students are new to PSU. With a coach, the student is matched with someone who cares and can help guide her or him through the resources. Students interested in an academic coach for the spring term can contact Shoshana Zeisman at 503-725-9547 or academiccoaching@pdx.edu. Space is limited.

Sustainability Opportunities for Students
Spring is here and there are many ways to get involved on campus:

Sustainability Volunteer Program (SVP)
By committing to a term with the SVP, students learn about campus initiatives and are trained in various sustainability-related skills. This experience is designed to benefit both students who are new to sustainability and those who have previous experience. Each volunteer is provided with the foundation for seeking further leadership experience at PSU. It is both educational and fun! To learn more, contact Amanda Leece at 503-725-5598 or svp@pdx.edu.
Eco-Reps
Eco-Reps are selected undergraduate students who work to educate their hall mates about environmental issues. Eco-Reps distribute information, as well as create, coordinate, and host activities in their residence halls. They promote the philosophy that we can reduce our harmful impact on the environment by making simple changes in our lifestyles. We are accepting applications for spring term 2011 Eco-Reps! Contact Heather Spalding at hspaldin@pdx.edu.

Earth Day
This year, the 4th annual Earth Day festival will be held on Friday, April 23, from 11:00am-5:00pm. The event will feature face panting, music, sustainable technology demonstrations, food, and more! To find out more, visit ecowiki.pdx.edu.

For more information, please contact the Sustainability Leadership Center at 503-725-5598 or psueco@pdx.edu.

Transportation and Parking Updates
If you have any questions about our transportation options, please contact us at 503-725-3442 or psupark@pdx.edu. The Transportation and Parking Services Department is located at 1812 SW 6th Ave, in the Academic & Student Recreation Center (ASRC).

Student Transit Passes on sale during Finals Week
The spring 2011 Student FlexPass will be available for purchase March 14 through April 8, 2011 at a cost of $180 (32% less than the equivalent standard rate fare). The FlexPass is a term-long, all-zone transit pass which is valid on all TriMet buses, MAX light rail, and Portland Streetcar. The spring term FlexPass is valid from the date of purchase until June 30. FlexPasses can only be purchased in person at our office and may be charged to a student account or paid for with cash, check, Visa, or MasterCard. Your student must be registered for a minimum of three credits and have her or his PSU ID (with photo on it) at the time of purchase.

Spring Term Parking Permits Online
Spring term parking permits can be purchased online through March 20, 2011. Beginning March 21, they may only be purchased in person at our office. Please note: your student must be registered for the appropriate number of credits for spring term before she or he can purchase a parking permit.

Purchasing a term permit online is recommended since many types sell out before the term begins. Permits purchased online can be charged to a student's tuition account and will be mailed before the term begins. As parking in an urban area can be confusing and frustrating, let us help your student determine the best parking option! For more information, visit www.pdx.edu/transportation.

Bicycle Garages Permits
Spring term bike garage permits are available beginning March 14 for $15, and are valid until June 30. Students will have the option of charging a bike garage permit to their student account at the time of purchase. Permits must be purchased in person at the Transportation & Parking Services office. Please note: A PSU proximity access card (white ID card with an access chip inside) is required to use the bike garage. If your student does not have one, he or she can visit ID Services in Neuberger Hall to purchase this card for $15.
PSU operates two bike garages on campus. Students and employees can purchase a permit to park their bike inside one of these covered, secure locations. The cost is just $15 per term or $60 per year (fee is pro-rated based on date of purchase). Both bike garages include 24/7 access by proximity card, security cameras, and articulated two-tier bicycle parking.

- **Montgomery Street Bicycle Garage** (SW 12th and Montgomery)
  This facility includes an eco-roof and can house up to 77 bikes. It is located close to Hoffman Hall and Science Building 2, offering convenience for anyone biking to campus from the Goose Hollow or Northwest neighborhoods.

- **Harrison Street Bicycle Garage** (SW 5th and Harrison)
  This bike garage has space for up to 86 bikes and is located just inside the UCB car parking garage, right across the street from the PSU Bike Hub. Additional features include space for long-tail/oversized bikes and a basic repair station for quick fixes.

- **NEW for spring term: Secure Bike Room at Science Bldg 2!** (SW 10th & Mill)
  This new secure bike parking room is located at the north side of Science Bldg 2 and has capacity for up to 16 bikes. PSU proximity access card required for entry. Please contact us if you are interested in buying a permit to park in this new location.

**PSU Bike Hub**
The PSU Bike Hub is your student’s on-campus resource for do-it-yourself bicycle maintenance, professional repair, and affordable accessories and gear. Located in the ASRC, the PSU Bike Hub is open Monday through Friday 9:00am-5:00pm. Your student can drop in anytime for repair assistance, bike route options, or help with commuting. The Bike Hub also hosts evening workshops and classes. Visit our website for more information and details about becoming a member: [www.pdx.edu/bikehub](http://www.pdx.edu/bikehub).