

First Year

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
Freshman Inquiry	5	Freshman Inquiry	5	Freshman Inquiry	5	¹ It is highly recommended to use General Electives towards a minor or prerequisite courses. ² Can take a 4 credit course in lieu of a PE course Milestone: Begin volunteering and exploring potential internship ideas early on in your academic career.
PHE 250	4	PHE 295	4	General Elective	2	
BS Arts & Letters/ Social Science ¹	4	BS Arts & Letters/ Social Science ¹	4	BS Arts & Letters/ Social Science ¹	4	
		PE Elective ²	1	PE Elective ²	1	
Total Credits	13	Total Credits	14	Total Credits	12	

Second Year

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
Sophomore Inquiry	4	Sophomore Inquiry	4	Sophomore Inquiry	4	¹ It is highly recommended to use General Electives towards a minor or prerequisite courses. ² PHE courses may be taken out of sequence ³ Students intending to apply to GTEP must take an Anatomy & Physiology sequence. A full year sequence of Biology is required to enroll in BI 301-303.
PH 275	4	BS Science with Lab ³	4	PHE 350 ²	4	
BS Science with Lab ³	4	General Elective ¹	4	BS Science ³	4	
General Elective ¹	4	General Elective ¹	4	General Elective ¹	4	
Total Credits	16	Total Credits	16	Total Credits	16	

Third Year

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
Upper Division Cluster	4	Upper Division Cluster	4	Upper Division Cluster	4	¹ PHE courses may be taken out of sequence ² Please visit the PSU Math Placement website: mth.pdx.edu/programs/placement Milestone: Begin seeking internship opportunities
STAT 243 ²	4	PHE 365 ¹	4	General Elective	4	
PHE 363 ¹	4	PHE 452 ¹	4	PHE 325 ¹	4	
PHE 326 ¹	4	PHE 335 ¹	4	PSY 311	4	
Total Credits	16	Total Credits	16	Total Credits	16	

Fourth Year

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
ED 420	4	PHE 450 ^{1,2}	4	Senior Capstone	6	¹ PHE courses may be taken out of sequence ² Recommended prerequisite: STAT 243 ³ Special registration is required for PHE 404 Internship. Advisor must approve.
PHE Approved Elective	4	General Elective ⁴	4	PHE 448	4	
PHE 404 ³	4	PHE Approved Elective	4	General Elective ^{4,5}	4	

General Elective ^{4,5}	4	General Elective ^{4,5}	3			<p>⁴It is highly recommended to use General Electives towards a minor or prerequisite courses.</p> <p>⁵Students intending to apply to GTEP must take an Anatomy & Physiology sequence. A full year sequence of Biology is required to enroll in BI 301-303.</p> <p>Milestone: GTEP admissions deadline is in February</p>
Total Credits	16	Total Credits	15	Total Credits	14	