

First Year

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
Freshman Inquiry	5	Freshman Inquiry	5	Freshman Inquiry	5	¹ Can take a 4 credit course in lieu of a PE course Milestone: Begin volunteering and exploring potential internship ideas early on in your academic career.
BS Arts & Letters/ Social Science	4	BS Arts & Letters/ Social Science	4	BS Arts & Letters/ Social Science	4	
PHE 250	4	General Elective	4	General Elective	4	
PE Elective ¹	1	PE Elective ¹	1	PE Elective ¹	1	
Total Credits	14	Total Credits	14	Total Credits	14	

Second Year

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
Sophomore Inquiry	4	Sophomore Inquiry	4	Sophomore Inquiry	4	¹ It is highly recommended to use General Electives towards a minor or prerequisite courses. ² PHE courses may be taken out of sequence
BS Science with Lab	4	BS Science with Lab	4	PHE 350 ²	4	
General Elective ¹	4	General Elective ¹	4	BS Science	4	
General Elective ¹	4	General Elective ¹	4	General Elective ¹	4	
Total Credits	16	Total Credits	16	Total Credits	16	

Third Year

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
Upper Division Cluster	4	Upper Division Cluster	4	Upper Division Cluster	4	¹ PHE courses may be taken out of sequence ² Please visit the PSU Math Placement website: mth.pdx.edu/programs/placement ⁴ Some sections may have a required recitation outside of class time
General Elective	4	PHE 369	4	PHE 443	4	
PHE 363	4	PHE 472	4	PHE 452	4	
STAT 243 ²	4	PHE Upper Division Elective	4	PHE Upper Division Elective	4	
Total Credits	16	Total Credits	16	Total Credits	16	

Fourth Year

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
Senior Capstone	6	PHE 404 ¹	4	General Elective ³	4	¹ Special registration is required for PHE 404 Internship. Advisor must approve. ² Recommended prerequisite: STAT 243 ³ It is highly recommended to use General Electives towards a minor or prerequisite courses.
PHE 450 ²	4	PHE 478	4	PHE Upper Division Elective	4	
PHE 444	4	PHE Upper Division Elective	4	PHE 479	4	
		PHE Upper Division Elective	4			
Total Credits	14	Total Credits	16	Total Credits	12	