

First Year

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
Freshman Inquiry	5	Freshman Inquiry	5	Freshman Inquiry	5	¹ It is highly recommended to use Electives toward prerequisite courses or a minor. ² Please visit the PSU Math Placement website ³ Can take a 4 credit course in lieu of a PE course *Begin volunteering and exploring potential internship ideas early in your academic career.
PHE 250	4	STAT 243 ²	4	General Elective ¹	4	
BS Arts & Letters/ Social Science ¹	4	BS Arts & Letters/ Social Science ¹	4	BS Arts & Letters/ Social Science ¹	4	
PE Elective ³	1	PE Elective ³	1	PE Elective ³	1	
Total Credits	14	Total Credits	14	Total Credits	14	

Second Year

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
Sophomore Inquiry	4	Sophomore Inquiry	4	Sophomore Inquiry	4	¹ It is highly recommended to use Electives toward prerequisite courses or a minor. ² PHE courses may be taken out of sequence
BS Science with Lab	4	BS Science with Lab	4	BS Science	4	
General Elective ¹	4	General Elective ¹	4	PHE 350 ²	4	
		General Elective ¹	4	General Elective ¹	4	
Total Credits	12	Total Credits	16	Total Credits	16	

Third Year

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
Upper Division Cluster	4	Upper Division Cluster	4	Upper Division Cluster	4	¹ PHE courses may be taken out of sequence. *Begin seeking internship opportunities.
PHE 452	4	PHE 456 ¹	4	SOC 469 or PSY 462 or PHE 369 or PHE 328	4	
PHE 354	4	PHE Approved Elective	4	PHE Approved Elective	4	
PHE 363 ¹	4	PHE 325 ¹	4	PHE 423 ¹	4	
Total Credits	16	Total Credits	16	Total Credits	16	

Fourth Year

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
PHE 450 ²	4	BA 306, BA 316, or BA 326	4	Senior Capstone	6	¹ Special Registration is required for PHE 404 Internship. Advisor must approve. ² Recommended pre-req: PHE 363 & STAT 243
PHE 416	4	PHE 478	4	PHE 479	4	
PHE 404 ¹	4	General Elective	4	PHE Approved Elective	4	
PHE Approved Elective	4	General Elective	4			
Total Credits	16	Total Credits	16	Total Credits	14	