

**First Year**

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
Freshman Inquiry	5	Freshman Inquiry	5	Freshman Inquiry	5	<sup>1</sup> Placement exam available <sup>2</sup> Can take a 4 credit course in lieu of a PE course  <b>Milestone:</b> Begin volunteering and exploring potential internship ideas early on in your academic career.
BA Second Language 101 <sup>1</sup>	4	BA Second Language 102	4	BA Second Language 103	4	
General Elective	4	PHE 250	4	General Elective	4	
PE Elective <sup>2</sup>	1	PE Elective <sup>2</sup>	1	PE Elective <sup>2</sup>	1	
<b>Total Credits</b>	<b>14</b>	<b>Total Credits</b>	<b>14</b>	<b>Total Credits</b>	<b>14</b>	

**Second Year**

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
Sophomore Inquiry	4	Sophomore Inquiry	4	Sophomore Inquiry	4	<sup>1</sup> It is highly recommended to use General Electives towards a minor or prerequisite courses. <sup>2</sup> Can be met by STAT 243
BA Second Language 201	4	BA Second Language 202	4	Ba Second Language 203	4	
General Elective <sup>1</sup>	4	BA Science/Social Science	4	BA Fine & Performing Arts	4	
BA Science/Social Science <sup>2</sup>	4	General Elective <sup>1</sup>	4	PE 350	4	
<b>Total Credits</b>	<b>16</b>	<b>Total Credits</b>	<b>16</b>	<b>Total Credits</b>	<b>16</b>	

**Third Year**

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
Upper Division Cluster	4	Upper Division Cluster	4	Upper Division Cluster	4	<sup>1</sup> PHE courses may be taken out of sequence <sup>2</sup> Please visit the PSU Math Placement website: <a href="http://mth.pdx.edu/programs/placement">mth.pdx.edu/programs/placement</a>  <b>Milestone:</b> Begin seeking internship opportunities
PHE Upper Division Elective	4	PHE 444	4	PHE 443 <sup>1</sup>	4	
STAT 243 <sup>2</sup>	4	PHE 369	4	PHE 472	4	
PHE 363	4	PHE Upper Division Elective	4	PHE Upper Division Elective	4	
<b>Total Credits</b>	<b>16</b>	<b>Total Credits</b>	<b>16</b>	<b>Total Credits</b>	<b>16</b>	

**Fourth Year**

Fall		Winter		Spring		Notes & Milestones
Course	Credit	Course	Credit	Course	Credit	
Senior Capstone	6	PHE 404 <sup>1</sup>	4	General Elective	4	<sup>1</sup> Special registration is required for PHE 404 Internship. Advisor must approve. <sup>2</sup> Recommended pre-requisite: STAT 243 & PHE 363
PHE Upper Division Elective	4	PHE 478	4	PHE 479	4	
PHE 450 <sup>2</sup>	4	General Elective	4	PHE Upper Division Elective	4	
		PHE 452	4			
<b>Total Credits</b>	<b>14</b>	<b>Total Credits</b>	<b>16</b>	<b>Total Credits</b>	<b>12</b>	