SHAC Health Center Fee

The SHAC Health Fee covers:

- Telehealth (both in and out of state {depending on state laws}) requiring no co-pays
  - Medical
    - Allergies
    - Animal or insect bites (minor)
    - Asthma
    - Birth Control & Emergency Contraception
    - Bronchitis & respiratory infection
    - Colds, cough, flu & mild fever
    - Earache & ear infection
    - Pink eye & eye infection
    - Rash & skin infection
    - Sinus infections
    - Sprains & strains
    - Urinary tract infection (UTIs)
    - Gender affirming therapy
  - Nutrition consultation
- Telemental health (all visits/consultations covered by the student health fee)
  - Brief counseling {dependent on state laws}
  - Crisis services
  - Therapy Groups
  - Support Groups
  - Mental Health Workshops & Outreach
  - Academic skills consultation
  - Consultation for staff, faculty, and parents regarding students in distress
  - Referral assistance (both in and out of state)
- Health promotion across campus
  - Remote workshops regarding general well-being, violence prevention and mental health
  - Remote bystander workshops for all incoming students
  - Suicide prevention guidance
  - Build strong support to students in recovery
  - Trauma-informed classroom training and support to faculty and staff
  - Virtual Mind Spa (coming soon)
  - Weekly campus-wide wellbeing publication
  - Formal and informal opportunities to engage with trained peer health educators through Zoom sessions and Instagram Live/TV
  - Weekly wellbeing podcast for students by students
  - Providing support and assistance to campus departments by way of consultation
- Insurance Assistance
- Emergency Response
- Providing health and mental health expertise on campus committees such as the Incident Management Team, CARE Team, Healthy Campus Initiative
- Immunization compliance for admittance
- 24-hour Nurse Advice Line
- Nurse Advice from SHAC nurses 9-5 pm M-F
- We help to connect to other campus services (may or may not have to be on campus)
- Medical Referrals off campus for various health related issues