SHAC Health Center Fee

The SHAC Health Fee covers:

- Telehealth (both in and out of state (depending on state laws)) requiring no co-pays
  - Medical
    - Allergies
    - Animal or insect bites (minor)
    - Asthma
    - Birth Control & Emergency Contraception
    - Bronchitis & respiratory infection
    - Colds, cough, flu & mild fever
    - Earache & ear infection
    - Pink eye & eye infection
    - Rash & skin infection
    - Sinus infections
    - Sprains & strains
    - Urinary tract infection (UTIs)
    - Gender affirming therapy
  - Nutrition consultation
  - Telemental health (all visits/consultations covered by the student health fee)
    - Brief counseling (dependent on state laws)
    - Crisis services
    - Therapy Groups
    - Support Groups
    - Mental Health Workshops & Outreach
    - Academic skills consultation
    - Consultation for staff, faculty, and parents regarding students in distress
    - Referral assistance (both in and out of state)
  - Health promotion across campus
    - Remote workshops regarding general well-being, violence prevention and mental health
    - Remote bystander workshops for all incoming students
    - Suicide prevention guidance
    - Build strong support to students in recovery
    - Trauma-informed classroom training and support to faculty and staff
    - Virtual Mind Spa (coming soon)
    - Weekly campus-wide wellbeing publication
    - Formal and informal opportunities to engage with trained peer health educators through Zoom sessions and Instagram Live/TV
    - Weekly wellbeing podcast for students by students
    - Providing support and assistance to campus departments by way of consultation
  - Insurance Assistance
  - Emergency Response
  - Providing health and mental health expertise on campus committees such as the Incident Management Team, CARE Team, Healthy Campus Initiative
  - Immunization compliance for admittance
  - 24-hour Nurse Advice Line
  - Nurse Advice from SHAC nurses 9-5 pm M-F
  - We help to connect to other campus services (may or may not have to be on campus)
  - Medical Referrals off campus for various health related issues

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