Measles Vaccine Requirement Form (MMR)

Contact Information

Student Name: ___________________________ Date of birth: ______/_____/______

Month Day Year

PSU ID#: ________________________________ Email: _____________________________

Measles Requirement

The Oregon State System of Higher Education requires all incoming students to show evidence of immunity to measles (Rubeola). The immunity to measles (Rubeola) is usually administered via the Measles, Mumps, and Rubella (MMR) vaccine.

All entering students born after **December 31, 1956** must have the following:

- Two vaccinations of MMR. The first vaccination must be received at least 1 year after date of birth. There must be a minimum of 28 days between the first and second vaccinations. **Please indicate the dates on which the two required doses of MMR vaccination were received**

  Dose #1: ______/_____/______

  Dose #2: ______/_____/______

  Month Day Year Month Day Year

Student Signature (required): ___________________________ Date: ______/_____/______

  (No typed signatures accepted) Month Day Year

* **No medical records or documentation are necessary**, simply submit the dates when your vaccinations were received. **If you submit documentation, it will be shredded.**

- If you do not meet the requirements outlined above, please see the reverse side regarding exemptions.

Submission Details

You may submit the completed form in either of the following way listed below.

**Do not send original medical/immunization documents.** This document will be shredded after input.

**Mail**
Center for Student Health & Counseling
Mail Code: SHAC
P.O. Box 751, Portland, OR 97207

**Fax**
Fax: 503.725.5812
Fax white paper ONLY

**Email**
Submit a scanned copy to: measles@pdx.edu

**Drop-off**
Deliver your form to SHAC during business hours.
1880 SW 6th Ave. University Center Building Suite 200

**Questions?**
Submit questions to measles@pdx.edu, or call
503.725.2810, 9am – 5pm (MMR Info line)
Age Exemption

Initial here if you were born before 1957: ________________

Medical & Non-Medical Exemptions

Individuals with medical or non-medical exemptions(s) (except a verified history of disease or blood test indicating immunity to measles (Rubeola)) are not protected against measles (Rubeola). This means that they are at risk for getting the disease. In the event of an outbreak, individuals with an exemption for measles (Rubeola) may be excluded from the University, under the direction of the student Health Services Director and/or the local Health Officer.

Medical Exemption

Acceptable bases include:
- Serious allergic reactions (anaphylactic) to Gelatin, Neomycin, or other vaccines.
- Pregnancy or intent on becoming pregnant within 28 days.
- Immuno-suppression such as occurs with cancers (leukemia, lymphoma) or medications for such diseases.
- Taking high doses of cortisone-type medications for more than 2 weeks.

**Note:** All medical exemptions require a physician’s signature. Individuals with HIV-positive antibodies or with leukemia in remission who have not received chemotherapy for at least three months may receive MMR vaccine.

Physician’s Certifications

I certify that this individual should be exempted from the MMR vaccine requirements based on:

A. History of Measles (Rubeola):
   Date: __________/__________/__________

B. Measles (Rubeola) Immune Titer:
   Date: __________/__________/__________

C. The following medical reason: _____________________________________________
   Which constitutes a medical contraindication in accordance with the advisory committee on immunization practices of the U.S. Public Health Services for MMR vaccine (see above).

   Physician’s Signature: ___________________________________ Date: _______/________/________
   Physician’s Address: ____________________________________ Phone: _____-_______-_______

Non-Medical Exemption

Under the Oregon State Immunization Law, as of March 1, 2014 those claiming a non-medical exemption are required to complete one of the following:

A. Video Tutorial (An online video tutorial at www.healthoregon.org/vaccineexemption)
   I am adherent to a religion, the teachings of which are opposite to immunization; or I prescribe to a spiritual or philosophical belief that opposed immunization, and therefore request that I be exempt from the immunization requirement. I have watched the required video advising me about the risk factors involved in not being immunized against certain infectious diseases and the required Certificate of Completion attached.
   Student’s Signature: ___________________________________ Date: _______/________/________

B. Consultation with a health care provider (medical doctor [MD], osteopath [DO], registered nurse working under the direction of an MD or DO; naturopathic doctor, nurse practitioner licenses to prescribe medication, or physician’s assistant).
   Provider Counseling (to be completed by an approved health provider (see above).
   I, ____________________________ (provider printed name), have counseled this student on the risk factors involved in not being immunized against certain infectious diseases.
   Provider’s Signature: ____________________________ Date: _______/________/________
   Provider’s Address: ____________________________

v_05.02.2019