



Options CCBHC for Jackson County

A Certified Community Behavioral Health Clinic (CCBHC)

October 2018 – September 2020 (SAMHSA Grant # SM081825)

May 2020 – April 2022 (SAMHSA Grant # SM083089)

October 2022 – September 2026 (SAMHSA Grant #SM086854)

Evaluation Description

The Regional Research Institute for Human Services (RRI) at Portland State University (PSU) has been asked to conduct a process and outcome evaluation of the expansion of the Certified Community Behavioral Health Clinic (CCBHC) model to clinics operated by Options for Southern Oregon in Jackson County. The evaluation activities will occur in collaboration with Options for Southern Oregon. Funding for the CCBHC expansion and this evaluation is provided by the U.S. Substance Abuse Mental Health Services Administration (SAMHSA).

The **Options CCBHC approach** to health care emphasizes recovery, wellness, trauma-informed care, and physical-behavioral health integration. The 3rd round of CCBHC funding from SAMHSA will transform community behavioral healthcare in Jackson County by improving access to responsive and comprehensive behavioral health and co-occurring mental health/substance use disorder services for adults and youth (ages 14+) provided within a trauma informed, equitable and inclusive framework. **Options CCBHC 3.0 grant goals** are to: (1) Increase capacity and access to mental health (MH) and substance use disorder (SUD) treatment through creative staffing, proactive & innovative pathways for outreach & early access to services, (2) Reduce the severity of addiction and mental health symptoms by providing integrated, coordinated, and person-centered behavioral health care to Jackson County residents regardless of ability to pay or place of residence, (3) Reduce health disparities and enhance retention of staff and clients by implementing Diversity, Equity, and Inclusion (DEI) and providing culturally-specific evidence-based practices (EBPs), and (4) Reduce trauma symptoms and enhance retention of staff and clients by implementing Trauma Informed Care (TIC).

During the four-year grant period, an estimated 1,125 individuals will receive outreach and engagement services, and 1,775 individuals will receive MH/SUD screening services. Of those, 750 individuals will go on to receive evidenced-based treatment.

For more information, please contact: Principal Investigator: Karen Cellarius, PSU Regional Research Institute for Human Services at 503-725-4112 or cellark@pdx.edu. Or **Project Director: Shelly Uhrig**, Options for Southern Oregon, Inc. at 541-476-2373 or suhrig@optionsonline.org.