



## **Portland State University Evaluation of OnTrack Rogue Valley's Residential Treatment HOME Program for Pregnant and Postpartum Women and their Minor Children**

Jackson County, Oregon

**Funder:** SAMHSA CSAT PPW Residential Treatment Grant #TI084763

**Grant period:** 9/30/2022-9/29/2027

### **Program Partners:**

- OnTrack Rogue Valley: Addiction and mental health treatment (Primary Grantee)
- Oasis Center of the Rogue Valley: Primary and post-partum healthcare care
- PSU Regional Research Institute for Human Services: External evaluator

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HOME is a 24-bed residential substance use disorder (SUD) treatment facility for moms with their children ages 0-5 designed to keep families united. HOME provides comprehensive SUD treatment, recovery support services, healthcare, mental health services, and harm reduction interventions for pregnant and post-partum women across a continuum of specialty SUD residential care, based on comprehensive, individualized screenings and assessments that inform treatment planning and service delivery in a continuous care model using evidence-based practices. Prior to intake and after discharge, pregnant and post-partum have access to outpatient care and services that address social determinants of health. Using a holistic approach, HOME will provide supplemental services and interventions for minor children, partners and other extended adult family members of the women and their children, as requested by the mom. Services and locations are designed to be all accessible for women with low incomes.

**POPULATION SERVED:** HOME serves pregnant and post-partum women from across Oregon. On average, 75% are from Jackson and Josephine Counties, 87% are White, 7% Hispanic/Latino, 3% African American/Black, 3% Indigenous/Native American. Nearly 100% speak English or are bilingual; less than 1% speak only Spanish. The only sex/gender criteria for admission is identifying as being a mother. About 5% of the mom's served identify as LGBTQIA+. Participants tend to be 18-35 years old, and almost all (98%) qualify for Medicaid. Upon entering treatment, 25% are unhoused and 44% are pregnant. The majority (88%) reside at the HOME Program with their children.

**STRATEGIES/INTERVENTIONS:** HOME provides direct outreach to pregnant and post-partum women with SUD, 24/7 staff, individualized multidisciplinary care teams, a Certified Child Care Center on site, and SUD treatment using evidence-based practices and harm reduction services. Under this project, OnTrack has expanded its partnership with Oasis Center of the Rogue Valley to enhance care coordination. Oasis specializes in primary and post-partum care for individuals with SUD and their children and will provide primary medical, prenatal, postpartum care and medication assisted treatment for women participating in HOME and pediatric care their children. OnTrack has hired a Women's Coordinator to increase care coordination, an Access and Utilization Manager to ensure no services are denied due to lack of insurance, and a Quality Assurance Medication Manager to manage prescriptions. Oasis has also hired an RN and a Peer Support Doula to provide support for the mom and primary care provider, and a Children's Coordinator to provide developmentally appropriate child services, evidence-based parenting training and interventions. To increase early engagement and reduce dropout early in the

recovery process, OnTrack and Oasis are partnering to provide emergency housing for women waitlisted for HOME residential treatment and child watch for outpatient treatment.

GOALS: 1) Reduced substance use and the severity of addiction by providing low-barrier continuum of SUD treatment coordinated with recovery supports. 2) Increased child well-being and reduce addiction-related out-of-home placements by providing age-appropriate services to the minor children and adult family members, including primary and behavioral healthcare, parent training, and access to comprehensive social services. 3) Sustained recovery and positive outcomes related to social determinants of health (education, stable housing, employment, childcare). 4) Increased access to harm reduction interventions, including outreach, emergency housing, and FDA-approved overdose reversal medications.

TARGET ENROLLMENT: HOME will serve a total of 575 individuals during the five year grant period. Annually, the grant will enroll 30 pregnant and post-partum women in residential treatment with auxiliary services for 45 minor children and 10 adults family members. Thirty additional pregnant and post-partum women will receive outreach, outpatient treatment and harm reduction support each year.

EVALUATION: The Regional Research Institute for Human Services at Portland State University is conducting a comprehensive evaluation to track outcomes and inform project implementation.