



Options CCBHC for Jackson County

A Certified Community Behavioral Health Clinic (CCBHC)

October 2018 – September 2020 (SAMHSA Grant # SM081825)

May 2020 – April 2022 (SAMHSA Grant # SM083089)

Evaluation Description

The Regional Research Institute for Human Services (RRI) at Portland State University (PSU) has been asked to conduct a process and outcome evaluation of the expansion of the Certified Community Behavioral Health Clinic (CCBHC) model to clinics operated by Options for Southern Oregon in Jackson County. The evaluation activities will occur in collaboration with Options for Southern Oregon. Funding for the CCBHC expansion and this evaluation is provided by the U.S. Substance Abuse Mental Health Services Administration (SAMHSA).

The **Options CCBHC approach** to health care emphasizes recovery, wellness, trauma-informed care, and physical-behavioral health integration. The 2nd round of CCBHC funding (CCBHC 2.0) from SAMHSA will expand the capacity of the Options CCBHC in Jackson County, Oregon to successfully engage and treat adults and youth (age 14 and above) with mental illness (MI), substance use disorders (SUD), serious emotional disturbance (SED) and co-occurring disorders (COD). Individuals with comorbid physical health concerns and chronic pain as well as members of underserved populations will be prioritized. Underserved populations include individuals and families experiencing homelessness, criminal justice or child welfare involvement, Veterans and members of the Armed Services, members of the LGBTQ+ community and individuals with MH/SUD emergency department (ED) utilization. **CCBHC 2.0 grant goals** are to: (1) reduce the MH symptoms and the severity of addiction for CCBHC adults and youth; (2) expand the integration of evidence-based health and wellness activities and concepts into behavioral health treatment and the CCBHC culture; (3) increase capacity to outreach and engage underserved populations in CCBHC services; and (4) increase treatment retention. Options will meet project goals by providing culturally relevant, evidence-based MH, SED, SUD, COD and chronic pain treatment services, feedback informed treatment, missed appointment and emergency department follow-up, community outreach and engagement services, peer wellness coaching and the development of a comprehensive CCBHC Culture of Wellness. Tele-health services will be provided as well to ensure that care is readily available and timely.

An estimated 1,084 individuals will receive outreach and screening in year one and 1,086 in year two of the 2nd grant, resulting in a total of 2,170 served during the grant period. Of those, 400 adults and 100 youth will go on to receive evidenced-based treatment.

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