

SPRING 2024 AQUATICS SCHEDULE

APRIL 1 - JUNE 14



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lap Swim 7 am - 9:30 pm Spa Hours 7 am - 9:30 pm Adaptive Lane 7 am - 9:30 pm Adult Clinics 1-3 12:55 pm - 2 pm <i>Lanes 5 & 6</i>	Lap Swim 7 am - 6:15 pm Spa Hours 7 am - 9:30 pm Adaptive Lane 7 am - 9 am Deep Water X 9 am - 9:45 am <i>Lane 1</i> Adaptive Lane 10 am - 6:15 pm Kayak Sessions 6:30 pm - 8:00 pm Water Polo 8:15 pm - 9:45 pm	Lap Swim 7 am - 9:30 pm Spa Hours 7 am - 9:30 pm Adaptive Lane 7 am - 9:30 pm Adult Clinics 1-3 12:55 pm - 2 pm <i>Lanes 5 & 6</i>	Lap Swim 7 am - 8 pm Spa Hours 7 am - 9:30 pm Adaptive Lane 7 am - 9 am Shallow Water X 9 am - 9:45 am <i>Lane 1</i> Adaptive Lane 10 am - 8 pm Water Polo 8:15 pm - 9:45 pm	Lap Swim 7 am - 7:30 pm Spa Hours 7 am - 7:30 pm Adaptive Lane 7 am - 4 pm Open Rec Swim 4 pm - 7:30 pm <i>Lanes 1 & 2</i>
SATURDAY	SUNDAY	SWIM CLINICS & EVENTS		ADAPTIVE LANE
Lap Swim 8 am - 3:00 pm Spa Hours 8 am - 4:30 pm Youth Swim Lessons 8:30 am - 11:30 am Adaptive Lane 12 pm - 1 pm Open Rec Swim 1 pm - 4:30 pm <i>Lanes 1 & 2</i>	Lap Swim 12 pm - 8:30 pm Spa Hours 12 pm - 8:30 pm Adaptive Lane 12 pm - 1 pm 3 pm - 8:30 pm Open Rec Swim 1 pm - 8:30 pm <i>Lanes 1 & 2</i>	Lifeguard Training Friday/Saturday/Sunday 5/3-5/5 & 5/31-6/2 Adult Swim Clinics Adult Swim Clinic 1 Monday/Wednesday 1:30-2pm Session 1: 4/8-5/1 Session 2: 5/6-6/5 Adult Swim Clinic 2 Monday/Wednesday 1:30-2pm Session 1: 4/8-5/1 Session 2: 5/6-6/5 Adult Swim Clinic 3 Monday/Wednesday 12:55-1:25pm Session 1: 4/8-5/1 Session 2: 5/6-6/5 Women-Only Swim 4/20, 5/18 3pm-4:30pm Men-Only Swim 4/6, 5/4 3pm-4:30pm Lifeguard In-service 2nd Saturdays 4:30-7:30pm Bring Your Kid to Campus Day Friday, April 5th 1-3pm	Lane 1 is an adaptive priority swim lane, with an ADA pool lift and stairs, that is available when scheduled for persons needing accommodations. The lifeguards are happy to help if assistance is needed.	

KEY

	AQUATICS
	INCLUSIVE REC
	GROUP X FITNESS
	LEARN/IMPROVE SWIMMING



QUESTIONS OR ACCOMMODATIONS:
 Email our Aquatics team at aquatics@pdx.edu.
 Campus Rec makes every effort to be accessible to all abilities.
 Printed on 100% Recycled Paper