Study Smarter, Not Harder

When studying, it’s important to balance both passive and active study strategies.

**Passive strategies are focused on input:**
- Reading
- Watching a lecture
- Watching a video

*All passive strategies can also be made active.*

**Active strategies are focused on output:**
- Taking a practice test
- Creating notecards
- Studying with a friend
- Working with a tutor

*Exams are focused on output so it’s important to practice processing information that way.*

**Two Steps for Success**

**Review your input:**
- Determine the main ideas
- Identify gaps in your knowledge

**Quiz yourself:**
- Explain the content out loud
- Draw visuals
- Work on practice questions
- Create your own study guide
- Rewrite the main ideas in your own words