

Study Smarter, Not Harder

When studying, it's important to balance both *passive* and *active* study strategies.



Passive strategies are focused on input:

- Reading
- Watching a lecture
- Watching a video

All passive strategies can also be made active.

Active strategies are focused on output:

- Taking a practice test
- Creating notecards
- Studying with a friend
- Working with a tutor

Exams are focused on output so it's important to practice processing information that way.

Two Steps for Success

Review your input:

- Determine the main ideas
- Identify gaps in your knowledge

Quiz yourself:

- Explain the content out loud
- Draw visuals
- Work on practice questions
- Create your own study guide
- Rewrite the main ideas in your own words