ADULT FOSTER CARE IN OREGON 2018

Single-family residences providing access to 24-hour care for 1-5 adults and adults with physical disabilities

Provides daily meals, personal care, health monitoring, medication administration, and care coordination

395 Adult Foster Homes (AFH) responded

1,760 Licensed capacity of responding AFHs

Respondent AFHs at full capacity 54%

RESIDENT DEMOGRAPHICS AND HEALTH CHARACTERISTICS

- 62% Female
- 38% 85+
- 86% White
- 46% Dementia

74% Received assistance taking oral medications

51% Took 9 or more medications

35% Took antipsychotic medication

6% Self-administered most of their medications

19% Needed assistance from two staff

72% Used a mobility aid (e.g. cane, walker)

12% Experienced a fall in the last 90 days

15% Treated in hospital ER in the last 90 days

8% Discharged from hospital stay in the last 90 days

11% Received hospice care in the last 90 days

PERCENT of AFH RESIDENTS NEEDING STAFF ASSISTANCE IN OREGON

- 27% Eating
- 60% Dressing
- 80% Bathing/Showering
- 53% Using the bathroom
- 47% Mobility/Walking
ADULT FOSTER CARE IN OREGON 2018

RESIDENT MOVE-IN AND MOVE-OUT INFORMATION, PRIOR 90 DAYS

Move-In
- Home/Independent living: 35%
- Licensed CBC Setting: 31%
- Hospital/Nursing home: 29%

Move-Out
- Died: 14%
- Licensed CBC Setting: 10%
- Hospital/Nursing home: 8%
- Home/Independent living: 2%

FACILITY POLICIES, CHARGES, and STAFFING

Reasons That Would Typically Prompt a Move-Out Notice
- Non-payment: 60%
- Hitting/Acting out with anger: 57%
- Lease violation: 27%
- 2-person transfer: 24%
- Wandering outside: 18%
- Sliding-scale insulin shots: 2%

Length of Stay for Residents Who Moved out in Prior 90 Days
- 36% stayed < 6 months
- 27% stayed ≤ 90 days
- 14% stayed 31-90 days
- 9% stayed 3-6 months
- 9% stayed 6-12 months
- 16% stayed 1-2 years
- 18% stayed 2-4 years
- 21% stayed 4+ years

Monthly Private-Pay Charges By Region (Including Services)

<table>
<thead>
<tr>
<th>Region</th>
<th>Minimum</th>
<th>Average</th>
<th>Maximum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Portland Metro</td>
<td>$1,800</td>
<td>$3,583</td>
<td>$7,200</td>
</tr>
<tr>
<td>Willamette Valley</td>
<td>$1,400</td>
<td>$3,482</td>
<td>$6,125</td>
</tr>
<tr>
<td>Southern Oregon</td>
<td>$575</td>
<td>$3,173</td>
<td>$5,000</td>
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<tr>
<td>East of the Cascades</td>
<td>$1,500</td>
<td>$3,439</td>
<td>$7,000</td>
</tr>
<tr>
<td>Total</td>
<td>$575</td>
<td>$3,492</td>
<td>$7,200</td>
</tr>
</tbody>
</table>

88% Owners live in the AFH
31% Owners with a healthcare certification
87% AFHs employed at least one caregiver
17% Staff with healthcare certification
84% Care staff employed in same homes for 6+ months

Oregon DHS contracted the Institute on Aging at Portland State University to conduct a survey of a statewide sample of adult foster homes in 2017. Results are based on owner responses to a questionnaire that was mailed in January 2017. As responses were received through March of 2018, the time period for responses varies from January 2017 through March 2018. A total of 395 adult foster homes with 1,760 residents responded for a 61% response rate. The full report is available at: https://www.pdx.edu/ioa/oregon-community-based-care-project & http://www.oregon.gov/DHS/SENIORS-DISABILITIES/Pages/publications.aspx, July 2018.