ASSISTED LIVING IN OREGON

Provides private, single-occupancy apartments with a private bath and kitchenette

Provide daily meals, personal care, health monitoring, medication administration, and care coordination

216
Total Communities

14,406
Licensed Capacity

5%
Increase in Settings Since 2008

RESIDENT DEMOGRAPHICS AND HEALTH CHARACTERISTICS

73%
FEMALE

54%
85+

90%
WHITE

29%
DEMENTIA

72%
Used a mobility aid

66%
Received assistance taking oral medications

55%
Received a flu shot

55%
Took 9 or more medications

25%
Fell

19%
Took antipsychotic medication

14%
Treated in hospital ER in last 90 days

14%
Self-administered most of their medications

8%
Discharged from hospital stay in last 90 days

5%
Received hospice care in last 90 days

Percentage of Residents Who Need Assistance with ADLs in Assisted Living and Nationally

<table>
<thead>
<tr>
<th>Activity</th>
<th>Assisted Living</th>
<th>Nationally</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eating</td>
<td>3</td>
<td>20</td>
</tr>
<tr>
<td>Transfer from bed/chair</td>
<td>22</td>
<td>30</td>
</tr>
<tr>
<td>Dressing</td>
<td>26</td>
<td>39</td>
</tr>
<tr>
<td>Bathing</td>
<td>25</td>
<td>29</td>
</tr>
<tr>
<td>Using the bathroom</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mobility</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Source:
- Portland State University
- Institute on Aging
- Oregon Department of Human Services
ASSISTED LIVING IN OREGON

RESIDENT MOVE-IN AND MOVE-OUT INFORMATION

**Move-In**
- Home: 34%
- Nursing facility: 14%
- Independent living: 13%
- Don’t know: 10%
- Home of relative: 9%

**Move-Out**
- Died: 45%
- Nursing facility: 13%
- Memory care: 12%
- Home of relative: 6%
- Adult foster care: 6%

**Length of Stay**
- 24% stayed < 6 months
- 75% stayed ≥ 6 months
- 14% stayed ≤ 90 days

**Facility Characteristics**

**Most Common Move-Out Notices**
- Hitting/Acting out in anger: 82%
- Wandering: 71%

**Monthly Private-Pay Charge (Including Services)**
- Minimum: $2,400
- Average: $3,475
- Maximum: $5,200

- .77 Ratio of all employees to residents
- 72% Facilities that had a full-time RN
- 35% Employees who received a flu shot
- 8% Direct care staff who were certified
- 1.76 Personal care staff hours per resident per day

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Oregon DHS contracted Portland State University’s Institute on Aging to conduct a survey of a statewide sample of adult foster homes in 2015. Results are based on provider responses to a self-administered questionnaire. A total of 316 adult foster homes with 1,218 residents responded for a 51% response rate. The full report is available at: https://www.pdx.edu/ioa/oregon-community-based-care-project and http://www.oregon.gov/DHS/SENIORS-DISABILITIES/Pages/publications.aspx

July 21, 2016