RESIDENTIAL CARE IN OREGON 2017

RESIDENT DEMOGRAPHICS AND HEALTH CHARACTERISTICS

- **59%** FEMALE
- **42%** WHITE
- **86%** 85+
- **44%** DEMENTIA

- **83%** Received assistance taking oral medications
- **72%** Used a mobility aid
- **10%** Needed assistance from two staff
- **63%** Took 9 or more medications
- **33%** Took antipsychotic medication

- **28%** Experienced a fall in the last 90 days
- **17%** Treated in hospital ER in the last 90 days
- **4%** Self-administer their medications
- **10%** Discharged from hospital stay in the last 90 days
- **8%** Received hospice care in the last 90 days

% of RC RESIDENTS NEEDING STAFF ASSISTANCE IN OREGON & NATIONALLY

- Eating: 20 (Oregon), 24 (National)
- Dressing: 47 (Oregon), 56 (National)
- Bathing: 39 (Oregon), 53 (National)
- Using the bathroom: 29 (Oregon), 38 (National)
- Mobility: 62 (Oregon), 73 (National)

*1 Source: Oregon Department of Human Services*
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RESIDENT MOVE-IN AND MOVE-OUT INFORMATION, PRIOR 90 DAYS

<table>
<thead>
<tr>
<th>Move-In</th>
<th>Move-Out</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home</td>
<td>19%</td>
</tr>
<tr>
<td>Nursing Facility</td>
<td>19%</td>
</tr>
<tr>
<td>Hospital</td>
<td>18%</td>
</tr>
<tr>
<td>Independent living</td>
<td>17%</td>
</tr>
<tr>
<td>AL/RC</td>
<td>13%</td>
</tr>
</tbody>
</table>

Length of Stay for Residents Who Moved Out in the Prior 90 Days

43% stayed < 6 months
26% stayed ≤ 90 days
17% stayed > 90 days
56% stayed ≥ 6 months

Facility Policies, Rates, and Staffing

Common Move-Out Notices
Hitting/acting out with anger 18%
Non-payment 13%
Lease violations 6%
Two-person transfer 6%
Wandering outside 3%

Monthly Private-Pay Charge (Including Services)

<table>
<thead>
<tr>
<th>Minimum</th>
<th>Average</th>
<th>Maximum</th>
</tr>
</thead>
<tbody>
<tr>
<td>$1,400</td>
<td>$3,770</td>
<td>$9,024</td>
</tr>
</tbody>
</table>

Employees per 100 residents

Facilities that had a full-time registered nurse (RN)

Facilities used contract staff to cover unplanned staff absences

Facilities reported difficulty hiring RNs

Staff hours per resident per day

112 Employees per 100 residents

45% Facilities that had a full-time registered nurse (RN)

10% Facilities used contract staff to cover unplanned staff absences

27% Facilities reported difficulty hiring RNs

2hrs55min Staff hours per resident per day

Oregon DHS contracted Portland State University’s Institute on Aging to survey all AL, RC, & MC communities in 2016. Results are based on provider responses to a questionnaire that was mailed in December 2016. Some questions asked for current information while others asked about events that occurred during the prior 90 days. As responses were received through March of 2017, the time period for responses varies from October 2016 through March 2017. A total of 164 residential care communities with 1,523 residents responded for a 55% response rate. The full report is available at: https://www.pdx.edu/ioa/oregon-community-based-care-project and http://www.oregon.gov/DHS/SENIORS-DISABILITIES/Pages/publications.aspx , June 2017.