ASSISTED LIVING IN OREGON 2017

Provides private, single-occupancy apartments with a private bath and kitchenette

Provides daily meals, personal care, health monitoring, medication administration, and care coordination

225
Total Communities

15,035
Licensed Capacity

10%
Increase in number of AL settings Since 2008

RESIDENT DEMOGRAPHICS AND HEALTH CHARACTERISTICS

72%
FEMALE

56%
85+

90%
WHITE

27%
DEMENTIA

71%
Received assistance taking oral medications

75%
Used a mobility aid (e.g., cane, walker)

5%
Needed assistance from two staff

56%
Took 9 or more medications

17%
Took antipsychotic medication

27%
Experienced a fall in the last 90 days

17%
Treated in hospital ER in the last 90 days

13%
Self-administered their medications

9%
Discharged from hospital stay in the last 90 days

6%
Received hospice care in the last 90 days

72%
FEMALE

56%
85+

90%
WHITE

27%
DEMENTIA

% OF AL RESIDENTS NEEDING STAFF ASSISTANCE IN OREGON & NATIONALLY¹

Eating

Dressing

Bathing

Using the bathroom

Mobility

Portland State University
Institute on Aging

IDHS
Oregon Department of Human Services


## FACILITY POLICIES, CHARGES, and STAFFING

### Most Common Move-Out Notices

- **Two-person transfer**: 14%
- **Non-payment**: 12%
- **Wandering outside**: 12%
- **Hitting/acting out with anger**: 9%
- **Lease violations**: 1%

### Monthly Private-Pay Charge

- **Including Services**
  - **Minimum**: $856
  - **Average**: $3,667
  - **Maximum**: $6,000

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### RESIDENT MOVE-IN AND MOVE-OUT INFORMATION, PRIOR 90 DAYS

#### Move-In

<table>
<thead>
<tr>
<th>Location</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home</td>
<td>40%</td>
</tr>
<tr>
<td>Nursing facility</td>
<td>18%</td>
</tr>
<tr>
<td>Independent living</td>
<td>12%</td>
</tr>
<tr>
<td>AL/RC</td>
<td>10%</td>
</tr>
<tr>
<td>Home of relative</td>
<td>9%</td>
</tr>
</tbody>
</table>

#### Move-Out

<table>
<thead>
<tr>
<th>Location</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Died</td>
<td>56%</td>
</tr>
<tr>
<td>Memory care</td>
<td>11%</td>
</tr>
<tr>
<td>Nursing facility</td>
<td>10%</td>
</tr>
<tr>
<td>AL/RC</td>
<td>5%</td>
</tr>
<tr>
<td>Home</td>
<td>5%</td>
</tr>
</tbody>
</table>

### Length of Stay for Residents Who Moved Out in the Prior 90 Days

- **25% stayed < 6 months**
  - 14% stayed ≤ 90 days
  - 2% stayed ≤ 1-7 days
  - 1% stayed ≤ 8-13 days
  - 3% stayed ≤ 14-30 days
  - 8% stayed ≤ 31-90 days
- **75% stayed ≥ 6 months**
  - 15% stayed ≤ 6-12 months
  - 18% stayed ≤ 1-2 years
  - 23% stayed ≤ 2-4 years
  - 19% stayed ≤ 4+ years

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Oregon DHS contracted Portland State University’s Institute on Aging to survey all AL, RC, & MC communities in 2016. Results are based on provider responses to a questionnaire that was mailed in December 2016. Some questions asked for current information while others asked about events that occurred during the prior 90 days. As responses were received through March of 2017, the time period for responses varies from October 2016 through March 2017. A total of 143 assisted living communities with 6,823 residents responded for a 65% response rate. The full report is available at: [https://www.pdx.edu/ioa/oregon-community-based-care-project](https://www.pdx.edu/ioa/oregon-community-based-care-project) and [http://www.oregon.gov/DHS/SENIORS-DISABILITIES/Pages/publications.aspx](http://www.oregon.gov/DHS/SENIORS-DISABILITIES/Pages/publications.aspx), June 2017.

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