



2020-2021 Portland State University Domestic & International Student Health Insurance Plan

psu.myahpcare.com



IMPORTANT CONTACTS

Benefits and claims questions:

PacificSource Health Plans
P.O. Box 7068
Springfield, OR 97475
(855) 274-9814 (toll-free)
psu.myahpcare.com

Underwritten by:
PacificSource Health Plans
Policy #G0033730

To find a doctor or health care provider:

PacificSource Voyager
Network
(855) 274-9814 (toll-free)
psu.myahpcare.com

Prescriptions:
PacificSource
Pharmacy Management
(855) 274-9814
or direct to Pharmacy Services
(800) 624-6052, ext 3784
psu.myahpcare.com

SHAC (Center for Student Health & Counseling):

(503) 725-2800
<https://www.pdx.edu/health-counseling/>
24-Hour Nurse Advice Line:
(844) 224-3145

24/7 Emergency Travel Assistance:
Academic Emergency Services
(855) 873-3555 (Toll-free within the U.S.)
1 (610) 263-4660 (Outside the U.S.)
assistance@ahpcare.com

Eligibility, coverage, and general questions:

Academic HealthPlans, Inc.
psu.myahpcare.com
help.myahpcare.com

Plan brokered by:
Academic HealthPlans, Inc.
OR License No. 100168556

The Portland State University student health insurance plan is underwritten by PacificSource Health Plans also referred to PacificSource. You can view the standard Summary of Benefits & Coverage (SBC) which is required by Health Care Reform. It summarizes your coverage in a format that all insurance companies now use. To view your plan SBC, go to: psu.myahpcare.com.

IMPORTANT NOTICE

This is just a brief description of your benefits. For information regarding the full Student Guide (which includes plan benefits, exclusions and limitations, and information about refund requests, how to file a claim, mandated benefits and other important information) please visit psu.myahpcare.com. You will be able to obtain a copy of the full Student Guide as soon as it is available. If any discrepancy exists between this Benefit Summary and the Policy, the Student Guide will govern and control the payment of benefits.

When Coverage Begins

Coverage under the Plan once premium has been collected will become effective at 12:01 a.m. on the **later of**, but **no sooner than**:

- The Student Guide effective date;
- The beginning date of the term for which premium has been paid;
- The day after the online enrollment is complete and premium payment is received by Academic HealthPlans, Authorized Agent or University.

IMPORTANT NOTICE - Premiums will not be pro-rated if the Insured enrolls past the first date of coverage for which he or she is applying. Final decisions regarding coverage effective dates are made by PacificSource Health Plans.

The below enrollments will be allowed a **14 day** grace period from the term start date to enroll whereby the effective date will be backdated a maximum of **14 days**. No policy shall ever start prior to the term start date:

- All hard-waiver and mandatory (insurance is required as a condition of enrollment on campus) insurance programs.
- All re-enrollments into the same exact policy if re-enrollment occurs within **31 days** of the prior policy termination date.

When Coverage Ends

Insurance of all Insured Persons terminates at 11:59 p.m. **on the earlier of**:

- Date the Student Guide terminates for all Insured Persons; or
- End of the period of coverage for which premium has been paid; or
- The start of the term if the Insured Person ceases to be eligible for the insurance; or
- Date the Insured Person enters military service.
- In the event there is overlapping coverage under the same Student Guide number, the policy with the earliest effective date will stay in force through its termination date and the subsequent policy will go into effect immediately afterward with no gap in coverage.

COVERAGE IS NOT AUTOMATICALLY RENEWED. Eligible Persons must re-enroll when coverage terminates to maintain coverage. NO notification of plan expiration or renewal will be sent.



Health Insurance Requirement and Eligibility

Domestic Students

- All registered domestic students taking five (5) or more Portland State University (PSU) institutional credits* during Fall, Winter and Spring/Summer terms are **automatically enrolled** in the PSU-sponsored Student Health Insurance Plan unless they choose to submit an approved online insurance waiver of comparable coverage.
- The cost per term is \$935 for Fall, Winter and Spring/Summer terms. All students who have the Spring term insurance will automatically be covered through Summer term, for no added cost, regardless of graduation, vacation term, or number of Summer credit hours. The Summer Only rate is \$713.
- The Student Health Insurance Plan can be used worldwide and referrals or use of Center for Student Health and Counseling (SHAC) are not required.
- If you are not enrolled in five or more credit hours by the Waiver deadline, you will not be eligible for the PSU-sponsored Student Health Insurance Plan.

*NOTE: Restricted Differential credits do not apply to the PSU health insurance mandate. These types of credits are mostly study abroad and some continuing education courses. For information, please visit pdx.edu/student-finance/tuition. Please check the footnotes of your class descriptions or your student account to see whether or not you have been charged.

International Students

- PSU requires all international students with F-1 and J-1 visa status, and taking 1 or more credits, to have adequate medical insurance coverage.
- These students must purchase year-round health insurance coverage through the University even during vacation terms or while out of the country.
- The cost per term is \$935 for Fall, Winter, and Spring/Summer terms. All students who have the Spring term insurance will automatically be covered through Summer term, for no added cost, regardless of graduation, vacation term, or number of Summer credit hours. The Summer Only rate is \$713.
- For dependent coverage and information about enrolling in weekly insurance if on Optional Practical Training (OPT) or extending insurance before or after a term, please go to psu.myahpcare.com.
- The Student Health Insurance Plan can be used worldwide and referrals or use of SHAC are not required.
- Sponsored students, J-1 students, and students provided U.S. employer sponsored health insurance may qualify to waive out of the mandatory PSU Health Insurance Plan. To see if you qualify, visit pdx.edu/health-counseling/international.

Please make sure you understand your school's credit hour and other requirements for enrolling in this plan. PacificSource Health Plans reserves the right to review, at any time, your eligibility to enroll in this plan. If it is determined that you did not meet the school's eligibility requirements for enrollment, your participation in the plan may be terminated or rescinded in accordance with its terms and applicable law.

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Health Insurance Requirement and Eligibility

Eligibility Requirement

You must meet the Eligibility requirements each time you pay a premium to continue insurance coverage. It is the student's responsibility to make timely renewal payment to avoid a lapse in coverage.

Eligible students who involuntarily lose coverage under another group insurance plan are also eligible to purchase the Portland State University Student Health Insurance Plan. These students must provide the PSU Student Health Insurance Coordinator, located at SHAC, with proof that they have lost insurance through another group (certificate and letter of ineligibility) within **31 days** of the qualifying event. The effective date would be the later of: a) term effective date, or b) the day after prior coverage ends if enrollment request is received by the PSU Health Insurance Coordinator within **30 days** from loss of prior coverage.

To be an Insured under the Policy, the student must have paid the required premium and his/her name, student number and date of birth must have been included in the declaration made by the School or the Administrative Agent to the Insurer. All students must actively attend classes for the **first 14 consecutive days** following their effective date for the term purchased, and/or pursuant to their visa requirements for the period for which coverage is purchased, except during school authorized breaks or in case of a medical withdrawal, approved by your school and any applicable regulatory authority. Please contact your school or Academic HealthPlans for details.

Dependent Coverage

Domestic Students

No dependent coverage is offered to domestic students under this plan.

International Students

Dependent enrollment in this plan is voluntary. Eligible International Insured Students may purchase Dependent coverage at the time of student's enrollment in the plan; or within 31 days of one of the following qualified events: marriage, addition of domestic partner, birth, or adoption. Eligible dependents are the spouse or legally registered and valid domestic partner which resides with the Insured Student, and the student's, the spouse's, or the domestic partner's natural child, stepchild, or legally adopted child under 26 years of age. No coverage is offered to Newborns if the dependent is not enrolled in this plan.

Dependents must be enrolled for the same term of coverage for which the Insured Student enrolls. Dependent coverage expires concurrently with that of the Insured Student and Dependents must re-enroll when coverage terminates to maintain coverage.

Dependents must be re-enrolled each term. It is the student's responsibility to contact Academic HealthPlans prior to the enrollment deadline listed in this brochure. No reminder will be sent to students or dependents covered under the plan.

To enroll your dependent(s) visit psu.myahpcare.com.

Withdrawal From School

If you leave PSU for the reason of a covered accident or sickness resulting in a medical leave of absence, you will be eligible for continued coverage under this Plan for only one term during your PSU academic career. For information to see if you qualify, please contact the SHAC Insurance Team at insurancehelp@pdx.edu.

Insurance Waiver Information

If you have insurance that is comparable* to the PSU Student Health Insurance Plan offered through a different insurance company (i.e. through an employer, spouse, parent/guardian, OHP, etc.), and DO NOT want to take part in this PSU Plan, you must complete the online waiver process by the Waiver Deadline or your student account will be charged. Students only need one approved waiver per academic year (**9/20/20 - 9/19/21**).

If you do not have insurance no action is required. You will **automatically be enrolled** in the PSU PacificSource Student Policy each term you are eligible, (Fall, Winter, Spring/Summer combination), and your student account will be charged.

*Comparable coverage requires no more than a \$2,500 deductible and at least 70% inpatient hospitalization coverage. To **waive out** of the insurance plan you must complete the online waiver by the waiver deadline at psu.myahpcare.com.

DOMESTIC STUDENT PLAN COST				
TERM	FALL 9/20/20 – 1/3/21	WINTER 1/4/21 – 3/28/21	SPRING/SUMMER 3/29/21 – 9/19/21	SUMMER ONLY 6/21/21 – 9/19/21
Waiver Deadline	10/11/20	1/17/21	4/11/21	7/4/21
Student	\$935.00	\$935.00	\$935.00	\$713.00

Note: coverage is for domestic students only. Domestic dependents are not covered.

INTERNATIONAL STUDENT & DEPENDENT PLAN COST				
TERM	FALL 9/20/20 – 1/3/21	WINTER 1/4/21 – 3/28/21	SPRING/SUMMER 3/29/21 – 9/19/21	SUMMER ONLY 6/21/21 – 9/19/21
Waiver Deadline	10/11/20	1/17/21	4/11/21	7/4/21
Student	\$935.00	\$935.00	\$935.00	\$713.00
NOTE: Costs below are in addition to the student premium. Dependents must be enrolled for the same term of coverage as student. Dependent enrollment in this plan is voluntary.				
Dependent Enrollment Deadline	10/11/20	1/17/21	4/11/21	7/4/21
Spouse	\$935.00	\$935.00	\$935.00	\$713.00
Per Child	\$935.00	\$935.00	\$935.00	\$713.00

Rates include a premium payable to Academic HealthPlans (AHP), as well as administrative fees payable to PSU and AHP. Rates also include Academic Emergency Services provided through 4 Ever Life International Limited and administered by Worldwide Insurance Services, LLC, separate and independent companies from Academic HealthPlans.

Premium Refund/Cancellation

A refund of premium will be granted for the reasons listed below only. No other refunds will be granted.

1. All hard-waiver and mandatory (insurance is required as a condition of enrollment on campus) enrollments will NOT receive a refund of your insurance premium after the Waiver Deadline of the term has passed. For direct enrollments with Academic HealthPlans that are paid using a credit card or check (not charged to your PSU student account): if you withdraw from school within the first **14 days** of the coverage period, you will receive a full refund of the insurance premium provided that you did not file a medical claim during this period. Written proof of withdrawal from the school must be provided. If you withdraw after **14 days** of the coverage period, your coverage will remain in effect until the end of the term for which you have paid the premium. Refund requests for these enrollments should be directed to Academic HealthPlans at help.myahpcare.com.
2. If you or your insured dependents enter the armed forces of any country you and your insured dependents will not be covered under the Master Policy as of the date of such entry. If you enter the armed forces the policy will be cancelled as of the date of such entry. If your dependent enters the armed forces, a pro-rata refund of premium will be made for such person, upon written request received by Academic HealthPlans within **31 days** of entry into service.
3. Refunds will be granted for insured dependents in case of a qualifying event such as legal separation, divorce or death within **31 days** of the occurred event, provided that your insured dependents did not file a medical claim during the insured period. Written proof of such qualifying event must be submitted. Refunds will not be prorated.

Where Do I Go For Care?

Think SHAC First! At SHAC you can find high quality, accessible mental health, physical health and dental services - all under one roof! We are committed to creating and maintaining an environment where all people of diverse backgrounds and identities can expect to be valued and treated with respect and dignity.

Telehealth Services: SHAC also now offers telehealth and telemental health services for PSU students. Telehealth visits are considered office visits, and are covered by the Student Health Fee. To learn more about SHAC telehealth services, visit <https://www.pdx.edu/health-counseling/telehealth-services>.

Most services at SHAC are covered by a per term Student Health Center Fee included in your student tuition (if taking 5 or more credit hours). Should you incur additional medical or counseling fees, SHAC will bill PacificSource on your behalf and no deductible will be applied.

Questions? Contact SHAC:

Address: 1880 SW 6th Ave. UCB 200 Portland, OR Phone: 503.725.2800

Website: <https://www.pdx.edu/health-counseling/>

Email: askshac@pdx.edu

In the community: You may visit any licensed health care provider directly for covered services, however, when you select an In-Network Provider in the Voyager Network, you will generally have less out of pocket expense for your care. To search for In-Network Providers, visit <https://pacificsource.com/find-a-doctor>. Referrals from SHAC are not required for covered services received outside of SHAC. For more information, visit: psu.myahpcare.com.

ID Cards

Medical ID cards may be shipped before or shortly after of your policy effective date. Providers need the ID number shown on your ID card to identify you, verify your coverage and bill PacificSource. You do not need an ID card to be eligible to receive benefits; if you need medical attention before receiving your ID card, benefits will be payable according to the Policy. Once you have received your ID card, present it to the provider to facilitate prompt payment of your claim. You can also print your ID cards at: psu.myahpcare.com or access an ID card on your mobile device using the [myPacificSource mobile app](#).



Voyager Network

PacificSource has arranged for you to access the PacificSource Voyager Network. It is to your advantage to utilize an In-Network Provider because savings can be achieved from the Contracted Allowable Fee these providers have agreed to accept as payment for their services. Students are responsible for informing their providers of potential out-of-pocket expenses for a referral to both a In-Network Provider and an Out-of-Network Provider. In-Network Providers are independent contractors and are neither employees nor agents of either University or PacificSource. To find an In-Network Provider, you can use PacificSource's online provider directory located at: psu.myahpcare.com.

Prescription Drug Claim Procedure

When obtaining a covered prescription, please present your ID card to an In-Network Pharmacy, along with your applicable Co-payment. The pharmacy will bill PacificSource for the cost of the drug, plus a dispensing fee, less the Co-payment amount.

When you need to fill a prescription, and do not have your ID card with you, you may obtain your prescription from an In-Network Pharmacy, and be reimbursed by submitting a completed Prescription Drug claim form. You will be reimbursed for the covered medications using the PacificSource contracted amount for the medication, less your co-payment. For a prescription claim form, go to psu.myahpcare.com.

Prescriptions from an Out-of-Network Pharmacy must be paid for in full at the time of service and submitted for reimbursement.

Member Web: InTouch for Members

Got Questions? Get Answers with InTouch

As a PacificSource insurance member, you have access to InTouch, your secure member website, with access to your insurance information and a wealth of health and wellness resources. You can take full advantage of the interactive website to complete a variety of self-service transactions online 24 hours a day. You can also stay "InTouch" no matter where you are with the free Mobile App available both on iPhone® and Android™ at: psu.myahpcare.com.

By logging into InTouch, you can:

- Look up coverage information and review benefit summaries
- Check the status of a claim and access your claim history
- View Explanation of Benefits (EOB) statements for paid claims
- Order new and print temporary ID cards
- Access health and wellness resources
- Find a provider, hospital, or urgent care center

How do I register?

- Go to psu.myahpcare.com
- Have your PacificSource Member ID card handy
- Click on the Register Now link on the right side of your screen
- Follow the onscreen instructions

Need help with registering onto InTouch?

Technical assistance is available toll free, Monday through Friday at **(855) 274-9814**. Hours are 7am - 5 pm PST.

Coordination of Benefits

If the Enrollee is insured under more than one group health plan, the benefits of this Plan, that covers the insured student, will be used before those of a plan that provides coverage as a dependent. When both parents have group health plans that provide coverage as a dependent, the benefits of the plan of the parent whose birth date falls earlier in the year will be used first. The benefits available under this Plan may be coordinated with other benefits available to the Enrollee under any auto insurance, Workers' Compensation, Medicare, or other coverage. This Plan pays in accordance with the rules set forth in the Policy.

Extension of Benefits

If an Enrollee is confined to a hospital on the date his or her insurance terminates, expenses incurred after the termination date and during the continuance of that hospital confinement, shall be payable in accordance with the Plan until the Enrollee is released or benefits are exhausted, whichever occurs first.

How Do I File a Claim?

Your In-Network Provider will file claims with PacificSource. All you need to do is show your ID card to the In-Network Provider.

If you receive care from an Out-of-Network, the provider may submit the claim to PacificSource for you. If not, you are responsible for sending the claim to PacificSource for processing. Your claim must include a copy of your provider's itemized bill. It must also include your name, ID number and/or the patient's name. If you were treated for an accidental injury, please include the date, time, place, and circumstances of the accident.

All claims for benefits should be turned in to PacificSource within **90 days** of the date of service. If it is not possible to submit a claim within **90 days**, turn in the claim with an explanation as soon as possible. In some cases PacificSource may accept the late claim. We will never pay a claim that was submitted **more than a year** after the date of service.

PacificSource has the sole right to pay benefits to the Enrollee, the provider, or both jointly. You will receive an "Explanation of Benefits" when your claims are processed. The Explanation of Benefits will explain how your claim was processed, according to the benefits of your Student Health Insurance Plan.

All claims should be sent to:

PacificSource Health Plans

Attn: Claims Department

P.O. Box 7068, Springfield, OR 97475-0068

(541) 225-2741 or (855) 274-9814 (toll-free)

Customer Service Representatives are available 7:00 a.m. to 5:00 p.m. (PST), Monday through Friday, for any questions. Claim forms can be obtained by calling the number above or by visiting psu.myahpcare.com.

How to Appeal a Claim

In the event an Enrollee disagrees with how a claim was processed, he or she may request a review of the decision. The Enrollee's requests must be made in writing within **180 days** of the date of the Explanation of Benefits (EOB). The Enrollee's request must include why he or she disagrees with the way the claim was processed. The request must also include any additional information that supports the claim (e.g., medical records, physician's office notes, operative reports, physician's letter of medical necessity, etc.).

Please submit all requests to:

PacificSource Health Plans

Attn: Appeals

P.O. Box 7068, Springfield, OR 97475-0068

Notice

PacificSource has strict policies in place to protect the confidentiality of your personal information, including your medical records. Your personal information is only available to the PacificSource staff members who need that information to do their jobs.

Disclosure outside PacificSource is allowed only when necessary to provide your coverage, or when otherwise allowed by law. Except when certain statutory exceptions apply, state law requires us to have written authorization from you (or your representative) before disclosing your personal information outside PacificSource. An example of one exception is that we do not need written authorization to disclose information to a designee performing utilization management, quality assurance, or peer review on our behalf.

To obtain a copy of our notice describing in greater detail our practices concerning use and disclosure of personal information, please call the toll-free Customer Services number on your ID card or visit psu.myahpcare.com.

IMPORTANT NOTICE

This is just a brief description of your benefits. For information regarding the full Student Guide (which includes plan benefits, exclusions and limitations, and information about refund requests, how to file a claim, mandated benefits and other important information) please visit psu.myahpcare.com. You will be able to obtain a copy of the full Student Guide as soon as it is available. If any discrepancy exists between this Benefit Summary and the Policy, the Student Guide will govern and control the payment of benefits.

Schedule of Benefits

The Plan will pay benefits in accordance with any applicable Oregon State Insurance Law(s).

NOTE: Deductibles, coinsurance and copays are waived when services are rendered at SHAC.

Waiver of Annual Deductible

In compliance with Federal Health Care Reform legislation, the Annual Deductible is waived for In-Network Provider Covered Medical Expenses rendered as part of the following benefit types: Routine Physical Exam Expense (Office Visits), Pap Smear Screening Expense, Mammogram Expense, Routine Screening for Sexually Transmitted Disease Expense, Routine Colorectal Cancer Screening, Routine Prostate Cancer Screening Expense, Preventive Care Immunizations (Facility or Office Visits), Well Woman Preventive Visits (Office Visits), Screening & Counseling Services (Office Visits) as illustrated under the Routine Physical Exam benefit type, Routine Cancer Screenings (Outpatient), Prenatal Care (Office Visits), Comprehensive Lactation Support and Counseling Services (Facility or Office Visits), Breast Pumps & Supplies, Family Contraceptive Counseling Services (Office Visits), Female Voluntary Sterilization (Inpatient and Outpatient), Pediatric Preventive Vision and Dental Service, Female Contraceptives Generic Prescription Drugs, Brand Prescription Drugs if no Generic equivalent, FDA-Approved Female Generic Emergency Contraceptives. In compliance with Oregon State Mandate(s) the Policy Year Deductible is also waived for: Maternal Diabetic Services from conception to **6 weeks** post-partum. Your Annual deductible will also be waived for all services rendered at SHAC.

Deductibles & Maximums

Annual Benefit Maximum	Unlimited
Annual Deductibles - Per visit or admission deductibles do not apply towards satisfying the plan Deductible. Your Annual Deductible is waived for all services rendered at SHAC.	The following Deductibles are applied before Covered Medical Expenses are payable: In-Network Provider: \$300 per Insured per Policy Year Out-of-Network Provider: \$600 per Insured per Policy Year
Coinsurance	Covered Medical Expenses are payable at the coinsurance percentage specified below, after any applicable deductible, up to an unlimited maximum benefit.
Annual Out of Pocket Maximums - Once the Individual Out-of-Pocket Limit has been satisfied, Covered Medical Expenses will be payable at 100% for the remainder of the Policy Year, up to any benefit maximum that may apply. Coinsurance, Deductibles, Co-pays and Prescription Drug expenses apply to the Out-of-Pocket Limit. Services that do not apply towards satisfying the Out-Of-Pocket Limit: expenses that are not Covered Medical Expenses; expenses for Designated Care penalties, and other expenses not covered by this Plan.	In-Network Provider: \$5,000 per Insured per Policy Year Out-of-Network Provider: \$10,000 per Insured per Policy Year

Inpatient Hospitalization Services	In-Network Provider	Out-of-Network Provider
Room and Board Expense , Semi-private room.	After a \$250 Co-pay per admission, 80% of the Negotiated Charge	50% of the Recognized Charge
Intensive Care Room and Board Expense	After a \$250 Co-pay per admission, 80% of the Negotiated Charge	50% of the Recognized Charge
Non-Surgical Physicians , Charges for the non-surgical services of the attending Physician, or a consulting Physician.	80% of the Negotiated Charge	50% of the Recognized Charge
Miscellaneous Hospital Expense , Includes; among others; expenses incurred during a hospital confinement for: anesthesia and operating room; laboratory tests and x rays; oxygen tent; and drugs; medicines; and dressings.	80% of the Negotiated Charge	80% of the Recognized Charge
Surgical Expense (Inpatient & Outpatient)	In-Network Provider	Out-of-Network Provider
Surgical Expense	After a \$100 Co-pay per surgery, 80% of the Negotiated Charge	50% of the Recognized Charge
Anesthesia Expense	80% of the Negotiated Charge	80% of the Recognized Charge
Ambulatory Surgical Expense	80% of the Negotiated Charge	50% of the Recognized Charge
Ambulatory Surgical Center	After a \$100 Co-pay, 80% of the Negotiated Charge	50% of the Recognized Charge

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Schedule of Benefits (continued)

Outpatient Benefits	In-Network Provider	Out-of-Network Provider
Physician's Office Visit Expense. Co-pay is due at time of visit and is in addition to the plan deductible.	100% of the Negotiated Charge after a \$25 Co-pay per visit	50% of the Recognized Charge after a \$40 Co-pay per visit
Preventative Care Services, Including but not limited to routine physical exams, immunizations and diagnostic X-ray & lab for routine physical exams.	100% of the Negotiated Charge	50% of the Recognized Charge
Laboratory and X-Ray Expense	80% of the Negotiated Charge	50% of the Recognized Charge
Emergency Room Visit Expense. <u>Important Note:</u> Please note that as Out-of-Network Providers do not have a contract with PacificSource, the provider may not accept payment of your cost share (your deductible and co-insurance) as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this Plan. The co-pay is in addition to the plan deductible.	80% of the Negotiated Charge after \$250 Co-pay per visit (Co-pay waived if admitted)	80% of the Recognized Charge after \$250 Copay per visit (Co-pay waived if admitted)
Urgent Care Expense. <u>Please note:</u> A covered person should not seek medical care or treatment from an urgent care provider if their illness, injury, or condition, is an emergency condition. The covered person should go directly to the emergency room of a hospital or call 911 for ambulance and medical assistance. The Co-pay is in addition to the plan deductible.	100% of the Negotiated Charge after a \$30 Co-pay per visit	50% of the Recognized Charge after a \$50 Co-pay per visit
Advanced Diagnostic Imaging (ie MRI, CT, PET) Expense	80% of the Negotiated Charge after \$100 Co-pay	50% of the Recognized Charge
Ambulance Expense	80% of the Negotiated Charge after \$100 Co-pay per trip	80% of the Recognized Charge after \$100 Co-pay per trip
Therapy Expense, For the following types of therapy provided on an outpatient basis: Physical Therapy, Chiropractic Care, Speech Therapy, or Occupational Therapy.	80% of the Negotiated Charge after a \$25 Co-pay per visit	50% of the Recognized Charge after a \$40 Co-pay per visit
Durable Medical Equipment Expense	80% of the Negotiated Charge	50% of the Recognized Charge
Diagnostic Testing for Learning Disabilities Expense	80% of the Negotiated Charge	50% of the Recognized Charge
Treatment for Learning Disabilities Expense	100% of the Negotiated Charge after a \$25 Co-pay per visit	50% of the Recognized Charge
Allergy Testing and Treatment Expense, Includes laboratory tests, physician office visits to administer injections, prescribed medications for testing and treatment of the allergy, and other medically necessary supplies and services.	80% of the Negotiated Charge	50% of the Recognized Charge
Impacted Wisdom Teeth Expense	80% of the Actual Charge 100% of the Actual Charge when performed at SHAC	80% of the Actual Charge
Dental Injury Expense	80% of the Actual Charge 100% of the Actual Charge when performed at SHAC	80% of the Actual Charge
Diabetic Testing Supplies Expense, Including test strips, diabetic test agents, glucose tablets, lancets/lancing devices, and alcohol swabs and blood glucose monitors.	80% of the Negotiated Charge	50% of the Recognized Charge
Mental Health Benefits	In-Network Provider	Out-of-Network Provider
Inpatient Expense, Charges incurred while confined as a full-time inpatient in a hospital or residential treatment facility for the treatment of mental and nervous disorders. Prior review and approval must be obtained from PacificSource.	80% of the Negotiated Charge after \$100 Co-pay per admission	50% of the Recognized Charge
Outpatient Expense, Charges for marriage and family therapies are not covered.	100% of the Negotiated Charge after a \$25 Co-pay per visit	50% of the Recognized charge
Alcoholism and Drug Addiction Treatment	In-Network Provider	Out-of-Network Provider
Inpatient Expense, For the treatment of alcohol and drug addiction.	80% of the Negotiated Charge after a \$100 Co-pay per admission	50% of the Recognized Charge
Outpatient Expense, For the treatment of alcohol and drug addiction.	100% of the Negotiated Charge after a \$25 Co-pay per visit	50% of the Recognized Charge
Maternity Benefits	In-Network Provider	Out-of-Network Provider
Maternity Expense, For the care of the covered person.	80% of the Negotiated Charge	50% of the Recognized Charge
Well Newborn Nursery Care Expense, For the routine care of a covered newborn child. See page 10 for additional information on this benefit.	80% of the Negotiated Charge	50% of the Recognized Charge

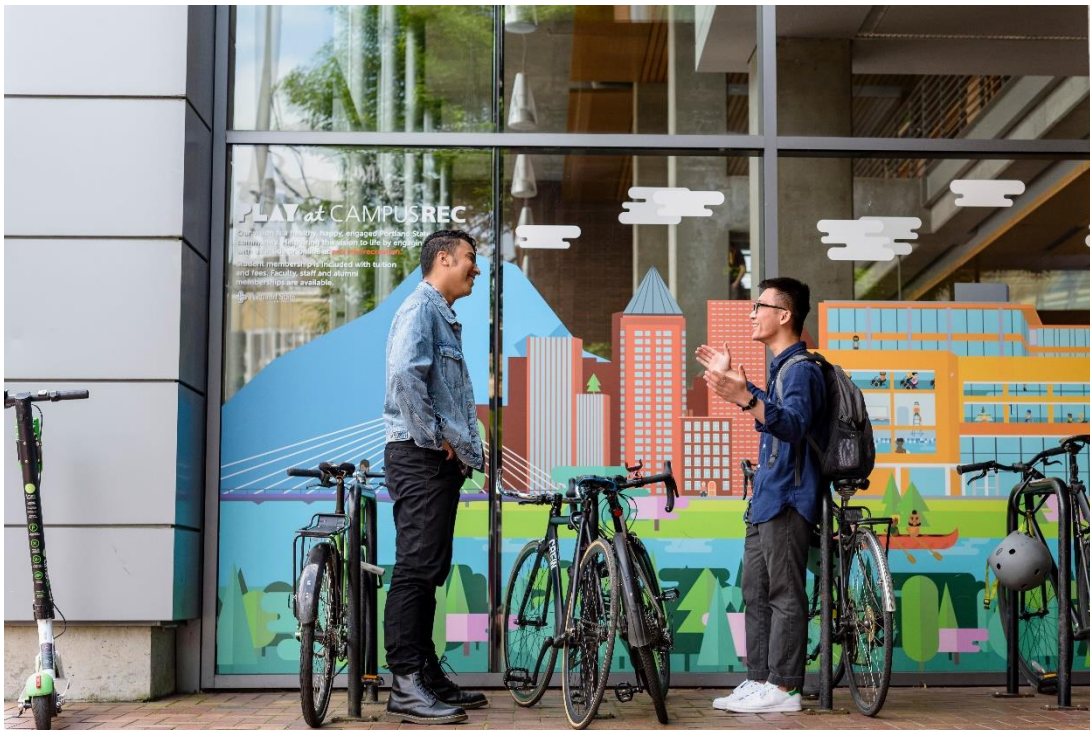
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Schedule of Benefits (continued)

Additional Benefits	In-Network Provider	Out-of-Network Provider
Pap Smear Screening Expense	100% of the Negotiated Charge	50% of the Recognized Charge
Mammogram Expense	100% of the Negotiated Charge	50% of the Recognized Charge
Family Planning Expense , Includes charges incurred for services and supplies that are provided to prevent pregnancy. See page 9 for additional information on this benefit.	100% of the Negotiated Charge	50% of the Recognized Charge
Routine Screening Expense , Includes charges for Chlamydia, Sexually Transmitted Disease (STD), Prostate, and Colorectal Cancer screenings.	100% of the Negotiated Charge	50% of the Recognized Charge
Rehabilitation Facility Expense	80% of the Negotiated Charge	50% of the Recognized Charge
Human Organ Transplant Expense	80% of the Negotiated Charge	50% of the Recognized Charge
Elective Abortion Expense , Limited to a maximum of \$2,500 per Policy Year	80% of the Negotiated Charge	50% of the Recognized Charge
Transgender Surgery Expense , No dollar max. Covered to medical necessity.	80% of the Negotiated Charge	50% of the Recognized Charge
Acupuncture Expense	80% of the Negotiated Charge after \$30 Co-pay per visit	50% of the Recognized Charge

Prescription Medications	In-Network Provider & Out-of-Network Provider Pharmacy
<p>Prescription Drug Expense 30 Day Supply. Contraceptives (that do not have a generic alternate) covered at 100%. <i>Please Note:</i> You are required to pay in full at the time of service for all Prescriptions dispensed at an Out-of-Network Pharmacy.</p> <p>To learn more about your prescription benefits visit psu.myahpcare.com</p>	<p>In-Network Provider Pharmacy: 100% of the Negotiated Charge following a \$25 Co-pay for each Generic, \$50 Co-pay for each Preferred Brand Name, \$75 Co-pay for each Non-Preferred Brand Name, and 20% Coinsurance up to \$250 for each Specialty Prescription Drug</p> <p>Out-of-Network Provider Pharmacy: 100% of the Recognized Charge following a \$25 Co-pay for each Generic, \$50 Co-pay for each Preferred Brand Name, \$75 Co-pay for each Non-Preferred Brand Name, and 20% Coinsurance up to \$250 for each Specialty Prescription Drug</p>
<p>Mail Order Pharmacy Service PacificSource partners with CVS Caremark for mail order services. Order up to a 90-day supply of covered medications and have them delivered to you, with no standard shipping charge. Visit: pacificsource.com/member/mail-order-rx.aspx to learn more and get started.</p>	<p>100% of the Negotiated Charge following a \$50 Co-pay for each Generic, \$100 Co-pay for each Preferred Brand Name or \$150 Co-pay for each Non-Preferred Brand Name Prescription Drug.</p>

For more details about these benefits, please see the Benefit Descriptions section on the following pages.



Benefit Descriptions

- **Preventive Care Services:** Benefits include expenses for a routine physical exam performed by a physician, physician assistant, or nurse practitioner. If charges for a routine physical exam given to a child who is a covered dependent are covered under any benefit section, those charges will not be covered under this section.

A routine physical exam is a medical exam given by a physician, physician assistant, or nurse practitioner, for a reason other than to diagnose or treat a suspected or identified injury or sickness. Included as a part of the exam are:

- Routine vision and hearing screenings given as part of the routine physical exam.
- X-rays, lab, and other tests given in connection with the exam, and
- Materials for the administration of immunizations for infectious disease and testing for tuberculosis.

In addition to any state regulations or guidelines regarding mandated Routine Physical Exam services, Covered Medical Expenses include services rendered in conjunction with.

- Screening and counseling services, such as:
 - Interpersonal and domestic violence;
 - Sexually Transmitted Diseases; and
 - Humane Immune Deficiency Virus (HIV) infections.
- Screening for gestational diabetes.
- X-rays, lab and other tests given in connection with the exam.
- Immunizations for infectious diseases and the materials for administration of immunizations that have been recommended by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.
- If the plan includes dependent coverage, for covered newborns, an initial hospital check up.

Any plan deductible, co-payment, and/or co-insurance amounts stated in your Medical Benefit Summary are waived for the following recommended preventive care services when provided by an in-network provider:

- Services that have a rating of 'A' or 'B' from the U.S. Preventive Services Task Force (USPSTF);
- Immunizations recommended by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention (CDC);
- Preventive care and screening for infants, children, and adolescents supported by the Health Resources and Services Administration (HRSA);
- Preventive care and screening for women supported by the HRSA that are not included in the USPSTF recommendations.

A and B list for preventive services can be found at: uspreventiveservicestaskforce.org/uspstf/recommendation-topics/uspstf-and-b-recommendations

The list of Women's preventive services can be found at: hrsa.gov/womensguidelines

Important Note:

For details on the frequency and age limits that apply to Routine Physical Exams and Routine Cancer Screenings, a covered person may contact his or her physician, by logging onto InTouch for Members: psu.myahpcare.com or calling the toll-free number on the back of the ID card.

- **Screening and Counseling Services:** Covered Medical Expenses include charges made by physician and in an individual or group setting for the following:

- **Obesity:** Screening and counseling services to aid in weight reduction due to obesity. Coverage includes:
 - Preventive counseling visits and/or risk factor reduction intervention;
 - Medical nutrition therapy;
 - Nutritional counseling; and
 - Healthy diet counseling visits provided in connection with Hyperlipidemia (high cholesterol) and other known risk factors for cardiovascular and diet-related chronic disease.
 - Services in this category are subject to a combined limit of 26 individual or group visits by any recognized provider per Policy Year with exception to Dietary and Nutritional counseling for eating disorders (i.e. Bulimia and Anorexia), that have no visitation limit.
- **Misuse of Alcohol and/or Drugs:** Screening and counseling services to aid in the prevention or reduction of the use of an alcohol agent or controlled substance. Coverage includes preventive counseling visits, risk factor reduction intervention and a structured assessment.
- **Use of Tobacco Products:** Tobacco cessation program services are covered at no charge only when provided by a PacificSource approved program. Specific nicotine replacement therapy will be covered according to the program's description. Tobacco cessation related medication will be covered to the same extent this policy covers other prescription medications.

Note: Office visits for tobacco cessation do not have a visit limit.

Tobacco product means a substance containing tobacco or nicotine including:

- Cigarettes;
- Cigars;
- Smoking tobacco;
- Chewing tobacco;
- Snuff;
- Smokeless tobacco; and
- Candy-like products that contain tobacco.

Limitations: Unless specified above, not covered under this Screening and Counseling Services benefit are charges incurred for:

- Services which are covered to any extent under any other part of this Plan

- **Family Planning Expense:** For females with reproductive capacity, Covered Medical Expenses include those charges incurred for services and supplies covered under this benefit must be approved by the Food and Drug Administration (FDA).

Coverage includes counseling services on contraceptive methods provided by a physician, obstetrician, or gynecologist. Such counseling services are Covered Medical Expenses when provided in either a group or individual setting.

The following contraceptive methods are covered expenses under this benefit:

- **Voluntary Sterilization:** Covered expenses include charges billed separately by the provider for female voluntary sterilization procedures and related services and supplies including, but not limited to, tubal ligation and sterilization implants. Covered expenses under this Preventive Care benefit would not include charges for a voluntary sterilization procedure to the extent that the procedure was not billed separately by the provider or because it was not the primary purpose of a confinement.

Limitations: Unless specified above, not covered under this benefit are charges for:

- Services which are covered to any extent under any other part of this Plan;
- Services which are for the treatment of an identified illness or injury;
- Services that are not given by a physician or under his or her direction;
- Psychiatric, psychological, personality or emotional testing or exams;
- Any contraceptive methods that are only “reviewed” by the FDA and not “approved” by the FDA;
- Male contraceptive methods or devices;
- The reversal of voluntary sterilization procedures, including any related follow-up care.

Important note: Brand-Name Prescription Drug or Devices will be covered at 100% of the Negotiated Charge, including waiver of Annual Deductible if a Generic Prescription Drug or Device is not available in the same therapeutic drug class or the prescriber specifies Dispense as Written.

- **Therapy Expense:** Covered Medical Expenses include charges incurred by a covered person for the following types of therapy provided on an outpatient basis:
 - Physical Therapy,
 - Chiropractic Care,
 - Speech Therapy,
 - Inhalation Therapy,
 - Cardiac Rehabilitation, or
 - Occupational Therapy

Expenses for Chiropractic Care are Covered Medical Expenses, if such care is related to neuromusculoskeletal conditions and conditions arising from: the lack of normal nerve, muscle, and/or joint function.

Services for speech therapy will only be allowed when needed to correct stuttering, hearing loss, peripheral speech mechanism problems, and deficits due to neurological disease or injury. Speech and/or cognitive therapy for acute illnesses and injuries are covered up to **one year** post injury when the services do not duplicate those provided by other eligible providers, including occupational therapists or neuropsychologists. This exclusion does not apply if medically necessary as part of a treatment plan.

Covered Medical Expenses for chemotherapy, including anti-nausea drugs used in conjunction with the chemotherapy, radiation therapy, tests and procedures, physiotherapy (for rehabilitation only after a surgery), and expenses incurred at a radiological facility. Covered Medical Expenses also include expenses for the administration of chemotherapy and visits by a health care professional to administer the chemotherapy.

Benefits for these types of therapies are payable for Covered Medical Expenses, on the same basis as any other sickness.

- **Allergy Testing and Treatment Expense:** Benefits include charges incurred for diagnostic testing and treatment of allergies and immunology services.

Covered Medical Expenses include, but are not limited to, charges for the following:

- Laboratory tests,
- Physician office visits, including visits to administer injections, prescribed medications for testing and

treatment of the allergy, including any equipment used in the administration of prescribed medication, and

- Other medically necessary supplies and services

- **Maternity Expense:** Covered Medical Expenses include inpatient care of the covered person for a minimum of 48 hours after a vaginal delivery and for a minimum of 96 hours after a cesarean delivery.

Any decision to shorten such minimum coverage shall be made by the attending Physician, in consultation with the mother. In such cases, Covered Medical Expenses may include home visits, parent education, and assistance and training in breast or bottle-feeding.

Prenatal diagnosis of generic disorders of the fetus by means of diagnostic procedures of a high-risk pregnancy, Maternity Expenses, and Complications of Pregnancy are payable on the same basis as any other Sickness.

- **Prenatal Care:** Prenatal care will be covered for services received by a pregnant female in a physician’s, obstetrician’s, or gynecologist’s office but only to the extent described below. Coverage for prenatal care under this benefit is limited to pregnancy-related physician office visits including the initial and subsequent history and physical exams of the pregnant woman (maternal weight, blood pressure and fetal heart rate check).

- **Comprehensive Lactation Support and Counseling Services:** Covered Medical Expenses will include comprehensive lactation support (assistance and training in breast feeding) and counseling services provided to females during pregnancy and in the post-partum period by a certified lactation support provider. The “post-partum” period means the 60 day period directly following the child’s date of birth. Covered expenses incurred during the post-partum period also include the purchase of non-hospital grade breast feeding equipment.

Lactation support and lactation counseling services are covered expenses when provided in either a group or individual setting.

- **Well Newborn Nursery Care Expense:** Benefits include charges for routine care of a covered newborn as follows:
 - Hospital charges for routine nursery care during the mother’s confinement,
 - Physician’s charges for circumcision, and
 - Physician’s charges for visits to the newborn child in the hospital and consultations

- **Pap Smear Screening Expense:** Covered Medical Expenses include one routine annual Pap smear screening (or an alternative cervical cancer screening test when recommended by a physician or a health care provider), and an FDA approved human papillomavirus screening test for women age 18 and older.

- **Mammogram Expense:** Covered Medical Expenses include coverage for mammograms for screening or diagnostic purposes upon referral of a nurse practitioner, certified nurse-midwife, physician assistant, or physician. Benefits will be paid for Expenses incurred for the following:
 - Annually for women 18 years of age or older or at any time when recommended by a women’s healthcare provider for the purpose of checking for lumps and other changes for early detection and prevention of breast cancer.

- **Human Organ Transplant Expense:** The organ or tissue donation and facility is covered. Travel and housing expenses for the recipient and one caregiver are limited to \$5,000 per transplant. Preauthorization required for all transplant expenses.

Exclusions and Limitations

IMPORTANT NOTICE: This is a brief description of the limitations and exclusions of this policy. For more detailed information, you may request the Student Guide from Academic HealthPlans at psu.myahpcare.com.

Plan benefits are subject to all applicable state and federal laws and regulations, which are subject to change. Covered services must be performed in the least costly setting where they can be provided safely. If a procedure can be done safely in an outpatient setting, but is performed in a hospital setting, then this Plan will only pay what it would have been for the procedure on an outpatient basis. This Plan neither covers nor provides benefits for the following:

Types of Treatment – This Student Policy does not cover the following:

- Abdominoplasty for any indication.
- Any amounts in excess of the allowable fee for a given service or supply.
- Aversion therapy.
- Benefits not stated – Services and supplies not specifically described as benefits under this Student Policy and/or any endorsement attached hereto.
- Biofeedback (other than as specifically noted under the Covered Medical Expenses – Other Covered Medical Services, Supplies, and Treatments section).
- Charges for phone consultations, missed appointments, get acquainted visits, completion of claim forms, or reports PacificSource needs to process claims. Charges over the usual, customary, and reasonable fee (UCR) – Any amount in excess of the UCR for a given service or supply.
- Charges that are the responsibility of a third party who may have caused the illness, injury, or disease or other insurers covering the incident (such as workers' compensation insurers, automobile insurers, and general liability insurers).
- Computer or electronic equipment for monitoring asthmatic, diabetic, or similar medical conditions or related data.
- Cosmetic/reconstructive services and supplies – Except as specified in the Student Guide
- Day care or custodial care – Care and related services designed essentially to assist a person in maintaining activities of daily living. Custodial care is only covered in conjunction with respite care allowed under the Student Guide's hospice benefit.
- Dental examinations and treatment – Except as noted in the Student Guide
- Drugs and biologicals that can be self-administered (including injectables), other than those provided in a hospital emergency room, or other institutional setting, or as outpatient chemotherapy and dialysis, which are covered.
- Drugs or medications not prescribed for inborn errors of metabolism, diabetic insulin, or autism spectrum disorder that can be self-administered (including prescription drugs, injectable drugs, and biologicals), unless given during a visit for outpatient chemotherapy or dialysis or during a medically necessary hospital, emergency room or other institutional stay.
- Experimental or investigational procedures – See Student Guide for details.
- Eye examinations (routine) members age 19 and older.
- Eye glasses/Contact Lenses members age 19 and older – The fitting, provision, or replacement of eye glasses, lenses, frames, contact lenses, or subnormal vision aids intended to correct refractive error.
- Eye exercises, therapy, and procedures – Orthoptics, vision therapy, and procedures intended to correct refractive errors.
- Family planning – Services and supplies for artificial insemination, in vitro fertilization, treatment of infertility, or surgery to reverse voluntary sterilization, and treatment of erectile or sexual dysfunction unless medically necessary. See Student Guide for details.
- Fitness or exercise programs and health or fitness club memberships.
- Foot care (routine) – Services and supplies for corns and calluses of the feet, conditions of the toenails other than infection, hypertrophy or hyperplasia of the skin of the feet, and other routine foot care, except in the case of patients being treated for diabetes mellitus.
- Genetic (DNA) testing – DNA and other genetic tests, except for those tests identified as medically necessary for the diagnosis and standard treatment of specific diseases.
- Growth hormone injections or treatments, except to treat documented growth hormone deficiencies.
- Hearing Aids for individuals 19 and older except as noted in the Student Guide.
- Homeopathic medicines or homeopathic supplies.
- Hypnotherapy.
- Immunizations when recommended for or in anticipation of exposure through work.
- Jaw – Services or supplies for developmental or degenerative abnormalities of the jaw, malocclusion, dental implants, or improving placement of dentures.
- Massage, massage therapy or neuromuscular re-education, even as part of a physical therapy program.
- Mattresses and mattress pads are only covered when medically necessary to heal pressure sores.
- Mental health treatments for conditions that are not attributable to a mental health diagnosis as noted in the Diagnostic and Statistical Manual of Mental Disorders, DSM-IV-TR, Fourth Edition (DSM-IV) or the DSM of Mental Disorders, Fifth Edition (DSM-5).
- Modifications to vehicles or structures to prevent, treat, or accommodate a medical condition.
- Motion analysis, including videotaping and 3-D kinematics, dynamic surface and fine wire electromyography, including physician review.
- Myeloablative high dose chemotherapy, except as noted in the Student Guide.
- Naturopathic supplies.
- Nicotine related disorders other than those covered under tobacco cessation program services.
- Obesity or weight control except as noted in the Student Guide
- Orthopedic shoes and shoe modifications.
- Orthognathic surgery – except as noted in the Student Guide
- Over-the-counter medications or nonprescription drugs.
- Physical or eye examinations required for administrative purposes such as participation in athletics, admission to school, or by an employer.
- Private nursing service.
- Recreation therapy – Outpatient.
- Rehabilitation – Functional capacity evaluations, work hardening programs, vocational rehabilitation, community reintegration services, and driving evaluations and training programs.
- Scheduled and/or non-emergent medical care outside of the United States.
- Services of providers who are not eligible for reimbursement under the Student Guide.
- Services or supplies provided by the State Department of Health and Welfare, or through any other government agency.
- Services or supplies for which no charge is made, for which the member is not legally required to pay, or for which a provider or facility is not licensed to provide even though the service or supply may otherwise be eligible. This exclusion includes services provided by the member, or by an immediate family member.
- Services or supplies received after enrollment in this Student Policy ends.
- Services required by state law as a condition of maintaining a valid driver license or commercial driver license.
- Services, supplies, and equipment not involved in diagnosis or treatment but provided primarily for the comfort, convenience, intended to alter the physical environment, or education of a patient. This includes appliances like adjustable power beds sold as furniture, air conditioners,

Exclusions and Limitations (continued)

air purifiers, room humidifiers, heating and cooling pads, home blood pressure monitoring equipment, light boxes, conveyances other than conventional wheelchairs, whirlpool baths, spas, saunas, heat lamps, tanning lights, and pillows.

- Sexual disorders – Services or supplies for the treatment of sexual dysfunction or inadequacy unless medically necessary to treat a mental health diagnosis.
- Sex reassignment – Procedures, services or supplies related to a sex reassignment unless medically necessary.
- Snoring – Services or supplies for the diagnosis or treatment of snoring and/or upper airway resistance disorders, including somnoplasty.
- Speech therapy – Except if medically necessary as part of a treatment plan.
- Surgery to reverse voluntary sterilization.
- Transplants – Except as noted in the Student Guide.
- Treatment not medically necessary.

- Treatment of any illness, injury, or disease resulting from an illegal occupation or attempted felony, or treatment received while in the custody of any law enforcement other than with local supervisory authority while pending disposition of charges.
- Treatment of any confirmed work-related illness, injury, or disease, except as noted in the Student Guide
- Treatment prior to enrollment – Services or supplies a member received prior to enrolling in coverage provided by this Student Policy, such as in-patient stays or admission to a hospital, skilled nursing facility or specialized facility that began before the patient’s coverage under the Student Guide.
- Vocational rehabilitation, except as medically necessary and as noted in the Student Guide.
- War-related conditions – The treatment of any condition caused by or arising out of an act of war, armed invasion, or aggression, or while in the service of the armed forces unless not covered by the member’s military or veterans coverage.

Definitions

Wherever used in this policy, the following definitions apply to the terms listed below, and the masculine includes the feminine and the singular includes the plural. Other terms are defined where they are first used in the text.

Accident means an unforeseen or unexpected event causing injury that requires medical attention.

Allowable Fee is the dollar amount established by PacificSource for reimbursement of charges for specific services or supplies provided by out-of-network providers. PacificSource uses several sources to determine the allowable fee. Depending on the service or supply and the geographical area in which it is provided, the allowable fee may be based on data collected from the Centers for Medicare and Medicaid Services (CMS), other nationally recognized databases, or PacificSource, as documented in PacificSource’s payment policy.

Appeal means a written or verbal request from an enrollee or, if authorized by the enrollee, the enrollee’s authorized representative, to change a previous decision made by PacificSource concerning:

- Access to healthcare benefits, including an adverse benefit determination made pursuant to utilization management;
- Claims payment, handling or reimbursement for healthcare services;
- Matters pertaining to the contractual relationship between an Enrollee and PacificSource;
- Rescissions of enrollee’s benefit coverage by PacificSource; and
- Other matters as specifically required by law.

Authorized representative is an individual who by law or by the consent of a person may act on behalf of the person. An authorized representative must have the enrollee complete and execute an Authorization to Use / Disclose PHI form and a Designation of Authorized Representative form, both of which are available at www.pacificsource.com, and which will be supplied to you upon request. These completed forms must be submitted to PacificSource before PacificSource can recognize the authorized representative as acting on behalf of the enrollee.

Co-insurance means a defined percentage of the allowable fee for covered services and supplies the enrollee receives. It is the percentage the enrollee is responsible for, not including co-pays and deductible.

Contracted Allowable Fee is an amount PacificSource agrees to pay an In-Network Provider for a given service or supply through direct or indirect contract.

Co-payment is a fixed up-front dollar amount the enrollee is required to pay for certain covered services.

Covered Expense is an expense for which benefits are payable under this Plan subject to applicable deductible, co-payment, co-insurance, out-of-pocket maximum, or other specific limitations.

Deductible means the portion of the healthcare expense that must be paid

by the enrollee before the benefits of this plan are applied.

Dependent means the covered student’s spouse residing with the covered student or the person identified as a domestic partner in the “Affidavit of Domestic Partnership” which is completed and signed by the covered student, and the covered student’s child. The term “child” includes a covered student’s stepchild, adopted child, and a child for whom a petition for adoption is pending. The term “dependent” does not include a person who is an eligible student or a member of the armed forces.

Emergency medical condition means a medical condition:

- That manifests itself by acute symptoms of sufficient severity, including severe pain that a prudent layperson possessing an average knowledge of health and medicine would reasonably expect that failure to receive immediate medical attention would:
 - Place the health of a person, or an unborn child in the case of a pregnant woman, in serious jeopardy;
 - Result in serious impairment to bodily functions; or
 - Result in serious dysfunction of any bodily organ or part.
- With respect to a pregnant woman who is having contractions, for which there is inadequate time to affect a safe transfer to another hospital before delivery or for which a transfer may pose a threat to the health or safety of the woman or the unborn child.

Enrollee means a covered student while coverage under this Plan is in effect.

Generic drugs are drugs that, under federal law, require a prescription by a licensed physician (M.D. or D.O.) or other licensed medical provider and are not a brand name medication. By law, generic drugs must have the same active ingredients as the brand name medication and are subject to the same standards of their brand name counterpart.

Injury means bodily trauma or damage that is independent of disease or infirmity. The damage must be caused solely through external and accidental means and does not include muscular strain sustained while performing a physical activity.

Medically necessary means those services and supplies that are required for diagnosis or treatment of illness, injury, or disease and that are:

- Consistent with the symptoms or diagnosis and treatment of the condition;
- Consistent with generally accepted standards of good medical practice in Oregon, or expert consensus physician opinion published in peer-reviewed medical literature, or the results of clinical outcome trials published in peer-reviewed medical literature;

Continued on next page

Definitions (continued)

- As likely to produce a significant positive outcome as, and no more likely to produce a negative outcome than, any other service or supply, both as to the illness, injury, or disease involved and the patient's overall health condition;
- Not for the convenience of the enrollee or a provider of services or supplies; and
- The least costly of the alternative services or supplies that can be safely provided. When specifically applied to a hospital inpatient, it further means that the services or supplies cannot be safely provided in other than a hospital inpatient setting without adversely affecting the patient's condition or the quality of medical care rendered.

Services and supplies intended to diagnose or screen for a medical condition in the absence of signs or symptoms, or of abnormalities on prior testing, including exposure to infectious or toxic materials or family history of genetic disease, are not considered medically necessary under this definition.

Out-of-Network Provider is a provider of covered medical services or supplies that does not directly or indirectly hold a provider contract or agreement with PacificSource.

In-Network Provider means a physician, healthcare professional, hospital, medical facility, or supplier of medical supplies that directly or indirectly holds a provider contract or agreement with PacificSource.

Physician means a state-licensed Doctor of Medicine (M.D.) or a Doctor of Osteopathy (D.O.).

Plan means the Student Health Insurance Plan, sponsored by Portland State University as documented by the Policy and PacificSource Health Plans.

Prescription drugs are drugs that, under federal law, require a prescription by a licensed physician (M.D. or D.O.) or other licensed medical provider.

Schedule of Benefits is a summary of the policy issued or applied for, not a contract of insurance that includes a list of principle benefits and coverages, and a statement of the limitations and exclusions contained in the policy.

Student means a student of the Policyholder who is insured under this Plan.

Usual, customary, and reasonable fee (UCR) is the dollar amount established by PacificSource for reimbursement of eligible charges for specific services or supplies provided by out-of-network providers. PacificSource uses several sources to determine UCR. Depending on the service or supply and the geographical area in which it is provided, UCR may be based on data collected from the Centers for Medicare and Medicaid Services (CMS), other nationally recognized databases, or PacificSource, as documented in PacificSource's payment policy. An Out-of-Network Provider may charge more than the limits established by the definition of UCR. Charges that are eligible for reimbursement but exceed the UCR are the enrollee's responsibility.

Emergency Assistance Services: Academic Emergency Services

Academic Emergency Services:

855-873-3555 (Toll-free within the U.S.)
1 (610) 263-4660 (Outside the U.S.)
E-mail: assistance@ahpcare.com
aes.myahpcare.com

As a participant in the student health plan, you have access to the emergency travel services and benefits when you are traveling over 100 miles from home or outside your home country.

Emergency Medical Evacuation, Repatriation and Emergency Family Assistance Services

- Emergency Medical Evacuation, Unlimited
- Medically Advisable Repatriation, Unlimited
- Return of Deceased Remains, Unlimited
- Visit by Family Member or Friend, up to \$5,000 with 3 day hospitalization
- Return of Dependent Children, up to \$5,000, if left unattended
- Emergency Return Home, up to \$2,500, in the event of death of the student
- Return of Personal Belongings, up to \$1,000 in the event of evacuation or death
- Accidental Death and Dismemberment, \$25,000

Medical, Travel, Safety and Legal Assistance

- Pre-travel information portal
- Physician referrals outside of the U.S.
- Medical monitoring during an emergency evacuation to ensure adequate care
- Prescription assistance
- Luggage lost in transit

- Passport replacement assistance
- Emergency travel arrangements
- Emergency translation assistance and/or interpreter referral
- Legal referral

Additional Benefits

- Security/Political Evacuation Coverage
- Natural Disaster Evacuation Coverage
- Emergency Reunion 3 Day Threshold

Academic Emergency Services are available to you 24 hours a day, 7 days a week. Simply call the number above to get access to knowledgeable assistance coordinators who will help you navigate any unfamiliar cultures or circumstances.

All services must be arranged and paid through the Academic Services program provider in order for the benefits to apply. There is no claims process for reimbursement of self-paid expenses, unless otherwise noted in program. Terms, limitations, and conditions apply to all services and benefits. Academic Services and AD&D coverage are underwritten by 4 Ever Life International Limited and administered by Worldwide Insurance Services, LLC, separate and independent from Academic HealthPlans.

Center for Student Health and Counseling (SHAC)

SHAC provides high quality, accessible, medical, counseling, dental, and health promotion services to PSU students. SHAC has an incredible staff of health care professionals who are all dedicated to keeping students healthy so they can stay in the classroom and focus on learning.

Located at 1880 SW 6th Avenue
University Center Building
(503) 725-2800

<https://www.pdx.edu/health-counseling/>

Medical & Counseling: Suite 200 (503) 725-2800
Dental Services: Suite 307 (503) 725-2611

SHAC Eligibility and Cost

All PSU students taking 5 or more in-load, non-restricted differential credits are eligible to use SHAC Services (1 credit to use SHAC Dental Services).

A health fee of **\$168** per term is included in student tuition (for those taking 5 or more in-load, non-restricted differential credits), and covers the cost of most SHAC services, regardless of which health insurance plan the student carries.

- Medical Services have minimal to no extra charge.
- Learning Disability and ADHD Assessments require a fee.
- Counseling Services are covered by the student health fee.
- Dental fees are generally much lower than private clinics. For current dental fees visit <https://www.pdx.edu/health-counseling/dental>.

Closest Hospitals in Case of Emergency:

OHSU: (503) 494-8311

3181 SW Sam Jackson Park Rd., Portland, OR 97239

Legacy Good Samaritan Hospital: (503) 413-7074

1015 NW 22nd Ave., Portland, OR 97210

Closest Urgent Care Centers:

Legacy Urgent Care - Good Samaritan: (503) 413-8090

1015 NW 22nd Ave., Portland, OR 97210

Urgent Care - Legacy GoHealth:

Visit gohealthuc.com for wait times at many Portland and Vancouver locations

To find other in-network (Voyager Network) urgent care clinics in your area, you can use PacificSource's online provider directory located at psu.myahpccare.com.



This material is for information only and is not an offer or invitation to contract. Health insurance plans contain exclusions, limitations and benefit maximums. Providers are independent contractors and are not agents of PacificSource. Provider participation may change without notice. PacificSource does not provide care or guarantee access to health services. Information is believed to be accurate as of the production date; however, it is subject to change.

NOTICE: Any person who knowingly and with intent to injure, defraud or deceive any insurance company or other person files an application for insurance or statement of claim containing any materially false information or who conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

IMPORTANT NOTE

The Portland State University Student Health Insurance Plan is underwritten by PacificSource Health Plans and administered by Academic HealthPlans.