Anti-Racism, Growth, and Learning Resources

Please note that most of these resources have been gathered and shared by the Oregon Association for Multicultural Counseling and Development. We have added additional resources to their list that may be of interest to faculty, staff, and students. We also encourage you to view their acknowledgement statement of solidarity. We greatly value their work in our community and support their endeavors.

Resources

Helpful Resources

- Anti-Racism Resources
- Anti-Racism Essential Reading Compiled by the Cultural Resource Centers
- The Future of Healing: Shifting From Trauma Informed Care to Healing Centered Engagement
- Video: Why “I’m not racist” is only half the story, by Robin DiAngelo

Organizations and Training

- Black Mental Health Symposium 2020
- AMCD Virtual Summit
- People’s Institute for Survival & Beyond
- The White Privilege Conference
- National Conference on Race and Ethnicity (NCORE)
- Power Rising Conference
- The Latinx Summit for Courageous Conversations
- National Queer and Trans Therapists of Color Network
- Free Racialized Trauma Course
- The Audre Lorde Project
- The Brown Boi Project
- Trans Women of Color Collective

Books

- Me and White Supremacy Workbook by Layla F. Saad
- Stamped from the Beginning: The Definitive History or Racist Ideas in America by Ibram X. Kendi
- More Beautiful and More Terrible: The Embrace and Transcendence of Racial Inequality in the United States by Imani Perry
- Why I’m No Longer Talking to White People About Race by Reni Eddo-Lodge
- Killing the Black Body by Dorothy Roberts
- Tears We Cannot Stop by Michael Eric Dyson
- The New Jim Crow by Michelle Alexander
- So You Want to Talk About Race by Ijeoma Oluo
- Between the World and Me by Ta-Nehisi Coates
White Fragility: Why It’s So Hard for White People to Talk About Racism by Robin DiAngelo
The Racial Healing Handbook by Anneliese A. Singh
I’m Still Here: Black Dignity in a World Made for Whiteness by Austin Channing Brown
Racism Without Racists: Color-Blind Racism and the Persistence of Racial Inequality in America (5th Edition) by Eduardo Bonilla-Silva
Eloquent Rage: A Black Feminist Discovers Her Superpower by Brittney Cooper
Pushout: The Criminalization of Black Girls in School by Monique W. Morris
Sister Outsider by Audre Lorde
Beloved by Toni Morrison
How to Be an Anti-Racist by Ibram X. Kendi
My Grandmother’s Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies by Resmaa Menakem
Black on Both Sides: A Racial History of Trans Identity by C. Riley Snorton
Why Are All the Black Kids Sitting Together in the Cafeteria?: And Other Conversations About Race by Beverly Daniel Tatum, PhD
The Fire Next Time by James Baldwin
Beyond Inclusion, Beyond Empowerment: A Developmental Strategy to Liberate Everyone by Leticia Nieto