The kick off event is next week!
The EXITO Kick Off Event is on Oct 15th! We are looking forward to this opportunity to reconnect as we start the year. If you haven't already, RSVP here!

Enrichment Activities
Upcoming Welcome Workshops for all scholars!

Carol will be hosting two more "Welcome Workshops" Friday, October 9th and Wednesday, October 14th. We encourage you to attend at least one Welcome Workshop--although you are welcome to attend all three. At our introductory Welcome Workshops, we'll eat ice cream, discuss our EXITO desires, and generate possibilities!

Please review your personal schedules and select a date that works for you. You can use this doodle poll to rsvp.

So you want to be a physician?
Attend this open house event at OHSU.

Are you thinking of applying to the M.D. program at Oregon Health & Science University? Have you already graduated from college and no longer have access to a pre-med or pre-health advisor? The OHSU School of Medicine is here to help! Medical education at OHSU puts students at the forefront of health care knowledge. The M.D. program is highly competitive and prepares students to be leaders in a changing health care system. Register soon for this open house which will take place on Friday, Oct. 16 * 1-5 p.m. by visiting this link.

Thinking about grad school?
Check out these learning opportunities.

1. ACS presents a series of workshops on preparing for graduate school which cover the decision process, how to write personal statements, and test-taking strategies. Students who are
considering applying to graduate school are encouraged to attend any or all of these workshops. You can see a complete list here.

2. Attend a talk with Don Asher, nationally known speaker and writer on career development and graduate school admissions to learn strategies to prepare for admission to your graduate school of choice. Talk will take place on Tuesday, Oct 27 from 3:30-5:30 in the Browsing Lounge, SMSU 238. Ticket information can be found here.

---

**Academic Advising**

**Remember, Charles is available to assist you!**

Have questions or concerns about your courses, degree requirements, transferring or anything else related to college or career? Charles Daniel would love to sit down with you. To book an advising appointment, please visit buildexitoadvising.youcanbook.me or you can contact Charles directly at 503.725.9829 or ckarn2@pdx.edu.

---

**PSU McNair Scholars Program**

Applications are being accepted from students who are Science, Technology, Engineering or Math majors for the 2015-2016 program year.

The Ronald E. McNair Program works with motivated and talented undergraduates who want to pursue PhDs. Through academic seminars, the program introduces PSU juniors and seniors, who are first-generation and low-income, and/or members of under-represented groups, to academic research and to effective strategies for getting into and graduating from PhD programs. Scholars work closely with faculty mentors on original research projects. Applications are due on Monday, November 9 at 5 pm for the 2015-2016 program which starts January 2016 and runs through August 2016.

Additional eligibility information and the program application are available online at www.pdx.edu/mcnair-program.

---

**Social Capital Research Symposium**

Build connections, capacity, and opportunity at the Social Capital Research to Action Symposium 10 a.m. to 4 p.m. Wednesday, Oct. 21, in the PSU Native American Student and Community Center. Hosted by Institute for Sustainable Solutions and Center for Public Health Studies at Portland State, the free symposium will bring together researchers, practitioners, and community members interested in understanding best practices, difficulties and benefits of increasing social capital to improve the health and well-being of our communities. Lunch is provided and free tickets can be reserved by Oct. 16. READ MORE.

---

**Upcoming Lecture with Juan Enriquez**

Learn more about human evolution.

Join futurist Juan Enriquez as he conducts a sweeping tour of how humans are changing the course of
evolution - sometimes intentionally, sometimes not. Mr. Enriquez is managing director of Excel Venture Management, co-founder of Synthetic Genomics Inc. and the co-author of several bestselling books. He is recognized as one of the world's leading authorities on the economic and political impacts of life sciences. This talk will take place in the Newmark Theater on Wednesday, Nov. 4 at 7 p.m. There are 100 free tickets for students and will be available on a first come, first served basis. Please use this link and the code "HSFREE" to redeem.

---

**Peer Mentors**

Join us for a matching event on November 12th from 5-7 in NASC 110.

Join us for this event where we will give you a chance to mingle with potential peer members and give us feedback regarding those you are most interested in getting to know more. We will match you with your peer mentor at the end of the evening so don’t miss it!

---

**Career Mentors**

Recruitment is well underway and you should be matched by the end of October.

Our first cohort of 11 career mentors is trained and ready! We are looking forward to reaching out this month with details on how to contact your career mentor.