"If this is your dream, don’t give up or let anyone tell you that you can’t accomplish it."
- Evan Mitchell

I am a peer mentor with BUILD EXITO.

I decided to become a peer mentor because I never really had a mentor when I was in my early years going to college. It would have been nice to have someone as a mentor who had gone through the same things and I wanted to give that opportunity to other students.

I specifically like the diversity aspect of EXITO. As someone of a mixed racial background, I know how important it is to have people who look like you and can relate to your experience. Plus, I really love to help others achieve their dreams, so I knew this would be a good fit.

The scholars I have worked with in EXITO have all been very receptive to having a peer mentor. They are spot on. They know what they want to do and they can see the path to get there. They just need guidance on specifics as they advance. Things like the right class load, how to transition from community college to a four year institution, and what to expect at various points along the way. I can also suggest things that might help them succeed that they don’t know exist.

I really love that we share the perspective of being a student with student responsibilities. We have families and jobs and we have to do well academically, the peer mentoring relationship provides a place to discuss balancing these things. It is great for them to have a student mentor who is going through the process themselves, knowing what it is like to be pulled in so many different directions.

EXITO provides plenty of opportunities for growth and learning for both scholars and peer mentors. Most of all, I am enjoying meeting with the scholars and hearing the good and bad they go through. There are some great stories of ways they are overcoming challenges academically and working through different situations to succeed.

To the scholars I would say, there are going to be times when you think you can’t do it. It will seem hard and overwhelming. But you can take it one day at a time, you will get through. If this is your dream, don’t give up or let anyone tell you that you can’t accomplish it. You will definitely succeed!

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Evan Mitchell is a doctor in the making. After a decade as a skilled and compassionate medical assistant in his hometown, Gresham, Evan Mitchell is close to completing a pre-med biology degree at Portland State. Becoming a physician is the logical next step for Mitchell. Michelle was recently featured in the Portland State University President’s Progress Report 2016. To know more about Evan’s background, read his full profile at http://www.pdx.edu/profile/doctor-making.
CH 345 is Charles Daniel’s new location

Charles Daniel has moved to Cramer Hall, room 345, (1721 SW Broadway, Portland, OR 97201). Come by to see him in his new location!

Schedule an appointment now at buildexitoadvising.youcanbook.me, or contact Charles directly at charles.daniel@pdx.edu or 503.725.9829.

Updates on Recruitment of our 2nd Scholar Cohort

We are pleased to report that we received 162 applications by the March 4th deadline.

We had over 700 students begin the application, thanks for your help getting the word out! We’d love to hear any other suggestions you have on how we can support students as they work through the application process.

QUICK LINKS

EXITO WEBSITE
TESTIMONIAL VIDEO
INFO-GRAPHIC VIDEO

RESOURCES

PSU McNair Scholars Program

Applications are being accepted for 2016-2017.

The Ronald E. McNair Program works with motivated and talented undergraduates who want to pursue PhDs. Through academic seminars, the program introduces PSU juniors and seniors, who are first-generation and low-income, and/or members of under-represented groups, to academic research and to effective strategies for getting into and graduating from PhD programs. Scholars work closely with faculty mentors on original research projects (BUILD EXITO Scholars can use the work you’re doing in your RLC).

Applications are due: Monday, May 2 at 5 pm for the 2016-2017

Program starts: January 2017 and runs through August 2017.

Additional eligibility information and the program application are available online at www.pdx.edu/mcnair-program.

PSU Scholarship for Students who are Single Parents

Services for Students with Children received a grant to provide 4 scholarships for single parents.
Grant to provide 4 scholarships for single undergraduate student parents who are entering in summer or fall 2016.

This program provides comprehensive support for students with children, including:

- $300 per month subsidy for on campus housing
- All childcare costs paid
- $100 per month transportation allowance
- A built-in community of student parents and professional staff
- Mentoring & academic support
- Assistance with adjusting to university life

Volunteer for National Day of Service for Cesar Chavez Day!

Volunteer for National Day of Service for Cesar Chavez Day!

RSVP to volunteer

What is a National Day of Service? These days are centered around awareness of certain topics. Cesar Chavez Day aims to honor the legacy of Cesar Chavez, as well as address community needs related to poverty.

What do I need to do? RSVP, and show up at 12:30 pm to help out! Anyone of any age can volunteer, so bring your friends and family!

We will host a service project, enjoy a meal together, watch live performances, and take a group photo!

2016 PNW LSAMP Regional Conference

April 1-3, 2016
Hosted by PSU!

It's time again for the regional conference. Come and join fellow LSAMP students from Washington, Idaho and Oregon in three days of workshops, research poster presentations and networking. Check these days off your calendar and see you there! FREE for all LSAMP-affiliated students.

REGISTRATIONS NOW OPEN!

Source: PSU LSAMP Newsletter, Issue#8

Culture and Conversation

The School of Social Work at Portland State University is proud to present Culture &
**Culture & Conversation**

Questions? Please contact Marina Barcelo at mbarcelo@pdx.edu.

Conversation, a month-long series of events designed to spark campus and community dialogue around identity, equity, and community. Now entering its fifth year and scheduled throughout the month of April, the series welcomes thinkers, activists, and community leaders in lively discussions around topics impacting communities in Oregon. *

All events are free and open to the public.*

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**Meet Employers on the PSU Campus!**

"Across the Pond", Tuesday March 29th 2016, 10am to 2pm

Each term, employers from private industry, nonprofits, and government agencies come to campus to connect with students. They share info about their company's culture, career pathways, and jobs and internships. You have the chance to ask questions and network with company employees in a relaxed, informal environment.

Where: 1st Floor, Smith Memorial Student Union, 1825 SW Broadway, Portland, OR 97201

Ever thought about studying in the UK? Stop by Across the Pond's information table to hear about their free services and workshops and learn about various British university options.

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**Events Calendar**

PSU Advising and Career Services, PSU Cultural Resource Centers and La Casa Latina bring a series of workshops intended to help students with resume writing, networking, mock interviews and more!

Upcoming Event:

**MOCK INTERVIEWS (Registration required)**Tuesday, April 19, 10am-12pm, Advising & Career Services, USB 402.

Mock interviews allow you to practice your interview skills with a professional and get immediate feedback. Learn about what employers expect, and how to handle the most common interview questions.

Come learn the basics of how to network in this interactive session. The workshops will cover information interviewing, LinkedIn and how to connect to professional organizations to meet people in your chosen field.

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**PSU's Leading Latin@'s Program presents:**

PROFESSIONAL GROWTH & LEADERSHIP SERIES

*Prepare for Internships, Jobs, Career Fairs & Life After PSU*

ALL STUDENTS WELCOME!

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Connect with us on social media!

facebook  twitter  linkedin