Check out this BUILD EXITO Testimonial Video to hear from EXITO participants about their experiences!

Don't miss this 90 second infographic video! It does a great job of explaining the BUILD EXITO program and scholar benefits.

Help us recruit the second cohort of BUILD EXITO scholars!

Share the videos and send folks to our updated website for the details of the program and to learn how to apply!

Check Out These Upcoming Enrichment Workshops!

Friday, January 29th from 4 pm - 5 pm in Cramer Hall 117
Title: Personal Statement Review & Revival
Enrichment: Read, review and revive personal statements with your EXITO peers and pals
Facilitator Carol Gabrielli (UNST & EXITO) & Charles Daniel (EXITO) & Guests
RSVP HERE

Wednesday, February 3rd from 9 am - 10 am in Cramer Hall 117
Title: Toolbox Tune-up
Enrichment: Toss newfangled ideas, habits, and tools in your winter-term toolbox
Facilitator: Camilla Cummings (UNST FRINQ Mentor)
RSVP HERE

Thursday, February 4th from 4 pm - 5 pm in Cramer Hall 117
Title: Digital Identity
Enrichment: Examine and forecast best digital identity practices
Facilitator: Melissa Pirie (SBA)
RSVP HERE

Check out these resources from the Online Writing Lab at Purdue University:
Share your feedback!

Cultural Resource Centers is holding a Winter Open Forum to discuss the new African American/Black Cultural Resource Center and Asian American/Pacific Islander Cultural Resource Center scheduled to open Fall 2016. Come and share your feedback and suggestions!

Wednesday, February 10, 2016 from 12 noon to 1pm La Casa Latina Student Center, SMSU 229

---

**PSU's Food Access Resources**

At a recent PSU scholar enrichment workshop, a few of the scholars and mentors pointed out how important local food access support is for our community and highlighted [this resource](#) which we wanted to share with all of you!

Among the "tools" that were discussed, nutrition, sleep, and exercise were among the most treasured. Consider ways you might take care of yourself as you continue the challenging academic work that EXITO requires.

---

**Scholarship deadline is Feb 1!**

See these links for more info about what is available.

[Merit Based Scholarships](#)
[PSU Scholarship Opportunities](#)
[Office of Student Access and Completion](#)

---

**EXITO Related Events and Resources**

**2016 Education Abroad program Global Aging and Health: Enhancing Communities in Nicaragua**

Alan DeLaTorre serves as faculty in PSU’s Institute on Aging in the School of Community Health.
He is the program coordinator and instructor for the 2016 Education Abroad program Global Aging and Health: Enhancing Communities in Nicaragua. The program has taken more than 125 students and faculty to Nicaragua since 2004 and they are happy to announce three upcoming brownbag information sessions about this program. These brownbags are informal information sessions that provide an overview of the 2016 Nicaragua program, including: cost, application timeline, registration processes, proposed projects, travel information/logistics, etc. If you are interested in learning more, check out this brief presentation about the program and an opportunity to receive answers to your questions pertaining to the program in Nicaragua. Here is the schedule for the three upcoming sessions.

January 29th (Fri), 11:30am-12:30pm, Urban Center 411 (506 SW Mill St.)
February 3rd (Wed), 8:30-9:30am, Urban Center 411 (506 SW Mill St.)
February 8th (Mon), 4:30-5:30pm, Urban Center 411 (506 SW Mill St.)

If you are unable to attend a brownbag session but are interested in learning more about the program, please contact Alan directly (aland@pdx.edu; 503.725.5134). You can also learn more about the program by visiting Education Abroad's Nicaragua program website. Please note, the PROGRAM DEADLINE is FRIDAY, FEBRUARY 12th, so we advise that you start your application as soon as possible to ensure you have time to attain your reference(s) and can complete the application prior to the deadline.

________________________________________________________________________

Science on Tap Portland - The Evil Hours: A Biography of Post-Traumatic Stress Disorder
Tues, Feb 2 at 7pm Alberta Rose Theater (3000 NE Alberta Street, Portland, OR) Cost: $10
At this special Science on Tap, David J. Morris -- a war correspondent and former Marine -- will talk about his book The Evil Hours: A Biography of Post-Traumatic Stress Disorder. Described as "provocative, exhaustively researched and deeply moving analysis of traumatic memory" by The New York Times Book Review, the book is a memoir of his own battles with post-traumatic stress, and it also explores the rich scientific, literary, and cultural history of the condition. This book speaks not only to those with PTSD and their loved ones, but to all of us struggling to make sense of an anxious and uncertain time. Morris will speak about the book and there will also be ample time for Q&A. Get tickets here.

________________________________________________________________________

Apply to OHSU's 2016 Equity Program
The eight-week Oregon Health & Science University Summer Equity Internship Program is scheduled for Monday, June 13 – Friday, August 5, 2016. Undergraduate students from diverse backgrounds and interested in the Biomedical Sciences, M.D. program, Physician Assistant, Nursing, Public Health & Dentistry are encouraged to apply.

- Equity interns learn new research skills and gain hands-on lab experience.
- Attend weekly seminars with fellow interns, faculty and mentors
- Produce a scientific poster of their summer research project and compete in a poster presentation
- Receive a stipend, an OHSU badge, and public transportation pass (check on application if housing is required)
- Meet with OHSU Admission representative and learn about program requirements

The application cycle for the 2016 summer internship program is now open. Deadline to submit your completed application materials is Monday, January 25, 2016 and selections will be made early February and all students will be notified. Visit the Equity program webpage for more information and to submit your application.

________________________________________________________________________

Announcing the 2016 HMC Scholarship Application
The Hispanic Metropolitan Chamber (HMC) is pleased to announce the opening of the competition for the 2016 HMC Scholarship Program.
In May 2015, the Hispanic Chamber awarded $171,350 to 65 Hispanic students living in Oregon and SW Washington. The Hispanic Chamber has awarded a total of $1.8 million to 738 Latino students to date. Individual scholarships range from $2,000 to $5,500.

If you want more info or are interested in applying, you can go [here](#).

---

**Cultural Resource Center's Upcoming Events**

Click [here](#) for a list of events that are produced by the Cultural Resource Centers Leadership Team. All events are free and open to all unless otherwise specified.