Dear Scholars,

This month’s newsletter is filled with information about awesome seminars, conferences, scholarships, and summer research opportunities (many of which have deadlines fast approaching!).

**As a reminder, fill out your FAFSA by Feb 1st!**

Also, did you know that January is National Mentoring Month? On January 31st join the BUILD network to #ThankYourMentor and consider sharing your gratitude for the mentors in your life using hashtag #MyBUILDmentor.

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**Recruiting Cohort 5!**

Invite others to experience BUILD EXITO mentorship by joining the newest cohort of EXITO scholars.

Send folks to our [website](http://exitopdx.edu) to get the most complete information about the program and how to apply. The [Scholar Application Assistance Page](http://exitopdx.edu) can be a particularly helpful resource to share with applicants. Any specific questions can also be directed to exito@pdx.edu. The deadline is **February 20, 2019** at noon PST.

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**Transfer Guide**

Attention all Scholars from ASCC, Chemeketa, Clackamas Community College, Clark College, NMC, and PCC!

Please review the [BUILD EXITO 2019 Transfer Guide](http://exitopdx.edu) for information on transfer expectations, applying to PSU as a transfer student, financial aid, housing, and scholarships for Pacific Island Scholars. This guide contains information imperative for your transfer to PSU and 2nd year in the program.

**Quick Reference Guide**

Although Scholars from community colleges are required to review the full guide, we have created a [quick reference guide for you reference](http://exitopdx.edu).

**Transfer Form**

Scholars from community colleges are required to complete the Transfer Form as soon as transfer plans have been finalized, but no later than February 14, 2019. The purpose of this form is to:

- Collect information required as part of the transfer process
- Notify EXITO, at PSU, of your transfer plans
- Update your contact information
- Notify EXITO at PSU of completion of transfer milestones (PSU Transfer application,
FAFSA, etc.)
- Provide information necessary to receive a Research Learning Community placement. This includes your resume (see guide for more information).

**Fill out the Transfer Form!**

**BUILD EXITO 2019 Transfer Guide**

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**2019 Transfer Guide**

**Tutoring Services (PSU Scholars)**

Looking for tutoring this winter? EXITO has trained and experienced tutors ready to help you with a variety of subjects! Fill out this form and we will work to match you if we have tutors in your requested subject area available.

**2019 Quick Reference Guide**

This month, make sure you check out the awesome Northwest Native American Center of Excellence (NNACE) newsletter!

This NNACE team at OHSU works diligently to increase the number of American Indian and Alaska Native healthcare providers in the U.S. health workforce. In their newsletter, the NNACE discusses Wy’East, a post-baccalaureate pathway for AI/AN students to the OHSU School of Medicine M.D. program, and a medical school application workshop on Saturday May 4th (applications are due March 1st!), and much much more.

**PORTLAND AREA ANNOUNCEMENTS & EVENTS**

**Upcoming STEM Talk with EXITO Faculty Tory Blackwell!**

**Time and Place: Understanding How Cells Receive Information and Respond to Their Environments**
Wednesday January 23rd, 5-6pm (Meet and Greet at 4:30)
Clackamas Community College, Oregon City, Gregory Forum
This event is free and open to the public

How do ticks find a host to latch onto for a blood meal? How can a simple chemical compound turn “fat” honey bees into “skinny” honey bees? How would a kid from the Midwest end up in
the Pacific Northwest? It turns out that many of the answers we currently have to these questions boil down to a simple consideration of time and place - when an event happens and where the key players are located. Dr. Tory Blackwell will share details on his research experiences on a number of different projects, while also sharing his life experiences that led to those different experiences.

**Conferences & Seminars**

**Oregon Public Health Association (OPHA) Conference, "We Can Do Better"**

*Thursday, January 17, 2019*

*8:30 AM – 4:30 PM PST*

*Portland Art Museum- Grand Ballroom*

**EXITO funding may be available for those interested in attending**

This exciting single-day conference focuses on the Social Determinants of Health! This day will be used to examine what a good health care system should deliver, a "map" to determine if the path we're on is moving us towards a better health care system, one that includes affordable and available care, but has a broader goal of improving health.

**Strengthening Primary Care and Public Health Research Partnerships**

*January 16th 1:00-2:00 PM*

*OHSU Knight Cancer Research Building 1011*

*3303 SW Bond Avenue, Portland OR*

This seminar will discuss the OHSU Center for Primary Care Research and Innovation, and discuss the intersection of primary care practice and research. Refreshments will be provided. More information [here](#).

**Pre-Medicine Opportunities**

**PSU Campus Letters of Recommendation Event**

*February 13th, 4:30-5:30 PM Smith Memorial Student Union Rm. 294*

Learn about how letters of recommendation can support your application to medical or dental school, and get tips on how to go about requesting them!

**Pre-Medicine Events in the Community**

*Ongoing events, beginning January 15th and January 17th*

The Osteopathic Physicians & Surgeons of Oregon (OPSO) and Western University's COMP-NW will be holding several events in Portland and Lebanon, OR in the coming months. These events are great opportunities for pre-med students to learn more about osteopathic medicine! These events are free and food is typically provided to attendees. Registration is required. Visit [OPSO events](#) to see the full schedule. The first event "The Good, the Bad, and the Ugly of Medicine," will be held Tuesday January 15 in Lebanon at COMP-Northwest and Thursday January 17 in Portland at OPSO. Sign up [here](#).

**Get Involved!**

**NW Noggin**

NW Noggin is an awesome arts integrated neuroscience outreach program for youth K-12 and the community in Portland and Vancouver. Members of our EXITO community have been very involved with NW Noggin- get involved with one of their outreach opportunities and experience the fun and discovery for yourself!

Volunteer with NW Noggin at Skyridge on January 17th, at the MacLaren Youth Correctional Facility on January 23rd, or at Twality Middle School on January 24th. Further event details
**Medical School Online Fair**  
*January 17th, 9am-9pm EST*  
The Medical School Online Fair is a free event for students interested in connecting with medical schools around the country. You can chat with admissions reps, current students, and faculty and also learn more about the medical school application process, life as a med student, and more. Register [here](#).

**Immigrants Rising Scholarship Lists**: Immigrants Rising has updated and released their scholarship lists which include over 200 scholarship opportunities that do not require proof of citizenship or legal permanent residency. See undergraduate scholarships [here](#) and graduate scholarships [here](#).

**Summer Research Opportunities**

**OHSU Summer Equity Research Program**  
*Application Due By: February 4th, 2019*  
This program provides an opportunity to spend 8 weeks in a research and community based setting learning new research skills, gaining hands on research experience, and delivering a scientific poster presentation of your summer research project. The program runs June 17 through August 9 and offers a paid stipend. The application is due February 4, 2019 and requires college transcripts, a current resume, an essay and two recommendation letters, so if you are thinking of applying, start working on your application soon. Find more information [here](#).

**OHSU Provost Scholar Program**  
*Application Due By: February 2nd*  
This 10-week [Provost Scholar Program](#) funds two students each summer. Selected participants will receive a $3,000 stipend; travel reimbursement and housing costs may also be provided. Eligible applicants will have completed at least 2 years in an accredited 4-year institution by the start date of the program. Applicants must come from a group that is recognized as historically underrepresented in the health and science professions (including African-American/Black, Native American/Alaskan Native, Pacific Islander and Hispanic/Latino).

**Cancer Prevention Research Training Program: MD Anderson**  
*Application Due By: January 17th*  
This [paid internship](#) at the nation’s preeminent cancer research center provides students with research experience and mentorship. Through educational and career development activities, students will learn about current and innovative topics in cancer prevention at seminars, explore the possibility of a career in science, and get to know other MD Anderson summer students with similar interests. Under the guidance of a matched faculty mentor, summer trainees will collaborate full-time on an independent research project and receive additional mentoring by a research staff of graduate students, postdoctoral fellows, research
National Cancer Institute Systems Biology and Physical Sciences Summer Research Program

*Application Due By: February 15th*

This summer research opportunity is open to undergraduate students interested in solving complex problems in cancer through interdisciplinary research. Sixteen opportunities for projects available at fifteen different research institutions! The opportunity will provide a stipend, housing will cover travel costs to/from the research institution, and financial support to travel to a two-day research conference at the NIH in Bethesda, MD. Please [click here](#) to submit an application.

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