

{schol·ar} Newsletter \skälər\ noun: one who pursues knowledge and truth in their field of study, focusing on the frontiers of science and inquiry.

## January Edition

Hello EXITO Scholars,

For many of us, this time of year marks a time when we are considering new opportunities and looking toward the future as we continue on our academic, professional, and personal pathways. This month's newsletter is packed full of funding and development opportunities that are worth reviewing. Let any of our EXITO staff know if we can assist in helping you navigate or prepare for what lies ahead for you this year.

**BUILD EXITO Staff and Faculty** 



# Program Highlights + Happenings



#### **Saying Goodbye to Charles**

We are so honored to have had Charles Daniel on staff with BUILD EXITO. We are sad to see him go but confident that he will continue to help many other students achieve their academic and professional goals in his position at Reed College, we wish Charles the best of luck!

Portland area Scholars are invited to join us for a goodbye party on January 31, 2017 from 11-12 p.m. in Cramer Hall Room 350. Fill out **this form** to let us know you will attend.

If you missed it, read a note from Charles to Scholars about his departure



#### **Transfer Student Guide**

Attention all Scholars who attend Chemekata, Clackamas, UNM, ASCC, Clark, or PCC! As you are aware, we plan to have you transfer to PSU this coming Fall 2017 term. We have developed a <a href="Transfer">Transfer</a>
Resource Guide that contains all the crucial

information you need to successfully move forward with your transfer to PSU, you should have received it in an email this week as well.

Getting ready to be placed in an RLC

For those entering their second year in EXITO, the 2017 RLC



Fair will be held on April 7th from 11-1 and all Portland-area Scholars are required to attend. Details about your RLC matching process will be coming early next week. Be sure to to put the date on your calendar and stay tuned for more details!

# Are you an undergraduate student who wants to make a difference?



#### Help us recruit the next cohort of Scholars!

Please spread the word to prospective Scholars that our application is now open for our next cohort. You can share <u>our website</u> or the link to our <u>brief video explaining the EXITO program</u>.

Word of mouth is our most effective recruitment strategy, thanks for your help!

#### 8 tips for meaningful mentor relationships

Mentors can develop into some of your most meaningful and life-changing relationships. This short article shares eight tips on how to actively foster a rewarding mentor-mentee relationship.

# in other **news**





#### **At Portland State University**

-All local Scholars are invited to attend the weekly Scholar Enrichment events at PSU! These take place on Friday afternoons at PSU's <u>University Technology</u> <u>Services (UTS) Building in Room 307</u>. Sessions for first year Scholars are from 1p-2:50p. For 2nd year Scholars, sessions are from 2p-3:50p.

- -Explore PSU Majors! Wed, Feb 22nd (12p-3p). This is the **ONLY EVENT** where faculty & senior students from all majors at PSU gather in one place to meet with **current & prospective PSU students** and answer questions they have about their intended major & requirements, career options and opportunities to engage in on/off campus in their field of interest.
- -Don't forget to stay in the loop with <u>Cultural Resource Center</u> events!
- -Check out these upcoming events at the **PSU Advising & Career Services**, download a <u>January events calendar (.pdf)</u> or check out the <u>website</u>:



January 19th | Resumes & Cover Letters | 10:30am-12pm

January 19th | New angles for the job market | SMSU 327 | 1-3pm

January 20th | Personality and Career Session I | 1-3pm

January 23rd | Introduction to Interviewing | 2:30-4pm

January 23rd | GRE & GMAT Test-Taking Strategies with Kaplan | 12-2pm

January 24th-26th | QUEER CAREER WEEK! See all events and details:

pdx.edu/queer/careerweek

January 24th | Tentative: Personal Statement Session | 12-2pm

January 25th | \*Viking Visits: Ebay\*

January 26th | \*Viking Visits: Columbia Sportswear\*

January 26th | Cookies, Coffee and Conversation | 3-4pm | SMSU 236

January 27th | Personality and Career Session II | 1-3pm

January 30th | Internships: Overview and Search Tips | 2:30-4pm

January 31st | Networking 101 | 10-11am

January 31st | Should I go to Graduate School? | 1-2pm

### **Funding Opportunities and Paid Internships**



Oregon Institute of Occupational Health Sciences

Oregon Institute of Occupational Health Sciences Summer Student Research

Awards is a 3-month paid summer internship program designed to introduce undergraduate students to biomedical and occupational health research. Click <a href="here">here</a> for the application instructions. App deadline: March 1, 2017. FAQs about the program can be found <a href="here">here</a>.

**Volunteer** with *On* 

Track OHSU! works with Oregon middle & high schools to increase the number of students from underrepresented minority background in the health sciences and in Oregon's biomedical workforce.



The Occupational Health Internship
Program (OHIP) is a national summer paid internship dedicated to helping students learn about the field of occupational safety and health (OSH) from those most at stake: working people. App deadline: Feb 17, 2017. Application info can be found here.



Opportunity to present research at the <u>42nd Annual West Coast Biological Sciences</u>
<u>Undergraduate Research Conference</u>
<u>(WCBSURC).</u> This conference is among one of the oldest in the nation and will take place on Saturday, April 22, 2017, at Santa Clara University, CA. <u>Abstract submission</u> deadline: March 17, 2017.

The University of Nevada, Reno's 5day intensive program (for 1stgeneration college





students or students from historically APANO is launching its first-ever Organizing Fellowship program in 2017! This 6-month (Feb-Aug) paid program aims to develop and deepen the analysis of participants to organize with API communities in Portland, OR. Application can be found <a href="here">here</a>. App deadline: January 31, 2017. The fellowship program will be accepting 5 applicants. For questions, please contact <a href="here">karn@apano.org</a>

underrepresented backgrounds) introduces participants to the opportunities, challenges, and expectations of graduate school, and provides training and tips for the graduate school application process. App deadline: March 1, 2017. To apply to GradFIT visit <a href="https://www.unr.edu/gradfit">www.unr.edu/gradfit</a>

The Center for Diversity in Public Health Leadership Training within the Kennedy Kreiger Institute is offering 4 paid internship positions (app deadline for all positions is Jan. 31, 2017):

#1: Maternal Health Health-Leadership Education,
Advocacy & Research Network (MCH-LEARN) Program
#2: Public Health Leadership & Learning Undergraduate
Student Success (PLLUSS) Program

#3: Maternal Child Health Careers/Research Initiatives for Student Enhancement-Undergraduate Program (MCHC/RISE-UP)

**#4:** Dr. James A. Ferguson Emerging Infectious Diseases Fellowship Program (Ferguson Fellows)



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Interested in a paid research internship in Health Service Research at the University of Pennsylvania? Deadline: Feb 1, 2017. Learn more here!



NIH Neurotrauma Summer Research
Experience. Click here for the application.
Application deadline is 5pm on Feb 6, 2017.
FAQs about the program can be found here.

Hispanic Chamber 2017 Scholarship application. Click here for app portal link. Deadline: Jan 22, 2017. Watch this application tutorial to help. You can also email scholarship@hmccoregon.com with any questions.

## Portland Metro

-Fun Event in PDX: <u>Masters of</u>
<u>Hawaiian Music with George</u>
Kahumoku Jr., Nathan Aweau &

# **Events and Resources**



<u>David "Kawika" Kahiapo.</u> Feb 9, 2017. Groupon link for discounted <u>tickets</u>









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