

# Scholar Weekly Newsletter Feb 1-5

#### Hello EXITO scholars!

We are excited to be distributing the first all-scholar newsletter. From now on, we will be sending this newsletter on a bi-weekly basis in hopes to provide EXITO program information, updates, and give you a broader sense of what is happening with other BUILD EXITO scholars and in the broader community. We look forward to connecting with you in this way!

Cheers, The BUILD EXITO Team

# Help us recruit the second cohort of BUILD EXITO scholars!

Send folks to our updated website for program and application details.



Check out this BUILD EXITO <u>Testimonial Video</u> to hear from EXITO participants about their experiences!



Don't miss this <u>90 second info-</u> <u>graphic video</u>! It tells you all about the BUILD EXITO program and scholar benefits.



# Join us on Social Media!

Create a short video giving a very brief description of the big questions you are hoping to answer as you continue on your pathway to becoming a researcher. Then, share on <u>Facebook</u> and <u>Instagram</u> with hashtags #howiwanttochangetheworld #buildexito #becomeascholarin2016



# EXITO Related Events and Resources: Portland Area

## **More EXITO Workshops!**

It has been a delight to see so many of you at recent workshops. Thanks for making the ardent effort to attend with such gusto. Please consider attending one or more of the following!

Wednesday, February 10th from 4:00 pm - 5:00 pm in Cramer Hall 117 Title: *Public Speaking 101* Enrichment: Enhance your ability to communicate clearly and confidently. Facilitator: Jennifer Alkezweeny (OAI) **RSVP HERE** 

Thursday, February 11th from 4 pm - 5 pm in Cramer Hall 117 Title: *Curriculum Vitae or Résumé: What are the differences?* Enrichment: Learn the significant and subtle distinctions between crafting a curriculum vitae and/or a résumé. Facilitator: Camilla Cummings (UNST PMP Mentor) **RSVP HERE** 

Wednesday, February 24th from 4 pm - 5 pm in Cramer Hall 117 Title: *Public Speaking 101* Enrichment: Enhance your abilities to communicate clearly and confidently. Facilitator: Jennifer Alkezweeny (OAI) **RSVP HERE** 

Thursday, February 25th from 4 pm - 5 pm in ROOM 284 in the Millar Library! Title: Millar Library 101 Enrichment: Be wowed by a new understanding of Millar Library and all it includes. Facilitator: Robert Schroeder (LIB) <u>RSVP HERE</u>

## Attend a Lecture at OHSU's Brain Week!

<u>Brain Awareness Season</u>, produced by the OHSU Brain Institute, shares the latest, most riveting knowledge about the brain through a season of events, including workshops, community activities and a hugely popular lecture series - all open to the public.

From child development to healthy aging, Brain Awareness Season shows how the newest developments in neuroscience can affect - and improve - our lives.

Brain Awareness Season builds on the powerful strength of OHSU Brain Institute's neuroscience community, one of the largest and most celebrated groups of brain care and research experts in the country. Speakers from OHSU and from around the world gather to share the latest information on brain science.

#### Alcohol and the Brain: FEBRUARY 22

Kathleen A Grant, Ph.D. Senior Scientist and Head of the Division of Neuroscience at the Oregon National Primate Research Center

#### Gaming and the Brain: FEBRUARY 29

Adam Gazzaley, M.D., Ph.D. Professor of Neurology, Physiology and Psychiatry and director of the Neuroscience Imaging Center at the University of California San Francisco

#### Marijuana and the Brain: MARCH 7

Nephi Stella, Ph.D. Professor, departments of Pharmacology and Psychiatry & Behavioral Sciences at The University of Washington

EXITO scholars and peer mentors can attend these lectures for FREE. Please RSVP here by Feb

15 and we will email your tickets to you before the lecture.

# **OHSU's Center for Diversity and Inclusion. Health and Science Career Conference**

The Health & Science Career Conference welcomes undergraduate and postbaccalaureatestudents who are planning to apply to an OHSU program withintwo years. Workshops will focus on a range topics, including how to become acompetitive candidate, to preparation for entrance exams (MCAT/GRE). Sessionswill provide admissions preparation information for OHSU academic programs.

February 20, 2016Saturday8:00 a.m. to 3 p.m.RSVP at <u>bit.ly/2016Career</u>

Get the information <u>here</u>!

## **PSU's Advising and Career Workshops and Events**

To kick off February, we are inviting all students and alumni to get ready for the <u>Winter Career</u> <u>Fairs</u>. A series of workshops, including two resume workshops, are available for students who need assistance marketing their experience to employers and networking about jobs and internships at these events.

Later this month, **Explore PSU Majors! 2016** will be held in the ballroom on February 23rd. Current and prospective students can browse, chat, explore and ask questions of over 100 departments, majors, minors and certificate programs representing all six undergraduate schools and colleges.

#### **Coming up for February :**

February 4th | Intro to Interviewing | 2:30-3:30pm

February 5th | UNST 195 Career Exploration | 1 credit course\* | 10am-12:00 pm | 5 weeks Feb 5-26

February 8th | Career Fair Tips | 2-3pm

February 9th | Resumes/Cover Letters | 3-4:30pm

February 10th | Engineering & Technology Career Fair | 11am-3 pm | SMSU Ballroom

February 11th | All Majors Career Fair | 11am-3pm | SMSU Ballroom

Details for Feb workshops are here!



## Share your feedback!

Cultural Resource Centers is holding a Winter Open Forum to discuss the new African American/Black Cultural Resource Center and Asian American/Pacific Islander Cultural Resource Center scheduled to open Fall 2016. Come and share your feedback and suggestions!

Wednesday, February 10, 2016 from 12 noon to 1pm La Casa Latina Student Center, SMSU 229

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