## Lessons Learned





SAFETY



#### Chemical Fume Hood Use

 Set sash at correct height

Wear PPE

Wear PPE
Work towards middle of hood
Keep hood

Keep hood uncluttered

### 

c&en Weekly Newsletter The Chemistry Grad School Experience "Everything you need

to know from beginning to end"

Upcoming Chemical Safety Training (provided by the Chemistry Stockroom staff): October 19<sup>th</sup>, 2018 10:00am-1:00pm Sign up: <u>Safety Training form</u>



# Welcome to the Fall Quarter at PSU!

Tips for Avoiding the Flu from the CDC:

In the USA, the flu season spans October to May and usually peaks in February. The flu can knock you out of commission both at work/school and at home.

#### 1. Get a flu shot.

Getting an annual flu vaccine is the first and most important step. The CDC says you should get your shot before the end of October every year.

#### 2. Stop the spread of germs.

Avoid close contact with sick people, and, when sick yourself, limit your contact with others. If you have flu

Symptoms, stay home at least 24 hours after your fever is gone.

3. Take your prescribed flu antiviral drugs.

Antiviral drugs can make the flu milder and reduce the duration of illness. They also can prevent serious complications. Follow your doctor's instructions.

The 2018 PSU Flu Clinics for Faculty/Staff will be:





#### Upcoming Events

- <u>National Chemistry Week</u> is October 21-27, theme is "Out of This World!"
- <u>Biosaftey Awareness</u> <u>Month is October.</u>
  - October 18<sup>th</sup>, 10 am Biosafety Seminar (SRTC 257)
- <u>Portland State of Mind</u> October 11-25
  - October 12<sup>th</sup>, 3:15 pm Annual Chemistry Alumni Seminar (SB1 107), followed by Graduate Student Poster Symposium (SRTC 2<sup>nd</sup> floor lobby)
  - October 20<sup>th</sup>, 12 pm Museum of Natural History Open House, reception at 3:30pm
  - October 20<sup>th</sup>, 5pm Annual Biology Alumni Lecture (SB1 107)

News from Environmental Health & Safety at PSU https://www.pdx.edu/environmental-health-safety/

This chart represents the reported laboratory incidents from the 2017-18 academic year. This is just a fraction of the near-misses and incidents that took place last year. Always remember to be aware of your surroundings and that you are wearing the appropriate PPE for your task.

Need to report a lab incident?



#### New this Fall!

Please test out the new <u>Undergraduate Laboratory</u> <u>Safety Training on D2L</u>. It can be found under the Self-Registration tab. Please participate and provide feedback.

Have a suggestion for a lab safety topic? Email: <u>lindsah@pdx.edu</u>