The principal objectives of physical therapy are to restore or improve motor function in patients suffering from loss of muscle strength, physical mobility, or circulation and to aid in the rebuilding of self-confidence of those who will return to a normal active life or who must adapt to disability.

Physical therapy programs require that applicants complete a specific set of prerequisite courses prior to enrollment. PSU does not offer a physical therapy program. However, **PSU offers a strong pre-physical therapy program** whereby students complete their prerequisite coursework, requirements for a major of their choice (pre-physical therapy is not a major), and obtain assistance and support with the physical therapy school preparation, selection, and application process. Students must then be accepted into a professional school, such as our local programs at Pacific University or George Fox University. The professional program consists of three years full time and culminates in a D.P.T.

**Completion of the preparatory courses does not guarantee acceptance into the Physical Therapy program.** Admission is limited and competitive. Most professional programs require that an A, B, or C grade be earned in all required preparatory courses, and most students accepted by professional schools have a minimum overall GPA of 3.0, but on average this GPA is much higher.

### Pacific University & George Fox Pre requisite Courses

<table>
<thead>
<tr>
<th>Science courses must be those for science majors &amp; include a lab and should be taken within the last seven years.</th>
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<tbody>
<tr>
<td><strong>Biological Sciences – minimum 18 quarter credits (12 semester credits)</strong></td>
</tr>
<tr>
<td>• General Biology with lab</td>
</tr>
<tr>
<td>• Complete human or vertebrate anatomy</td>
</tr>
<tr>
<td>• Complete human or vertebrate physiology</td>
</tr>
<tr>
<td>Note: Sequential courses combining human anatomy and physiology are acceptable.</td>
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<tr>
<td><strong>Equivalent PSU Courses</strong></td>
</tr>
<tr>
<td>• BI 211/214, 212/215, 213/216 (15) – Principles of Biology w/labs (CH 221 is the pre- or co-requisite for BI 211/214)</td>
</tr>
<tr>
<td>• BI 301, 302, 303 (12) – Human Anatomy &amp; Physiology w/labs (Expected preparation: One year of college biological science; for BI 302: Completion of BI 301 with C- or above; for BI 303: Completion of BI 302 with a C- or above.)</td>
</tr>
<tr>
<td><strong>Chemistry – minimum 12 quarter credits (8 semester credits)</strong></td>
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<tr>
<td>• One-year general chemistry sequence with labs.</td>
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<tr>
<td>• PH 201/214, 202/215, 203/216 (15) – General Physics w/labs (prerequisite MTH 112)</td>
</tr>
<tr>
<td><strong>General Physics – minimum 12 quarter credits (8 semester credits)</strong></td>
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<tr>
<td>• One-year general physics sequence with labs. These courses need not be calculus based.</td>
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<tr>
<td><strong>Statistics – minimum 3 quarter credits (2 semester credits)</strong></td>
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<tr>
<td>• From one of the following departments: psychology, sociology, statistics, or math.</td>
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<tr>
<td>• STAT 243 (4) – Introduction to Probably &amp; Statistics I (non-business section)</td>
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<tr>
<td><strong>Psychology – minimum 9 quarter credits (6 semester credits)</strong></td>
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<tr>
<td>• Must include a course in general psychology</td>
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<tr>
<td>• PSY 200 (4) Psychology as a Natural Science and/or PSY 204 (4) Psychology as a Social Science</td>
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<tr>
<td>• PSY electives to reach minimum 9 credits – PSY 311 or 434 recommended</td>
</tr>
<tr>
<td><strong>Humanities/Social Sciences – minimum 9 quarter credits (6 semester credits) for Pacific University; minimum 18 quarter credits (12 semester credits) for George Fox University</strong></td>
</tr>
<tr>
<td>Courses taken from any of the following areas, include at least one English Composition course: Anthropology, Economics, English, Fine Arts, Foreign Language, Humanities, History, Music, Philosophy, Political Science, Psychology, Religion, Sociology, etc.</td>
</tr>
<tr>
<td>• ANTH, ART, ARH, COMM, EC, ENG, Foreign Language, HST, HUM, MUS, PHL, PS, PSY, SOC, WR.</td>
</tr>
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</table>
Additional Pacific University Requirement:

<table>
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<tr>
<th>English and Writing – minimum 12 quarter credits (9 semester credits)</th>
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<tr>
<td>• At least one upper division course that is a minimum of 3 semester credits or 5 quarter credits.</td>
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<tr>
<td>• Note: A combination of writing intensive coursework offered outside of an English or Writing department may be considered with valid evidence (ex: syllabus).</td>
</tr>
<tr>
<td>Recommended: WR 121, 222 or 227 and 323 Note: Freshman Inquiry may count for WR 121 (3 credits). Check directly with the PT programs</td>
</tr>
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</table>

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<tr>
<th>Suggested Additional Preparation (Recommended, Not Required)</th>
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<tbody>
<tr>
<td>Required or suggested prerequisites may apply. Check individual course descriptions.</td>
</tr>
</tbody>
</table>

- Cell Biology: BI 336 (4) – Cell Biology (prereq = BI 334)
- Genetics: BI 341 (4) – Introduction to Genetics
- Microbiology: BI 380 (4) – Microbiology (prereq = BI 334)
- Neurobiology: BI 462 (4) – Neurophysiology
- Organic Chemistry: CH 334/335/336 (4 credits each) - Organic Chemistry (labs CH 337/338)
- Biochemistry: CH 350 (4) - Biochemistry
- Developmental Psychology: PSY 311 (4) – Human Development
- Abnormal Psychology: PSY 434 (4) – Intro to Psychopathology
- Kinesiology: PHE 370 (4) – Applied Kinesiology (prereq = PHE 270)
- Exercise Physiology: PHE 473 (4) – Physiology of Exercise (prereq = BI 301)
- Communication/Public Speaking: COMM 220 (4) – Public Speaking

Pacific University – Physical Therapy Admissions Requirements:

- Completion of a bachelor’s degree prior to the start of the PT program (B.A. or B.S).
- Must have a minimum of 100 hours of work, volunteer or observation experience completed at the time of your application. These hours must be completed under the supervision of a current practicing licensed Physical Therapist.
- Letters of evaluation - One must be from a current practicing licensed Physical Therapist with whom you have worked, volunteered or observed. If possible, the other evaluation should be from a college faculty member, pre-professional committee, supervisor or employer
- Cumulative, Science and Last 45 Semester Credit GPAs must be 3.00 or higher to be considered for admission. These GPAs are calculated by PTCAS.
- Admissions criteria include:
  - GPA of science/statistics coursework
  - GPA of your last 45 credit hours
  - Observation hours in a variety of settings with a broad diversity of patient populations
  - Understanding of the physical therapy profession
  - Extracurricular and community activities and service
  - Quality of writing ability
- The best way to ensure that Pacific will accept your courses is to complete a prerequisite worksheet (available at http://www.pacificu.edu/pt/admission/prereqs.cfm) and submit it to Pacific, along with a copy of your transcripts and course descriptions.

Pacific University – Physical Therapy program Application Information:

Check Pacific University’s website for exact dates – Pacific uses the Physical Therapy Central Application Service (PTCAS)

- Application cycle: July 1 – October 15
- PTCAS Application Deadline: October 15
- Supplemental Application Deadline: October 15th ($35 supplemental app fee)
- Interviews in February
- Program start: August
Pacific University – Class of 2017 Profile:
Science/Stats GPA = 3.63
Last 45 Semester GPA = 3.76
Cumulative GPA = 3.64
Applications Received 900+
Applicants Interviewed 160+
Incoming Class Size 50

Pacific University School of Physical Therapy Admissions Contact Information:
Josh Civiello, Assistant Director of Graduate & Professional Programs Admissions
Email: joshciviello@pacificu.edu
PACIFIC UNIVERSITY Phone: (503)-352-7225 or 1-800-933-9308
190 SE 8th Ave, Suite 181 Web: www.pacificu.edu
Hillsboro, Oregon 97123

George Fox University – Physical Therapy Admissions Requirements:
• Enrollment is highly competitive and applicants seeking admission to the DPT program must hold a four-year baccalaureate degree from an accredited college or university with a minimum cumulative GPA of 3.0. Applicants must have completed all prerequisite courses with a minimum GPA of 3.0 prior to entry into the program.
• Admissions criteria include knowledge and exposure to the physical therapy profession in a variety of settings. This is evaluated by the number of hours spent either observing or working in the field of physical therapy. Although there is no minimum requirement at present, it’s not uncommon to have applicants with more than 100 hours. Other factors included in the admissions criteria are letters of recommendation, essay response, content of the application, and service to the community.
• To ensure academic course work will fulfill the requirements, complete the unofficial prerequisite worksheet and submit it to the admissions counselor for review. http://www.georgefox.edu/physical-therapy/admissions/how-to-apply.html
• You are encouraged to visit the website to learn about upcoming information meetings which allow prospective students to hear more about the Doctor of Physical Therapy program. You will also learn about program specifics, the admissions process, and financial aid.

George Fox University – Physical Therapy program Application Information:
• All application material is available through George Fox’s website. Please note that George Fox is not participating in the central application service, PTCAS.
• Applications are considered for fall semester entry only.
• Application cycle: July 1 - December 1.
• Completed application form submitted online with $40 nonrefundable application fee
• Resume or curriculum vitae (CV)
• Applicant’s admission essays
• Two professional references -- one from a physical therapist and one from an academic instructor
• GPA calculations
• One official transcript from each college or university attended. Submit transcripts to:
  o Office of Admissions
  George Fox University
  12753 S.W. 68th Ave.
  Portland, Oregon 97223

George Fox – Entering Class of 2016 Profile:
Prerequisite GPA = 3.7
Cumulative GPA = 3.63
Applications Received 414
Applicants Interviewed 115
Incoming Class Size 40
George Fox University School of Physical Therapy Admissions Contact Information:

Website:  http://www.georgefox.edu/physical-therapy/index.html

Admissions:  Cristina Schmitt, Admissions Counselor, 503-554-6097, email:  dpt@georgefox.edu

Academics:  Tyler Cuddeford, PhD, PT, Director and Assistant Professor Doctor of Physical Therapy Program, 503-554-2452, email:  tcuddeford@georgefox.edu

Additional Information

Central Application Service - PTCAS:
Physical Therapist Centralized Application Service (PTCAS) is a centralized application service designed to facilitate the application process for the participating PT programs. This online application allows applicants to create a single application that will be sent to one or more of the PT programs participating in the service. PTCAS will not decide if you have met the program’s requirements or are qualified to enroll.

Schools that are not participating in PTCAS will require that you apply directly through that institution and not through PTCAS. For a list of participating and non-participating physical therapy programs, visit www.ptcas.org.

While the PTCAS application generally opens around July 1st each year, each program establishes its own deadlines. Many programs have multiple deadline dates and give preference to applicants who apply early in the admissions process. You can find these deadlines by reviewing the PTCAS program pages on the PTCAS site.

GRE:
Most PT programs require that students take the GRE. The GRE General Test measures verbal reasoning, quantitative reasoning, critical thinking, and analytical writing skills that have been acquired over a long period of time and that are not related to any specific field of study. The General Test is offered year-round at computer-based test centers. For more information and to locate a test center visit: http://www.ets.org/gre

Tips & Recommendations:
- Not all programs require PT hours or a signed form as part of the admissions process. Review the program’s website or PTCAS to learn about program-specific requirements. PTCAS will not determine if you met the PT hour requirements for your designated programs.
- PTCAS has an electronic verification system that is available once you begin your application to physical therapy school. To learn more about the electronic verification system, please visit: http://www.ptcas.org/PTHours/
- Review the required and recommended prerequisites for the PSU courses that you plan to take to fulfill admission requirements. Information on prerequisites is included in each course description in the PSU Bulletin/Catalog.
- Physical Therapy programs are highly competitive. It is advisable to be well-prepared and not just focus on meeting minimum requirements.
- Contact schools by about January for application and financial aid forms.
- Personally read the information/admission brochure of each of the professional schools to which you plan to apply.
- Periodically, and before the beginning of your last year at PSU, check with the adviser for recent changes, remaining requirements, and application procedures.

Additional Resources:
American Physical Therapy Association’s website:  www.apta.org
Oregon Physical Therapy Association:  www.opta.org
Physical Therapist Central Application Service:  www.ptcas.org