

## **Assignment for Study Team C Supporting the Adolescent During Placement**

### **With Your Study Team**

With the members of your study team, work together on the following tasks. Record your thoughts below in preparation for sharing your work with your home team.

### **What You Will Do**

You will be focusing on brainstorming strategies for supporting the **adolescent** throughout the **placement process**. Even if you are not a part of the placement process (law enforcement or medical personnel for example) you can be a support to the child as you collaborate with others outside of your role in preparation for placement or following placement (educators)

### **Resources You Will Use**

**The Impact of Trauma on Children at Different Ages:** for a description of what trauma is like for the adolescent.

**What is the Potential Trauma to Children During Initial Placement?** for an understanding of the stresses of out-of-home placement for a child.

**Safe Sensory Tools:** for ideas on sensory tools to help soothe a child during and following the placement.

**T.I.P.S:** for strategies that will support an adolescent during times of trauma and stress.

### **Brainstorming Helping Strategies**

Given your context (law enforcement, child welfare, educator, parent, medical examiner, or foster parent) and the handouts above, brainstorm some strategies others in your position/role could use to reduce the trauma experienced by an adolescent during or following placement. These strategies are **concrete behaviors or things you could do** with, for, or on behalf of the adolescent. Think in terms of preparing the child for the placement and helping the adolescent successfully adjust to the placement. Think about developmentally appropriate language, comfort, developmentally appropriate information, and safe, sensory tools as possibilities. Record your ideas on the next page. Be prepared to share your ideas with your home team.

Strategies to prepare the adolescent for the placement (even law enforcement, medical personnel and educators can provide support or comfort).

Strategies to help the adolescent cope while waiting for or during the placement process:

Strategies to help the adolescent adjust to and have a successful placement:

Things you can do to collaborate with others outside of your discipline or role to reduce trauma and retraumatization for the adolescent.