

## Safe Sensory Tools

| Senses | Safe Association   |
|--------|--|
| Smell  | Apple Pie like grandma made, laundry detergent from home, etc.                     |
| Taste  | Macaroni and cheese, mashed potato's, favorite flavor Jolly Rancher, etc.          |
| Touch  | Blanket, siblings' sweater, stuffed animal, pillow, pet, etc.                      |
| Sight  | Pictures of loved ones and friends, art/painting, plants, travel destination, etc. |
| Sound  | A musical CD, humming child to sleep, audio nature sounds, etc.                    |

### Questions to Consider

What will you carry with you to offer as safe sensory tools (for young children, school age children, or adolescents)?

What questions might you ask the child or on-the-scene caregivers to collect some soothing sensory items for the child?

How can you work with others (parent, foster parent, other professionals) to help create a set of safe, sensory tools that will accompany the child during initial investigation, removal and placement?