Strengths, Needs and Culture Discovery

Parent(s) Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_ Date Completed and Reviewed with Parents:\_\_\_\_\_\_\_\_\_\_\_\_\_

Identified Child:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_

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| **Family Overview***How the parents see their situation**Hopes for the future**What they want their family and professionals to know about how to help**What has worked in the past/not worked in the past?**What will help support their child while in placement? (Mental health, physical health, education, comfort and adjustment)* |  |
| **Strengths (***Values, attitudes, skills, abilities, cultural beliefs and traditions, preferences)* *Parent’s strengths**Caregiver’s strengths**Child’s strengths**How parent and family strengths can help support* * *The child while in placement*
* *The caregiver (to understand the child’s; to stabilize placement)*
* *The parents address safety issues and achieve goals for their family*
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| **Extended Family /Natural Supports/Resources***Relationships with extended family**Close friends, family-like; People in the family’s life who can help;**Resources/environmental supports that can help* |  |
| **Goals and Needs** *What the parents and extended family sees as important to accomplish for child and family safety and well being**Issues and concerns to address so goals can be accomplished**What does the child need* * *For a safe return home to parents*
* *For stability and well-being while in care?*
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| **Trauma Considerations***Child exposure to trauma, triggered behaviors; strengths and resiliency factors; identified needs for support**Parental history of trauma, triggered behaviors; strengths and resiliency factors; identified needs for support*  |  |