- Reflect on what you’re good at, what you like to do, and what you care about
- Take a career assessment like the Myers-Briggs Type Indicator (MBTI) or the Strong Interest Inventory (SII)
- Review the “What Can I Do With a Degree in...” webpages
- Read through course descriptions of majors you’re considering (see PSU Bulletin or academic programs for course information)
- Take introductory classes that interest you
- Meet with a career counselor or advisor to discuss potential majors
- Work on or off campus and/or participate in campus/community activities

**DISCOVER WHO YOU ARE**

**IDENTIFY & EXPLORE CAREERS**
- Get ideas about careers based upon what others with your major have pursued by reviewing the “What Can I Do With a Degree in...” webpages
- Conduct research about careers of interest using career information websites
- Read job or internship descriptions to learn about typical responsibilities and requirements
- Conduct informational interviews with people in the fields you are interested in
- Attend a career fair and employer information sessions to learn about organizations and job/internship opportunities
- Apply for internships, jobs, and/or volunteer positions to do hands-on exploration and to learn about careers
- Reflect, evaluate career options, and begin researching graduate/professional schools if appropriate
- Meet with a career counselor

**MAKE DECISIONS**
- Learn about your decision-making style through self-reflection, talking with a career counselor, taking the UNST 195 course, or attending the Career and Major Exploration Workshop
- Apply decision-making style to explore career direction
- Reflect and evaluate career options
- Reflect and evaluate how your skills, interests, and values relate to your career options

**GET EXPERIENCE**
- Attend a career workshop
- Identify places to get experience related to career interests (e.g. internships, volunteering, work, student leadership, etc.)
- Refine or develop a resume and cover letter
- Connect in-person with professionals in your field of interest (e.g. informational interviews, LinkedIn, group events, etc.)
- Attend PSU career fairs and employer information sessions to get connected with organizations and job/internship opportunities
- Apply for internships, jobs, and/or volunteer positions that relate to career interests
- Reflect on past experiences to further confirm or modify career decision
- Begin researching graduate/professional schools, if applicable

**LAUNCH YOUR CAREER**
- Choose a capstone course or other career-related courses
- Attend a career workshop
- Attend PSU career fairs and employer information sessions to get connected with organizations and job/internship opportunities
- Implement job search strategy 4-6 months prior to employment
- Connect in-person with professionals in your field of interest (e.g. informational interviews, LinkedIn, group events, etc.)
- Identify jobs you want to apply for
- Improve job search resources and skills (e.g. resume/cover letter writing, interviewing, and networking)
- Practice interviewing skills with a career counselor
- Finalize graduate/professional school applications, if applicable

**RESOURCES**
- Make an appointment with a career counselor
- Login to PSU’s jobs and internships database, Handshake
- Check out our career workshops
- Watch CareerSpots videos
- See “What Can I Do With A Degree in...”
- Sign up for the UNST 195 course
- View our interactive Career Development & Job Readiness module