## VIRTUAL INTERVIEWING TIPS

Getting ready for a video interview or even recording yourself for a graduate school program can be daunting. Use this quick guide to get ready!

## × BEFORE

- Test the software ahead of time & create a professional username
- Clarify the time zone
- Test your microphone & speakers prior to the interview (you may use headphones)
- Adjust the camera to show your head & chest
- Simple background or plain wall; quiet room
- Dress professionally & avoid bright colors
- Sign into the software 10-15 minutes early
- Do NOT use the camera as a mirror
- Close all other programs on your computer

## × DURING

- Relax, stay positive, & remember to smile
- ALWAYS look at the camera & not the screen (virtual eye contact)
- Before looking off camera, inform the interviewer
- If technical difficulties occur... do NOT panic
- Limit hand gestures when talking. It may disrupt the camera feed
- If you don't understand/hear a question, ask for them to clarify/repeat it
- Use specific examples of how you demonstrate the skill
- Be honest & give complete answers



- Send a thank you letter as soon as possible, ideally right away!
- Reflect on the interview:
  - Identify questions that didn't go well & modify your responses
  - Identify any new questions you were asked
- Follow up with the employer as appropriate

## × CONTACT US

STREET ADDRESS

342 Fariborz Maseeh Hall 1855 South Broadway Portland, OR 97201 HOURS OF OPERATION Monday - Friday 8:00am - 5:00pm GENERAL SUPPORT pdx.edu/careers 503-725-4613



