# Thomas L. Lambert

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#### **EDUCATION:**

## **Bachelor of Arts in Sociology (2015)**

Portland State University, Portland, Oregon

• Dean's List and President's List

### **RELATED COURSEWORK:**

- Conflict Resolution
- Intercultural and Interpersonal Communication
- Community Involvement
- Foreign Language (Mandarin Chinese)

## **RELATED EXPERIENCE:**

After-School Volunteer, King Elementary School, Portland, Oregon, May 2014 - June 2015

- Taught children how to save money by selling merchandise at school store
- Helped Program Head with research to generate funds for the after-school program

Teacher's Aide, Ben Priestley Childcare Center, Portland, Oregon, February 2013 - June 2014

- Read story books to groups of 20 children
- Helped students ages two to eight with art projects
- Guided students during field trips by serving as a chaperone

Coach, Beaumont Middle School, Portland, Oregon, November 2012 - August 2013

- Coached 40 youth on girls 8<sup>th</sup> grade basketball and Little League Baseball teams
- Created practice plans that supported team and individual needs and goals

Evening High School Volunteer, Grant High School, Portland, Oregon, April 2011 - June 2012

- Acted as substitute teacher, student counselor, and mentor
- Served as evening school security
- Monitored students during and after physical activities, such as gym class

### **ADDITIONAL EXPERIENCE:**

Usher, Metro-PCPA, Portland, Oregon, August 2013 - present

- Attended to customer needs and enforced safety procedures
- Thrived in a fast-paced work environment with other team members

**Environmental Technician,** Oregon Health & Science University Maintenance, Portland, Oregon March 2012 - August 2013

 Assisted in maintaining a clean and sanitized work area for lab techs and doctors by completing tasks such as stocking supplies, recycling cardboard, and removing biohazardous materials

Sales Representative, Lab Corporation of America, Portland, Oregon, March 2011 - March 2012

 Responsible for delivering and picking up medical records, X-rays, and supplies for shipping