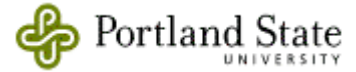




MT. HOOD KIWANIS CAMP PROGRAM
Applicant Self-Assessment



The purpose of this self-assessment is to make sure you have thought about the information you have just read and that you are making an informed choice to embark on the adventure and challenge of being a counselor at Kiwanis Camp.

We want you to join us, and the camp staff will be there to teach you and support you, BUT we also want YOU to know 'what you are getting into.'

Please read and respond to each of the following questions and sign the bottom of the form.

SELF-ASSESSMENT QUESTIONS	CIRCLE ONE		
Am I willing to put someone else's needs ahead of mine for six days, take a one and a half day break, and then do it again for six days?	Yes	Not Sure	No
Am I willing to connect with a group of peers (other PSU students and the camp staff) and share fears, tears, and triumphs? Am I willing to be part of a team and help support everyone else?	Yes	Not Sure	No
When I have a problem, or my team has a problem, am I willing to be honest, speak up, and help solve it?	Yes	Not Sure	No
Am I willing to be casual, get dirty, have fun, and put aside concern for my physical appearance while I let my other qualities and strengths shine through?	Yes	Not Sure	No
Am I willing to take good care of myself (sleep, rest, eat) so that I can be there 100% for my group and camper?	Yes	Not Sure	No
Am I willing to accept supervision and feedback from my Counselor Supervisor and Assistant Counselor Supervisor? Am I willing to follow their lead and instructions even at those moments when I do not yet understand why we are doing what we are doing?	Yes	Not Sure	No
Am I willing to help children and adults with physical and cognitive disabilities with toileting, diapering, and showering?	Yes	Not Sure	No
Am I willing to give up home comforts and privacy, and sleep on a bunk in a room with eight other people for six nights at a time?	Yes	Not Sure	No
Am I willing to be drug and alcohol free during each six day stretch at camp?	Yes	Not Sure	No
Do I understand that if I use drugs/alcohol at camp that I will be expelled from camp and receive a failing grade for the course?	Yes	Not Sure	No
Am I willing to rise at 7:00am, and then go all day and evening until 10:00pm?	Yes	Not Sure	No
Am I willing to take my turn with night duty and rest-time duty?	Yes	Not Sure	No
Am I willing to possibly stretch myself farther physically and emotionally than I ever have before to make this outdoor experience possible for people with severe disabilities?	Yes	Not Sure	No
Am I willing to stay onsite (barring a family emergency) for each six day stretch at camp?	Yes	Not Sure	No
Will I pay attention to my own needs and ask for help when I need it?	Yes	Not Sure	No

Signed,

_____ Date _____

 PRINT NAME